*	*	FEBF	RUARY 2	022		e Village of Cast Harbor JENIOR LIVING COMMUNITY
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	BLACK HISTORY MONTH Office Check out boards throughout the building!	1 9:00 Kroger LB) 9:00 Be ABLE (FC) 9:30 Tuesday Tea (AR) 10:30 Seated Exercise (AR) 1:30 Bingo (AR) 2:30 Knit-Sew group (AR) 2:30 Devotional/Bible (CH) 6:00 Euchre/Pice La Charles	2 9:00 Be CALM (CH) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Uno (AR) 2:30 BibleTrivia/Games (CH) 6:00 Bridge/Cards (AR)	3 9:00 Drumming (CH) 9:30 Just for Men (AR) 9:30 Inspirational Read(CH 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 Chinese NewYear(AR) 4:00 Harbor Lights (CH) 6:00 Fuchre/Pinochle (AR)	4 National Wear Red Day 9:00 Power Hour (FC) 9:30 Women's Coffee & Manicures (AR) 10:30 Seated Exercise (AR) 11:00 Healthy Heart Presentation (AR) 11:30 Wear Red Picture(LB) 1:30 Armchair Travel (AR)	5 1:30 Games (AR) 2:30 Bingo (AR)
6 Chapel Service 11:00 (CH)	7 9:00 Cardio Express (FC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Crossword (AR) 2:30 Memoir Writing (AR) 6:00 Cards (AR)	8 9:00 Be ABLE (FC) 9:30 Tuesday Tea (AR) 9:30 Vday spirit craft (CH) 10:30 Seated Exercise (AR) 1:30 ResidentAssocMt(RT 6:00 Euchre/Pinochle (AR)	9 9:00 Be CALM (CH) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Cover that no. (AR) 1:30 Hand & FootCards(AR) 2:30 BibleTrivia/Games (CH) 6:00 Bridge/Cards (AR)	10 9:00 Drumming (CH) 9:30 Just for Men (AR) 9:30 Scenic Ice Drive (LB) 9:30 Inspirational Read(CH 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 Make a Bracelet(AR) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)	11 9:00 Power Hour (FC) 9:30 Women's Coffee & Manicures (AR) 10:00 Scenic Bus Drive(LB) 10:30 Seated Exercise (AR) 1:30 Blk History Movie(AR)	12 9:30 Bingo (AR) 1:30 Games (AR) 2 15 41 47 67 4 27 22 49 60 5 23 35 87 70 5 23 35 88 73 3 30 32 52 75
 13 Chapel Service 11:00 (CH) 6:30 Superbowl Sunday (LB) 	149:00 Cardio Express (FC)9:30 Bingo (AR)10:30 Seated Exercise (AR)1:30 Valentine Party (AR)2:30 Memoir Writing (AR)6:00 Cards (AR)Acts of	1:30 Kindness Bingo (AR) 2:30 Knit-Sew group (AR) 2:30 Devotional/Bible (CH) 6:00 Euchre/Pinochle (AR)	16 9:00 Be CALM (CH) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 11:00 Giving Wednesday (LB) 11:30 Men's Lunch (LB) 1:30 Uno (AR) 2:30 BibleTrivia/Games (CH) 3:00 Book Club (AR) 6:00 Bridge/Cards (AR)	17 9:00 Drumming (CH) 9:30 Just for Men (AR) 9:30 Inspirational Read(CH 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 Birthday Entertain (CH) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)	 18 9:00 Power Hour (FC) 9:30 Women's Coffee & Manicures (AR) 10:30 Seated Exercise (AR) 1:30 Show & Tell (AR) 4:00 Lion King (LB) 	19 9:30 Bingo (AR) 1:30 Games (AR) 22 18 41 47 61 7 26 39 55 70 4 27 28 49 75 3 30 32 52 75
20	21 9:00 Cardio Express (FC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Word Games (AR) 2:30 Memoir Writing (AR) 6:00 Cards (AR)		23 9:00 Be CALM (CH) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 11:30 Women's Lunch (LB) 1:30 Cover that no. (AR) 1:30 Hand & FootCards(AR) 2:30 BibleTrivia/Games (CH) 6:00 Bridge/Cards (AR)	24 9:00 Drumming (CH) 9:30 Just for Men (AR) 9:30 Make a Blanket (CH) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 St Pat's Craft (AR) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)	25 9:00 Power Hour (FC) 9:30 Women's Coffee & Manicures (AR) 10:30 Seated Exercise (AR) 11:30 Pizza Lunch (LB) 1:30 Armchair Travel (AR)	26 9:30 Bingo (AR) 1:30 Games (AR)
27 Chapel Service 11:00 (CH)	28 9:00 Cardio Express (FC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Word Games (AR) 2:30 Memoir Writing (AR) 6:00 Cards (AR)		KEY AR-Activity Room CH-Chapel FC-Fitness Center LB-Lobby RT-Restaurant	ALL ACTIVITIES ARE SU	BJECT TO CHANGE	