



Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

April 2023



Featured Articles

Administrator

Marketing & Events

Resident Association
Minutes

Chaplain

Fitness

Events

Photos

Directory



The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



Friends & Family Kick-Off Talent Show



Join us for a Resident and Staff Talent Show
To support our Friends & Family Campaign!

Thursday, April 6
1:30 pm-3:00 pm
Kleeman Chapel
Everyone is invited!

Invite your Family & Friends
EVERYONE IS INVITED!

Bring your donations win a prize!

FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN



Happy Spring, happy, happy, everything!

For every season, there is a reason. We are fortunate to live in an area that has four seasons. Spring is a time of new beginnings. The flowers start to break ground and bloom. Our crab apple trees break out in flowers and the weather starts to warm up. If you have not tried out the new health and wellness center why not try a new class or meet with Chris to learn how to operate the equipment. Moving is the best way to stay active. Try the Hydrotherapy pool, it's easy on the joints.

Our annual Friends and Family Campaign is underway in April. To celebrate we are having our first we hope to be annual talent show. It is sure to provide laughs and entertainment. Come and watch staff and residents perform skits, dance, and more. Enjoy a fun afternoon with your friends and family. Remember every donated dollar will stay at The Village of East Harbor. It is a good time to invest in the campus you enjoy living at. Big or small donations greatly appreciated.

We love pets on our campus. We do not love pet waste. Please pick up pet waste as soon as it happens. No one wants to step in a mess.

If you find yourself needing a spring-cleaning or housekeeping services we have a company, Fresh Cleaning Company, that is providing cleaning services. They can give you a quote. Currently they provide cleaning in our midrise building. You are always welcome to use whomever you want for services.

Calling all models for our annual Fashion Show in May. No experience required. Looking for all shapes and sizes. We love celebrating our seniors. This year our theme is Victorian Tea. Wear your favorite hat and gloves or not and join us for a day of fashion, lunch and shopping. Get your tickets and invite family and friends. Hope to see you there.



Ron Sanborn with
his new American



Father Solanus Casey



Village of East Harbor
Residents Association Meeting Minutes, March 14, 2023

The meeting was called to order at 1:35 p.m. by President Janet Lickman. Pledges to the American and Christian flags were recited.

Joan Lehoczky passed out a survey requested by PVM Corporate. She will collect at meetings end.

New members attending the resident meeting were as follows:

Marty Follin Joan Yoshiida Diane Blumline Joan Krueger.

Kelly spoke on Bagels for Balance, which was held last Tuesday and today. Residents are encouraged to see Kelly if interested in having their balance tested.

The monthly potluck will be held this Sunday at 4:30. Chili is the theme. Everyone is invited.

The treasures report given by Pat Mikle was approved.

Administrator Carolyn: Reminded everyone of the upcoming St Patrick's Day dinner and dance which will be held this Thursday at 5:00 p.m. Cost is \$15. Tickets are still available. Everyone is welcome. Be sure to dress up in your Saint Patrick's Day attire.

Chaplin Laura: Tuesdays at 10:45 Immaculate Conception Church joins us for a Catholic service and communion. Look for the announcement for candy making in early April.

Fitness Chris: If you are interested in the hydroworks, please contact her for an appointment. All days and times of her fitness programs are listed in our Village Trumpet

Activities Betsy: The Tea with Tony Forlini will be rescheduled for April. A Garden Club is being started to help with plantings in the community. Wednesday March 29th, a lunch with Father Solanus is planned. A donation of \$5.00 is requested. We will be having movies Saturday afternoon in Capman Hall. If you have any suggestions, please contact Betsy. She will robocall the movie being shown.

Devon from PVM Corporate, talked about the annual Friends and Family fundraiser that occurs all of April. A talent show is planned for April 6th at 1:30 in the chapel. Tell all your friends and family to attend this fun event!

Meeting adjourned at 2:45 p.m.

Respectively submitted,

Sally DeSchepper

The Village of East Harbor
RESIDENT ASSOCIATION MONTHLY MEETING

Date: Tuesday, April 11

Location: MARGUERITE'S RESTAURANT

Time: 1:30 pm

ALL Residents are members of the Resident Association and encouraged to attend

JUST A REMINDER...Committee Meetings are open to ALL Residents!

Building & Grounds

Meets Tuesday, April 4 at 3:00 pm in Marguerites.

Culinary Committee

Meets Wednesday, April 5 at 3:00 pm Marguerites.

WELCOME HOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family

Diane Blumline—112Kirk Hall

Louise & Alan Edwards—817 Harbor Inn

Alicia & Robert Horvath—50794 Esther's Way

Susan Laney—814—Harbor Inn

Thomas Peters—816 Harbor Inn

Ronald Plesz—903 Harbor Inn

Joseph Russo—117Kirk Hall

Juliann Thomas—104 Kirk Hall

Lester Weil—715 Harbor Inn

FOOD VOUCHER CARDS

MAY BE USED IN BISTRO, CAFÉ AND ALL DINING SERVICES

TAKE 10% OFF YOUR FOOD ORDER

WHEN YOU USE YOUR CARD

AVAILABLE FOR PURCHASE IN ANY DENOMINATION

SEE SALLY 586-716-7423



My Friend Irma



According to Wikipedia, “My Friend Irma” was a long-running radio situation comedy created in the 1940s. The show was so popular that films, television programs, a comic strip, and a comic book became part of a franchise. BUT I have a story of my own regarding “My Friend Irma.” You see, my friend Irma and I live in the Village of East Harbor and became friends over 6 months ago. Here is how that came about.

When my husband and I moved to East Harbor, we didn’t know any of the other residents and wanted to immerse ourselves in this new setting. So we arranged to meet with Chaplain Laura asking for her suggestions in how that might happen. Both of us have been active with groups/agencies that help individuals, and we wanted that interest to continue. Chaplain Laura said, “Well, I have been reading to a resident named Irma and am finding that I can’t get to read to her as often as I would like. Maybe you could help out.” Hmmm. I thought, “Well, that’s a new thing for me, but I do know how to read. I’ll give it a try.” Thus, began my journey with my friend, Irma.

Currently, we get together most Saturday mornings in her room at 10:30 a.m. For about one hour I read to Irma because she has low vision problems. Our sessions usually include 3 parts: I read Bible texts and devotional lessons from “The Upper Room” (a religious publication). Then, I read several inspirational articles from “Guideposts.” But the best part is when “we chew the fat” (Irma’s description). Oh my, that’s where our friendship has really cemented.

Friendships are defined as “shared enjoyment, a bond, common interests, common values” and more. Well, Irma and I can check off most of the boxes that define what it means to be friends. Our conversations cover the gamut from our favorite recipes to our favorite garden flowers to how we think children should be raised to the regrets that we have about raising them the way we did. We enjoy connecting with other people and take advantage of the activities offered at the Village. We laugh together and complain together. Such fun when we agree.

However, I don’t want you to get the idea that we are clones. For one thing, she’s a life-long Presbyterian, and I am a Methodist. She is a knitter, crocheter, quilter, cross stitcher, and I am none of those. She has been a bridge player for over 90 years. I have difficulty playing euchre. Did you notice that I haven’t mentioned “age?” If you must know, Irma was a teenager when I was born.

So what is friendship? The closer I look for the answer, the more elusive it is. Suffice it to say, I am glad Irma is my friend.

Submitted by:

Jean McKeehan



From The Desk Of Chaplain Laura...

APRIL-HAPPY EASTER!!



HOLY WEEK IS UPON US;

A TIME TO CELEBRATE OUR LORD AND SAVIOR, JESUS CHRIST!

THE FIRST SUNDAY OF EVERY MONTH IS COMMUNION SUNDAY

Join us Sundays at 11am, April 2 & 9 for special **Palm and Easter Sunday services** to celebrate the welcome and resurrection of our Lord.

During Holy Week, we focus on the arrival, crucifixion, and resurrection of our Lord and Savior, Jesus Christ through readings and prayer.

His resurrection proves He was who He said He was and that He would do what He said He would do. Crucified, buried in a tomb, and rose 3 days later proves that His resurrection guarantees all believers and followers of Christ that the penalty for our sins have been paid in full.

The resurrection guarantees Jesus' return for all believers; death is not final. Our hope is in Christ and what took place on the cross; There is a new hope for a new life in Him, which is why we rejoice!

He laid down his own life, yet- HE HAS RISEN INDEED!!

Let us always remember the incredible importance of Jesus' resurrection, which is the anchor of every hope we have and ultimately the anchor of hope for all mankind (Hebrews 6:17-20).

Please join us for our 11am Sunday services including Palm Sunday and Easter Sunday in the Chapel.

Please see "**Chaplain's Corner**" for news and information regarding spiritual programs, activities, trips, and MORE including **CANDY MAKING** and the overnight **trip to the Ark Encounter and Creation Museum in KY**

Happy Resurrection Day !!!

In His Service,

Chaplain Laura



Chaplain's Corner

APRIL, 2023

HAPPY EASTER!! "HE HAS RISEN JUST AS HE SAID!"



HIGHLIGHTS OF SPIRITUAL PROGRAMS

**** The first Sunday of EVERY month is COMMUNION SUNDAY ****

- ♦ **THE TRIP TO ARK ENCOUNTER AND CREATION MUSEUM IN KENTUCKY HAS BEEN RESCHEDULED TO END OF SEPTEMBER. PLEASE SEE ME FOR MORE INFORMATION.**
- ♦ **Monday April 3 at 1:30– CANDY MAKING. YOU MUST SIGN UP TO BE INCLUDED.**
- ♦ **Sunday Church Services** in the Chapel at 11 am. All are invited to attend all services
 - ♦ **MONDAY, APRIL 10 AT 7:00 PM– MOTOR CITY CHORALE SPRING CONCERT**
- ♦ **Every Sunday– 2:00–** beginner and intermediate **SCRIPTURE STUDY** in the Chapel. Join us for discussion, sharing, and fellowship
- ♦ **Palm Sunday Service April 2** in the Chapel at 11:00am. Join us to celebrate the arrival of Jesus into Jerusalem and receive your palm.
- ♦ **Good Friday** April 7 12:00-3:00 pm Quiet Meditation on your own. Prayer cards available in the chapel.
- ♦ **Easter Sunday Service April 9** at 11 am in the Chapel.
- ♦ **Every Monday** at 2:30– **Inspirational Reading**. We read inspiring poems and short stories, have discussion and reminisce. It is a great time of discussion and fellowship.
- ♦ **Every Tuesday** at 10:45– **Catholic Service**; Every THIRD Tuesday is MASS.
- ♦ **Every Tuesday** at 2:30 **Beginner and Intermediate SCRIPTURE STUDY** in the Chapel.
- ♦ **Every Wednesday** at 2:30–**Bible Trivia and Word Games**. Come join us for fun and fellowship. We have a great time!

BLESSINGS TO YOU THIS EASTER SEASON,

Chaplain Laura

Health and Wellness News

Christina Nahorodny, Fitness Specialist

Fitness Class Descriptions:

Mondays

9:00 & 10:30* Cardio Exercise
Low impact, heart healthy exercises

1:30 Strength & Balance
challenge your muscles to serve you better!

Tuesdays

9:00 Balance Exercise

11:30 Strength Circuit



Wednesdays

9:00 & 10:30* Yoga Stretch
Relax your body, mind and spirit

1:30 pm Tai Chi (seated or standing)
Sun style program designed to relieve joint pain and improve balance

Thursdays

9:00 Move & Groove
Rhythmic cardio exercise to improve coordination and have fun!

11:30 Drumming Exercise (seated or standing)
No musical experience necessary!

1:30 Cardio & Coordination



Fridays

9:00 & 10:30* Strength Exercise

**10:30 classes are taught from a seated position*

Balloon Volleyball
Friday, April 14th @
1:30
Activity Room



STAFF v. RESIDENT
Pool Noodle Baseball Game
Friday, April 21st @ 1:00pm

Let's get out and
PLAY BALL!



Harbor Inn Health
and Wellness Center hours:
Monday-Friday 8am-5pm

Barnett Hall
Fitness Center hours:
8am-8pm every day
(including weekends!)

Anyone wishing to use *either*
of our Fitness Centers **MUST**
have an orientation and
updated paperwork on file.

BIRTHDAY DINNER

THIS MONTH BIRTHDAY DINNER WILL BE ON
THURSDAY, APRIL 20

12:00PM

MARGUERITE'S RESTAURANT

PURCHASE YOUR TICKETS AT THE FRONT DESK



ENTERTAINMENT TO FOLLOW IMMEDIATELY
IN MARGUERITE'S RESTAURANT

APRIL IS
JAZZ MONTH

BOB GRACIN THE JAZZ KING

Receive a FREE Birthday Meal on your Birth month!
And one guest at 1/2 off!

Knit & Crochet Group



Thursday, April 13 & 27

3:00 pm

Harbor Inn Midrise
Conference Room

Calling ALL Euchre players

Learn to play

BID EUCHRE

Tuesday's 10:00 am

Harbor Inn Community Room

Questions call: Betsy 586-716-7143

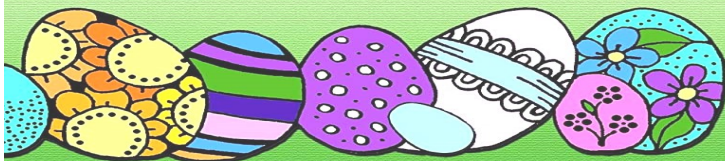
Easter Egg Coloring

Friday, April 7

1:30 pm

Activity Room

Prizes for BEST EASTER HAT!



RESIDENT

POTLUCK

SUNDAY, APRIL 16

4:30PM-HAPPY HOUR

5:00PM-DINNER

MARGUERITES RESTAURANT

BRING A DISH TO PASS

SIGN UP IN THE ACTIVITY ROOM

For more information contact:



SATURDAY MATINEE

1:30pm

CADMAN HALL

Movie to be announced that week



Bridge Lesson Series

Fridays

10:00am-12:00pm

Harbor Inn Community Room

Show & Tell

**Monday, April 10
1:30 pm
Activity Room**

Bring your treasured items to share in the traditional style of show and tell.

Candy Making with Chaplain Laura



**Monday, April 3
1:30 pm
Activity Room**

Memoir Writing Made Easy

EVERYONE HAS A STORY TO TELL!!

This group will meet once a week for one hour to share stories and practice writing. **You don't have to be a good writer to work on your memories and family history**—you just have to be interested in chronicling these stories. Your children and grandchildren will want to read all about you through the stories you write!

Mondays 2:30 pm Activity Room

Judy Sima

Michigan Storyteller and teaching artist

Prepare to be entertained, enchanted and inspired by Michigan storyteller Judy Sima, as she shares stories of her mother's encounters with the Gestapo during WWII.

Using intriguing conversation starters Judy helps her audience bring their own treasured memories back to life.



**Monday, April 17
1:30 pm
Marguerite's Restaurant**

Do you love flowers?

But don't want to get your hands dirty?

Join Gardeners and others who LOVE FLOWERS as we promote beauty with our love of nature throughout

The Village of East Harbor.

Please bring ALL ideas on how to promote BEAUTY!

Friday, April 14

11:30 am

Marguerite's Restaurant.





Saturday, April 29
6:30-?

Harbor Inn Community Room

Let's all play Monopoly!



Tuesday, April 4 & 18
2:30 pm
Activity Room

BINGO & BROWNIES

With Interim

Thursday, April 13-1:00 pm
Harbor Inn Community Room



HARBOR LIGHTS

Sing-a-long
Thursdays
4:00 pm
Chapel



BRAIN FITNESS

With Marcia Relyea

Mark your calendars for this fun, interactive three class series on the aging brain. Learn all the latest tricks and strategies to keeping the most important part of your body strong and fit.



Wednesday, April 12, 19 and 26
1:30 pm
Marguerite's Restaurant

PLEASE SIGN UP
IN BINDER

BINGO WITH DAVID MILLER

Monday, April 24

1:30 pm

Activity Room

GREAT
PRIZES!



PVM Legacy Society

A GIFT IN YOUR WILL
can change the lives of seniors.

The Village of East Harbor is able to provide the best quality housing, programs and services to seniors with the generous support of **YOU** the donor.

Join the PVM Legacy Society with a gift in your will...

Find out how **YOU** can help future residents.

Contact Devon Meier, Director of Planned Giving, at 947.247.0995 or dmeier@pvm.org.



The Village of
East Harbor
A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Rosie the Riveter honored in Washington D.C.

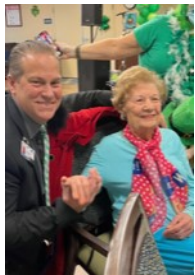
Our East Harbor neighbor Francesca (Fran) Masters was honored in Washington D. C. for her service in WWII. Francesca was 18 when Pearl Harbor was bombed. She joined the ranks of almost 6 million women who became Rosie the Riveters and took up the slack and worked in war-time factories while the men went to war. She worked at Willow Run riveting wings for B24 Liberators as her 2 brothers joined the military. Only one brother returned.



Boeing Aircraft has long been involved in honoring all the people who served in defending American democracy. Boeing provided private flights, hotel accommodations, meals and tours for 11 Rosie's of whom our Francesca at 101 was the oldest.

The Rosie's were given wheelchair tours of the Capitol building, the Rayburn building, the WWII Memorial and also viewed the cherry blossoms in full bloom at the Capitol Reflecting Pool. They lunched with U.S. Representatives Debbie Dingel, Rashida Tlaib, and Lisa McClain. They were accompanied and interviewed by journalists, photographers and news personalities including Fox 2 Detroit and NBC News Andrea Mitchell.

They were then taken to Boeing headquarters where they were greeted by many employees and top executives with banners and cheers. At a cocktail party they were given a Boeing pin. Later at dinner they were presented with a Rosie the Riveter coin that was recently flown on Boeing's Starliner Orbiter flight in space.



Francesca said her day began at 5:30 am and when they landed in Kalamazoo it was 1:00 am. What a day for a 101-year-old Rosie, they don't make 'em like that anymore. Thank you Rosie for your service. I am proud to know you.

Submitted by Sharon Frantz, C301 & Lucia Marshall

Alzheimer's Caregiver Support Group

This Support group is for caregivers affected by Alzheimer's disease or a related dementia.

Fourth Wednesday at 3:30 pm

Marguerite's Restaurant

More information please contact

Ann Marie (586)716-7142



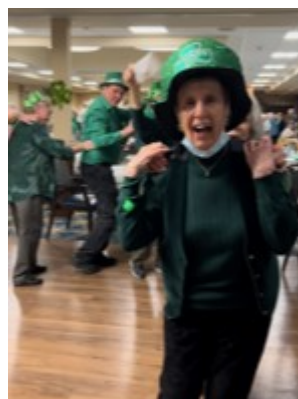
PARKINSON'S SUPPORT GROUP

Second Thursday at 6:00 pm

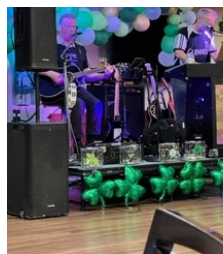
Marguerite's Restaurant

**This meeting is open to everyone,
people with Parkinson's, family and**

Card players



st. patrick's day dinner dance



Easter Crafts



The Train Man



EXCURSIONS

Monday, April 3

Women's Lunch
Check binder
\$\$\$ On your own

Monday, April 17

Men's Lunch
Check Binder
11:30 am
\$\$\$ on your own

Tuesday, April 25

Top Golf
Simulated Golfing
1/2 off
9:00 am
\$\$\$ on your own

Thursday, April 27

Holocaust Museum
Lunch at a Jewish Deli
10:00 am
\$\$\$ on your own

Friday, April 28

Who Makes the BEST Burger
The Tavern at Tina's
11:00 am
\$\$\$ on your own

Upcoming Excursions

Friday, May 5

DSO Concert
Beethoven's Eighth &
Simon's Trombone Concerto
9:30 am
\$35.00 due April 10

Thursday, June 1

Six the Musical
Fisher Theater
4:00 pm
\$50.00 due May 1

Thursday, July 13

Great American Trailer Park
Snug Theater
4:00pm
\$38.00 money due June 5

**Sign up for outings in the Binder in
the Activity Room or
call Ann Marie: 586-716-7142
Space is limited!**

Car/bus trips can be scheduled Mon-Fri
from 8 am-4:30 pm, upon availability.
Independent residents can schedule up
to 2 car/bus transports per month free
within the Chesterfield and New
Baltimore area.

Anything over 2 will see a charge.
Any questions making appointments or
with regards to charges, please contact
Ann Marie-586-716-7142



THE VILLAGE OF EAST HARBOR



Mother's Day
Tea Party
&
Fashion Show

SATURDAY, MAY 13

11:30 AM

MARGUERITE'S RESTAURANT

TICKETS: \$15.00

TO PURCHASE TICKETS OR
MORE INFORMATION CALL:
BETSY-586-716-7143

FASHIONS BY:
SUZANNE'S OF PORT HURON

MODELS WANTED
CALL BY APRIL 10
BETSY-586-716-7143



Directory

Accounting	
Tracy Tesch	716-7408
Activity Supervisor AL/IL	
Betsy Mianeki	716-7143
Administrator	
Carolyn Martin	716-7221
Beauty Salon	
Appointments	716-7180
Chaplain	
Laura Stone	716-7438
Dining Services Mgr.	
Hisam Chowdury	716-7419
Director of Nursing	
Jeff Robinson	716-7416
Driver	
Ann Marie Hart	716-7142
Executive Director	
David Miller	716-7410
Fitness Specialist	
Chris Gorde	716-7385
Front Desk	
Receptionist	725-6030
Harbor Inn-Admin. Asst.	
Beth Humble	586-273-2440
Harbor Inn Manager	
Wenona Breazeale	586-273-2559
Housekeeping / Laundry Mgr.	
Michelle Willer	716-7418
Maintenance Work Request	
Front Desk	725-6030
Maintenance	
Emergencies After 11:00 pm	248-996-2470
Marketing Manager	
Sue McCallum	907-3709
Physical Therapy Mgr.	
Kim Frabotta, Agility Therapy	716-7398
Rehab Admissions	
Jen Moreno	716-7427
Darcy Stalker	716-7183
Resident Care Mgr.	
Toni Greig	716-7426
Sales & Leasing Specialist	
	716-7223
Peggy Carroll	716-7397
Kathy Moore	716-7039



4/08 Margaret Follin

4/09 Carol Mallory

4/09 Ruth Offenbacher

4/12 Nancy McClure

4/13 Peter Ballard

4/14 Robert Bradley

4/18 Ruth Nichols

4/20 Peter Batts

4/20 Frank Gitre

4/21 Pauline Said

4/24 Nancy Streit

4/25 Pat Mikle

4/28 Linda Aderman

4/30 Judy Holeyton

HARBOR INN RESIDENT ORIENTATION



TUESDAY, MAY 2
11:30 AM
Midrise Community Room

**ALL NEW RESIDENTS AND CURRENT RESIDENTS
ARE ENCOURAGED TO ATTEND TO FIND OUT
HOW TO MAKE YOUR TRANSITION TO YOUR
NEW HOME EASIER!**

**COME MEET AND MINGLE WITH DEPARTMENT
HEADS AND OTHER NEW RESIDENTS.**