



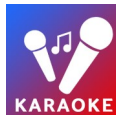
DECEMBER 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Move&Groove (HWC) 9:30 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 1:30 Wreath Craft (AR) 1:30 Cardio&Coord (HWC) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 	2 9:00 Strength Ex. (HWC) 9:30 Women's Coffee & Manicures (AR) 10:00 Bridge Class (HI) 10:30 Seated Exercise (AR) 1:30 Happy Hour (AR)	3 9:30 Bingo (AR) 1:30 Movie & Popcorn (AR) 
4 11:00 Chapel Service (CH)	5 9:00 Cardio Ex. (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:00 Devotional Rdg (HI) 1:30 Make ornament (hi) 1:30 Crossword (AR) 1:30 Strength & Bal (HWC) 2:30 MSU X-Mas (AR) 2:30 Memoir Writing (AR) 2:30 Inspirational Reading (CH) 6:00 Cards (AR)	6 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:30 Coffee&Coloring(AR) 10:45 Catholic Service (CH) 11:30 Strength Circuit (FC) 1:30 Bingo (AR) 1:30 Welcome Comm.(RT) 2:30 Show & Tell (AR) 2:30 Scripture Study (CH) 3:00 Building & Grnds (RT) 6:00 Euchre/Pinochle (HI) 	7 9:00 Stretch & Relax (HWC) 9:30 Somerset (LB) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Hand & Foot (AR) 1:30 Cards (AR) 1:30 Tai Chi (HWC) 2:00 Culinary Comm (RT) 2:30 BibleTrivia/Games (CH) 6:00 Bridge/Cards (AR) 	8 9:00 Move&Groove (HWC) 9:30 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 1:30 Gingerbread House Contest (AR) 1:30 Cardio&Coord (HWC) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 	9 9:00 Strength Ex. (HWC) 9:30 Women's Coffee & Manicures (AR) 10:00 Bridge Class (HI) 10:30 Seated Exercise (AR) 4:30 Sound of Music (LB)	10 9:30 Bingo (AR) 1:30 Movie & Popcorn (AR)
11 11:00 Chapel Service (CH) 4:30 Candlelight Dinner (RT)	12 9:00 Cardio Ex. (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 11:30 Men's Lunch (LB) 1:00 Devotional Rdg (HI) 1:30 CrosswordPuzzle (AR) 1:30 Strength & Bal (HWC) 2:30 Memoir Writing (AR) 2:30 Inspirational Reading (CH) 6:00 Cards (AR)	13 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:30 Coffee&Coloring(AR) 10:45 Catholic Mass (CH) 11:30 Strength Circuit (FC) 1:30 Resident Assoc. (RT) 3:00 Scripture Study (CH) 6:00 Euchre/Pinochle(MR)	14 9:00 Stretch & Relax (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 11:00 Shoreliner Lunch (LB) 1:30 Hand & Foot (AR) 1:30 Cards (AR) 1:30 Tai Chi (HWC) 2:30 BibleTrivia/Games (CH) 6:00 Bridge/Cards (AR) 6:00 X-Mas Light Tour (LB)	15 Ugly X-Mas Sweater Day 9:00 Move&Groove (HWC) 9:30 Men's Coffee (AR) 11:00 Rosary (CH) 12:00 Birthday Dinner Christmas Party (RT) 1:30 Entertainment (CH) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 	16 9:00 Strength Ex. (HWC) 9:30 Women's Coffee & Manicures (AR) 10:00 Bridge Class (HI) 10:30 Seated Exercise (AR) 1:30 Red Carpet Commercial Premiere (CH) 	17 9:30 Bingo (AR) 1:30 Judelaires Concert (CH)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 11:00 Chapel Service (CH)	19 9:00 Cardio Ex. (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:00 Devotional Rdg (HI) 1:30 CrosswordPuzzle (AR) 1:30 Strength & Bal (HWC) 2:30 Memoir Writing (AR) 2:30 Inspirational Reading (CH) 6:00 Cards (AR) 7:00 Interfaith Concert(CH)	20 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:30 Coffee&Coloring (AR) 10:45 Catholic Service (CH) 11:30 Strength Circuit (FC) 1:30 Bingo (AR) 2:30 X-Mas Concert (CH) 6:00 Euchre/Pinochle (HI)	21 9:00 Stretch & Relax (HWC) 9:30 Cookie Bingo (AR) 10:30 Seated Exercise (AR) 11:00 Le Mis (LB) 1:30 Hand & Foot (AR) 1:30 Cards (AR) 1:30 Tai Chi (HWC) 2:30 BibleTrivia/Games (CH) 3:00 Book Group (RT) 6:00 Bridge/Cards (AR) 	22 9:00 Exercise on Own 9:30 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 Candy Making (AR) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 6:00 Piano recital (CH)	23 9:00 Exercise on Own 9:30 Women's Coffee Manicures (AR) 10:00 Bridge Class (HI) 10:30 Seated Exercise (AR) 1:30 Happy Hour (AR)	24 9:30 Bingo (AR) 1:30 Cards (AR)
25 11:00 Chapel Service (CH) 	26 9:00 Exercise on Own 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:00 Devotional Rdg (HI) 1:30 CrosswordPuzzle (AR) 2:30 Memoir Writing (AR) 2:30 Inspirational Reading (CH) 6:00 Cards (AR)	27 9:00 Meijer (LB) 9:00 Balance Ex. (HWC) 9:30 Coffee&Coloring(AR) 10:45 Catholic Service (CH) 11:30 Women's Lunch (LB) 11:30 Strength Circuit (FC) 1:30 Bingo (AR) 2:30 Karaoke (AR) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (MR) 	28 9:00 Stretch & Relax (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Hand & Foot (AR) 1:30 Cards (AR) 1:30 Tai Chi (HWC) 2:30 BibleTrivia/Games (CH) 6:00 Bridge/Cards (AR)	29 9:00 Move&Groove (HWC) 9:30 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 1:30 New Year's Eve Party (AR) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 	30 9:00 Strength Ex. (HWC) 9:30 Women's Coffee Manicures (AR) 10:00 Bridge Class (HI) 10:30 Seated Exercise (AR) 1:30 Happy Hour (AR)	31 9:30 Bingo (AR) 
				KEY AR-Activity Room CH-Chapel FC-Fitness Center MR-Harbor Inn Midrise HWC-Health & Wellness Center LB-Lobby RT-Restaurant		
ALL ACTIVITIES ARE SUBJECT TO CHANGE						