



APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Cardio Ex. (HWC) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 1:30 Rehearsal (CH) 2:30 Religions Study (KH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI)	2 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:30 Welcoming Mtg(AR) 2:00 Table Topics &Tea (HI) 2:30 Scripture Study (CH) 3:00 Bldg & Grnd Mtg (KH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	3 9:00 Stretch & Relax (HWC) 9:30 Fruit Bingo (AR) 10:30 Seated Stretch (AR) 1:00 Dress Rehearsal (CH) 1:30 Hand & Foot (AR) 3:00 Culinary Comm (KH) 6:00 Bridge/Cards (AR)	4  1:30 Chapel	5 9:00 Strength Ex. (HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (AR) 10:30 Seated Strength (AR) 1:00 TigersOpeningDay(AR) 6:00 Games (AR) 6:00 Games (HI) 	6 9:30 Bingo (AR) 1:15 AL Movie (AR) 1:30 IL Movie (CM) 3:00 Beanbag (AR) 6:00 Cards (AR) 6:00 Games (HI)
7 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)	8 9:00 Cardio Ex. (HWC) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 11:15 Puzzler & Wellness Walk (AR) 1:30 Solar Eclipse (AR) 2:30 Religions Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI) 7:00 MotorCity Chorale(CH) 	9 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:15 Hoop Shoot & Beanbag (AR) 1:30 Resident Assoc (AR) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI) 	10 9:00 Stretch & Relax (HWC) 9:30 Mini's Bingo (AR) 10:30 Seated Stretch (AR) 11:30 Women's Lunch (LB) 1:30 Skip-Bo (AR) 1:30 Hand & Foot (AR) 2:00 Puzzler, Wellness Walk, & Beanbag (HI) 2:30 BibleTrivia/Games (CH) 6:00 Bridge/Cards (AR)	11 9:00 Dance Fitness (HWC) 9:30 Lorenzo Ctr. (LB) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:00 Puzzler (AR) 11:30 Drumming Ex.(AR) 1:00 Make a spring pic(AR) 2:00 Knit/Crochet (HI) 2:30 Hoop Shoot & Balloon Volleyball (AR) 4:00 Harbor Lights (CH) 4:00 Parkinson's Support Group (CH) 6:00 Euchre/Pinochle (KH)	12 9:00 Strength Ex. (HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (KH) 11:30 Seated Strength (AR) 1:30 Spring Bunco (AR) 6:00 Games (AR) 6:00 Games (HI) 	13 9:30 Bingo (AR) 1:15 AL Movie (AR) 1:30 IL Movie (CM) 3:00 Beanbag (AR) 6:00 Cards (AR) 6:00 Games (HI)
14 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)	15 9:00 Cardio Ex. (HWC) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 11:15 Puzzler & Wellness Walk (AR) 1:30 Show & Tell (AR) 2:30 Religions Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI) 	16 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:00 Sing-a-long (AR) 10:45 Catholic Service (CH) 11:30 Men's Lunch (LB) 11:15 Hoop Shoot & Beanbag (AR) 1:30 Bingo (AR) 2:00 Table Topics &Tea (HI) 2:30 Scripture Study (CH)	17 9:00 Stretch & Relax (HWC) 9:30 Donut Bingo (AR) 10:30 Seated Stretch (AR) 1:30 Skip-Bo (AR) 1:30 Hand & Foot (AR) 2:00 Puzzler, Wellness Walk, & Beanbag (HI) 2:30 Bingo w/ Interim (HI) 2:30 Bible Trivia/Games (CH) 3:30 Book Group (AR) 6:00 Bridge/Cards (AR)	18 9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:00 Puzzler (AR) 12:00 Birthday Dinner (MR) 1:30 Entertainment (CH) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 	19 9:00 Strength Ex. (HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (KH) 11:30 Seated Strength (AR) 1:30 Hoop Shoot & Balloon Volleyball (AR) 6:00 Games (AR) 6:00 Games (HI)	20 9:30 Bingo (AR) 1:30 IL Movie (CM) 3:00 Beanbag (AR) 6:00 Cards (AR) 6:00 Games (HI) 



APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 11:00 Chapel Service (CH) 4:30 Resident Pot Luck (AR)  3:00 Cards & Games (HI)	22 Earth Day 9:00 Cardio Ex. (HWC) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 11:15 Puzzler & Wellness Walk (AR) 1:30 Plant a flower (AR) 2:30 Religions Study (CH) 3:30 Earth Day Bingo(HI) 6:00 Dominoes/Cards (HI) 	23 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:15 Hoop Shoot & Beanbag (AR) 1:30 Bingo w/Paul M. (AR) 2:00 Table Topics & tea (HI) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	24 9:00 Stretch & Relax (HWC) 9:30 Fruit Bingo (AR) 10:30 Seated Stretch (AR) 1:30 Hand & Foot (AR) 1:30 Skip-Bo (AR) 2:00 TeepaSnowPresent(CH) 2:30 BibleTrivia/Games (KH) 3:30 Alzheimer's Support(CH) 6:00 Bridge/Cards (AR)	25 9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:00 Puzzler (AR) 11:30 Drumming Ex. (AR) 1:30 Brain Fitness (AR) 3:30 Mama Mia (LB) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 	26 Yard Sale 9-4pm 9:00 Strength Ex. (on own) 10:00 Bridge Class (AR) 11:30 Seated Strength (AR) 6:00 Games (AR) 6:00 Games (HI) 	27 9:30 Bingo (AR) 1:15 AL Movie (AR) 1:30 IL Movie (CM) 3:00 Beanbag (AR) 6:00 Cards (AR) 6:00 Games (HI) 
28 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)	29 9:00 Cardio Ex. (HWC) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 11:15 Puzzler & Wellness Walk (AR) 1:30 Memoir Writing (AR) 2:30 Religions Study (CH) 3:30 Cards (AR) 6:00 Quarter Bingo (AR) 	30 9:00 Meijer (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:15 Hoop Shoot & Beanbag (AR) 1:30 Teaching Kitchen(AR) 2:00 Table Topics & tea (HI) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	May 1 St. Vincent DePaul Pick-up Please have all items on curb by 10:00 am			
31 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)					KEY AR-Activity Room CH-Chapel CM-Capman FC-Fitness Center HI-Harbor Inn Midrise Community Room HWC-Health & Wellness Center KH-Kirk Hall LB-Lobby MR-Marguerite's Restaurant ALL ACTIVITIES ARE SUBJECT TO CHANGE	