



June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Move&Groove (HWC) 9:30 Men's Coffee (AR) 11:00 Rosary (CH) 1:00 Spring Wreath (HI) 1:30 Cardio&Coord (HWC) 3:00 Knit & Crochet (HI) 4:00 Harbor Lights (CH) 4:00 Six (LB) 6:00 Euchre/Pinochle (AR)	2 9:00 Strength Ex. (HWC) 9:30 Women's Coffee & Manicures (AR) 10:00 Bridge Class (HI) 10:30 Seated Exercise (AR) 1:30 Happy Hour Pool Table/Ping Pong Orientation (HI) 	3 9:30 Bingo (AR) 1:00 Movie & Popcorn (CM) 
4 11:00 Chapel Service (CH) 2:00 Scripture Study (CH)	5 9:00 Cardio Ex. (HWC) 9:00 Jusko's (LB) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Strength & Bal (HWC) 1:30 Show & Tell (AR) 2:30 Inspirational Reading (CH) 3:30 Cards (AR) 	6 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:30 Coffee&ConversationAR 10:00 Bid Euchre (HI) 10:45 Catholic Service(CH) 11:30 Strength Circuit (FC) 1:30 Bingo (AR) 1:30 Seated Yoga (HWC) 2:30 Scripture Study (CH) 2:30 Games (AR) 3:00 Bldg & Grnd Mtg (KH) 6:00 Euchre/Pinochle (HI)	7 9:00 Stretch & Relax (HWC) 9:30 Bingo (AR) 9:30 Shoe Shopping (LB) 10:30 Seated Exercise (AR) 1:30 Hand & Foot (RT) 1:30 Tai Chi (HWC) 2:30 BibleTrivia/Games (AR) 3:00 Culinary Comm (RT) 6:00 Bridge/Cards (AR) 	8 9:00 Move&Groove (HWC) 9:30 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 1:30 Art Class (AR) 1:30 Cardio&Coord (HWC) 3:00 Knit/Crochet (HI) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 6:00 Parkinson's Support Group (RT)	9 9:00 Strength Ex. (HWC) 9:30 Women's Coffee & Manicures (AR) 10:00 Bridge Class (HI) 10:30 Seated Exercise (AR) 11:30 Ukulele intro (AR) 1:30 Happy Hour & Karaoke (AR) 	10 9:30 Bingo (AR) 1:00 Movie & Popcorn (CM) 
11 11:00 Chapel Service (CH) 1:00 Sundae Sunday (AR) 2:00 Scripture Study (CH)	12 9:00 Exercise on own 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Tea w/ Tony (RT) 1:30 Strength & Bal (HWC) 2:30 Inspirational Reading (CH) 3:30 Cards (AR) 6:00 Games (HI) 	13 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:30 Coffee&ConversationAR 10:00 Bid Euchre (HI) 10:45 Catholic Mass (CH) 11:30 Strength Circuit (FC) 1:30 Resident Assoc. (RT) 6:00 Euchre/Pinochle (HI) 	14 Flag Day 9:00 Stretch & Relax (HWC) 9:30 Cookie Bingo (AR) 10:30 Seated Exercise (AR) 10:30 Tiger's Game (LB) 1:30 Hand & Foot (AR) 1:30 Tai Chi (HWC) 2:30 BibleTrivia/Games (CH) 3:00 Book Group (LB) 6:00 Bridge/Cards (AR)	15 9:00 Move&Groove (HWC) 9:30 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 12:00 Birthday Dinner (RT) 1:00 Bday Entertain (RT) 3:00 Knit & Crochet (HI) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)	16 9:00 Strength Ex. (HWC) 9:30 Women's Coffee & Manicures (AR) 10:00 Bridge Class (HI) 10:30 Seated Exercise (AR) 1:30 Father's Day Beer Tasting (AR) 	17 9:30 Bingo (AR) 1:00 Movie & Popcorn (CM) 6:30 Game Night (HI) 



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 9:00 Coffee & Fellowship(AR) 11:00 Father's Day Service (CH) 2:00 Scripture Study (CH) 	19 9:00 Cardio Ex. (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Strength & Bal (HWC) 1:30 Reminisce (AR) 2:30 Inspirational Reading (CH) 3:30 Cards (AR) 6:00 Quarter Bingo (AR)	20 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:30Coffee&ConversationAR 10:00 Bid Euchre (HI) 10:45 Catholic Service (CH) 11:30 Strength Circuit (FC) 11:30 Women's Lunch (LB) 1:30 Bingo (AR) 1:30 Drum Fitness (HWC) 2:30 Games (AR) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (HI)	21 9:00 Stretch & Relax (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Plant a flower (AR) 1:30 Hand & Foot (RT) 1:30 Tai Chi (HWC) 2:30 BibleTrivia/Games (CH) 6:00 Bridge/Cards (AR) 	22 9:00 Move&Groove (HWC) 9:30 Men's Coffee (AR) 10:30 Butterfly Painting (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 1:30 Cardio&Coord (HWC) 3:00 Knit & Crochet (HI) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)	23 National Pink Day 9:00 Strength Ex. (HWC) 9:30 Women's Coffee Manicures (AR) 10:00 Bridge Class (HI) 10:30 Seated Exercise (AR) 1:30 Happy Hour (AR) 2:15 Bobby G (AR)	24 9:30 Bingo (AR) 1:00 Movie & Popcorn (CM) 
25 11:00 Chapel Service (CH) 2:00 Scripture Study (CH)	26 9:00 Cardio on own (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Reminisce (AR) 2:30 Inspirational Reading (CH) 3:30 Cards (AR)	27 9:00 Walmart (LB) 9:00 Balance on own (HWC) 9:30Coffee&ConversationAR 10:00 Bid Euchre (HI) 10:45 Catholic Service (CH) 11:30 Men's Lunch (LB) 11:30 Strength Circuit (FC) 1:30 Bingo (AR) 2:30 Games (AR) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (HI) 	28 9:00 Stretch on own (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Hand & Foot (AR) 2:30 BibleTrivia/Games (CH) 3:30 Alzheimer's Support (RT) 6:00 Bridge/Cards (AR)	29 VillagePallooza 11:00 Rosary (CH) 2:00-8:00pm Harbor Inn Parking Lot	30 9:00 Strength onown (HWC) 9:30 Women's Coffee Manicures (AR) 10:00 Bridge Class (HI) 10:30 Seated Exercise (AR) 11:00 Best Burger (LB) 1:30 Happy Hour (AR)	
					KEY AR-Activity Room CH-Chapel CM-Capman FC-Fitness Center HI-Harbor Inn Midrise Community Room HWC-Health & Wellness Center LB-Lobby RT-Restaurant	
					ALL ACTIVITIES ARE SUBJECT TO CHANGE	