









# February

# 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship 3:30 Art For the Soul (CH) 6:30 Movie (LB)	<b>2</b>  9:00 Chair Bingo (AR) 9:00 Better Balance (FC) 10:00 Chicks w/Sticks (AR) 10:00 BINGO (AR) 11:30 Stretch & Relax (FC) 1:30 BINGO (AR) 2:00 Arthritis Exercise (FC) 3:00 Bible Study (CH) Can I Trust God with My Health 6:00 Bridge (AR)	<b>3</b> 9:00 Cardio/Strength Circuit (FC) 9:30 Meijer* (LB) 9:45 Bingo w/Vince (AR) 10:45 Catholic Communion (CH) 11:30 Stability Ball Beat (FC) 1:30 Pictionary (AR) 2:00 Sit & Be Fit (FC) 2:30 Polish Poker (AR) 2:30 Culinary Meeting (DR) 2:30 Heart Healthy Eating (FC) 3:00 Chapel Trivia (CH) 6:00 Pinochle (AR)	<b>4</b> 8:00 AARP (Kirk) 9:00 Coffee Chat (DR) 9:00 Better Balance (FC) 10:00 Wacky Bingo (AR) 11:30 Chair Tai Chi (FC) 1:15 Wii Bowling w/Amy (AR) 2:00 Oral Health Presentation (AR) 2:00 Sit & Balance (FC) 3:00 Best Seller Read Aloud (CH) 6:00 Euchre (Kirk) 6:30 Leader Dogs (AR)	<b>5</b> 9:00 Tea Talk Thursday (AR) 9:00 Cardio/Strength Circuit (FC) 9:30 CVS/Banking* (LB) 10:00 Men's Coffee Hour (AR) 10:00 Dominoes (AR) 10:00 Polish Poker (AR) 10:00 Kroger* (LB) 11:00 Rosary (CH) 11:30 Blood Pressure (FC) 1:30 Make Valentine Cards (AR) 2:00 Sit & Be Fit (FC) 3:00 Welcome Committee (Kirk) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	<b>6</b>  <b>National Wear RED Day</b> 9:00 Better Balance (FC) 9:30 Manicures (AR) 10:00 Polish Poker (AR) 11:00 Lunch Around the World (LB) 11:30 Stretch & Relax (FC) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC) 3:00 T.G.I.F. / Finish Line (AR)	<b>7</b> 10:00 Bingo (AR) 1:00 Wii Bowling (AR) 1:00 Cards (DR) 2:00 Explore America Film Series (AR) 6:00 Movie Night (LB)
<b>8</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship 3:30 Prayer For the Soul (CH) 6:30 Movie (LB)	<b>9</b>  <b>GO RED WEEK</b> 9:00 Chair Bingo (AR) 9:00 Better Balance (FC) 10:00 Polish Poker (AR) 10:00 Chicks w/Sticks (AR) 10:00 Crossword Puzzle (AR) 10:00 <b>GO RED</b> Craft w/Amy (AR) 11:30 Stretch & Relax (FC) 1:30 Wheel of Fortune (AR) 2:00 Arthritis Exercise (FC) 3:00 Bible Study (CH) Trust God with My Health 6:00 Bridge (AR)	<b>10</b> 9:00 Baking w/Amy (AR) 9:00 Cardio/Strength Circuit (FC) 9:30 Meijer* (LB) 9:45 Bingo w/Vince (AR) 10:45 Catholic Communion (CH) 11:30 Stability Ball Beat (FC) 1:30 Resident Association Mtg. (AR) 2:30 Heart Healthy Eating (FC) 3:00 Chapel Trivia (CH) 6:00 Pinochle (AR)	<b>11</b> 8:00 AARP (Kirk) 9:00 Coffee Chat (DR) 9:00 Better Balance (FC) 10:00 Wacky Bingo (AR) 11:30 Chair Tai Chi (FC) 12:00 Women's Lunch (LB) 1:15 Wii Bowling w/Amy (AR) 2:00 Sit & Balance (FC) 3:00 Best Seller Read Aloud (CH) 4:00 Book Discussion (CR) 6:00 Euchre (AR)	<b>12</b> 9:00 Manicures (AR) 9:00 Cardio/Strength Circuit (FC) 9:30 CVS/Banking* (LB) 10:00 Men's Coffee Hour (AR) 10:00 Dominoes (AR) 10:00 Polish Poker (AR) 10:00 Kroger* (LB) 11:00 Rosary (CH) 11:00 Blood Pressure (AR) 1:30 BINGO (AR) 2:00 Sit & Be Fit (FC) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	<b>13</b> 9:00 Pet-A-Pet 9:00 Better Balance (FC) 10:00 HEART Healthy Presentation (AR) 11:30 Stretch & Relax (FC) 1:30 Afternoon with an Author (AR) 2:00 Arthritis Exercise (FC) 2:30 Valentines Party (AR) 	<b>14</b> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>HAPPY VALENTINE'S DAY</b> </div> 10:00 Bingo (AR) 1:00 Wii Bowling (AR) 1:00 Cards (DR) 6:00 Movie Night (LB)

All Events Subject to Change

SUNDAY	MONDAY		Ash Wednesday	HAPPY BIRTHDAY	FRIDAY	SATURDAY
<p><b>15</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship 3:30 Prayer for the Soul (CH) 5:00 Resident Pot Luck (AR) 6:30 Movie (LB)</p>	<p><b>16</b> 9:00 Chair Bingo (AR) 9:00 Better Balance (FC) 10:00 Chicks with Sticks (AR) 10:00 Crossword Puzzle (AR) 11:30 Stretch &amp; Relax (FC) 1:30 Wheel of Fortune (AR) 2:00 Arthritis Exercise (FC) 3:00 Can I Trust God with My Health (CH) 6:00 Bridge (AR)</p>	<p><b>17</b>  <b>Fat Tuesday</b> 9:00 Tuesday Trivia (AR) 9:00 Cardio/Strength Circuit(FC) 9:30 Meijer* (LB) 9:45 Bingo w/Vince (AR) 10:45 Catholic Mass (CH) 11:30 Stability Ball Beat (FC) 1:30 PACKZI Party (AR) 2:00 Sit &amp; Be Fit (FC) 2:00 Alzheimer's support (HH) 2:30 Heart Healthy Eating (FC) 3:00 Lenten Devotion (CH) 6:00 Pinochle (AR) </p>	<p><b>18</b> 8:00 AARP (Kirk) 9:00 Coffee Chat (AR) 9:00 Brains &amp; Balance (FC) 10:00 Wacky Bingo (AR) 11:00 Ash Wed. Service (CH) 11:30 Chair Tai Chi (FC) 1:15 Wii Bowling w/Amy (AR) 2:00 Sit &amp; Balance (FC) 2:00 Scattergories (AR) 3:00 Best Seller Read Aloud(CH) 3:00 Writing Group (Lib) 6:00 Euchre (AR)</p>	<p><b>19</b> 9:00 CVS/Banking* (LB) 9:00 Cardio/Strength Circuit (FC) 10:00 Kroger* (LB) 10:00 Dominoes (AR) 10:00 Men's Coffee Hour (AR) 11:00 Rosary (CH) 11:30 Blood Pressure (FC) 12:00 Birthday Dinner (DR) 1:30 Birthday Entertainment (AR) Frank Sinatra Impersonator 2:00 Sit &amp; Be Fit (FC) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)</p>	<p><b>20</b> 9:00 Better Balance (FC) 9:30-11:00 Manicures (AR) 11:30 Stretch &amp; Relax (FC) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC) 3:00 T.G.I.F./Finish Line (AR)</p>	<p><b>21</b> 10:00 Bingo (AR) 1:00 Wii Bowling (AR) 1:00 Cards (DR) 6:00 Movie Night (LB)</p>
<p><b>22</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship 3:30 Movie for the Soul (CH) 6:30 Movie (LB)</p>	<p><b>23</b> 9:00 Chair Bingo (AR) 9:00 Better Balance (FC) 10:00 Polish Poker (AR) 10:00 Chicks w/Sticks (AR) 10:00 Craft w/Amy (AR) 10:00 Crossword Puzzle (AR) 11:30 Stretch &amp; Relax (FC) 1:30 Wheel of Fortune (AR) 2:00 Arthritis Exercise (FC) 3:00 Can I Trust God with My Health (CH) 6:00 Bridge (AR)</p>	<p><b>24</b>  <b>Nat'l Cupcake Day</b> 9:00 Cardio/Strength Circuit(FC) 9:30 Meijer* (LB) 9:45 Bingo w/Vince (AR) 10:45 Catholic Communion (CH) 11:30 Stability Ball Beat (FC) 12:00 Men's Luncheon (AR) 1:30 Cupcake Decorating (AR) 2:00 Sit &amp; Be Fit (FC) 2:30 Heart Healthy Eating (FC) 3:00 Lenten Devotion (CH)</p>	<p><b>25</b> 8:00 AARP (Kirk) 9:00 Coffee Chat (AR) 9:00 Ann Arbor Museum Tour &amp; Lunch at Zimmerman's (LB) 9:00 Brains &amp; Balance (FC) 10:00 Wacky Bingo (AR) 11:30 Chair Tai Chi (FC) 1:15 Wii Bowling (AR) 2:00 Sit &amp; Balance (FC) 2:00 Scattergories (AR) 3:00 Best Seller Read Aloud (CH) 6:00 Euchre (AR)</p>	<p><b>26 LEVIS Day</b> 9:00 Tea Talk Thursday (AR) 9:00 CVS/Banking* (LB) 9:00 Cardio/Strength Circuit (FC) 10:00 Kroger* (LB) 10:00 Dominoes (AR) 10:00 Men's Coffee Hour (AR) 11:00 Rosary (CH) 11:30 Blood Pressure (FC) 1:30 Name That Tune (AR) 2:00 Sit &amp; Be Fit (FC) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)</p>	<p><b>27</b> 9:00 Better Balance (FC) 9:30-11:00 Manicures (AR) 9:30 Movie &amp; Lunch (LB) 11:30 Stretch &amp; Relax (FC) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC) 2:30 Girl Scout Cookie Party (AR) </p>	<p><b>28</b> 10:00 Bingo (AR) 1:00 Wii Bowling (AR) 1:00 Cards (DR) 2:15 Movie (AR) 6:00 Movie Night (LB)</p>
<p>AR=Activity Room CH=Chapel FC=Fitness Center DR=Dining Room LB=Lobby Lib=Library CR=Conference Room * = Sign up in Lobby</p> <p>  </p>						