


# MAY 2016



Sun	Mon	Tues	Wed	Thu	Fri	Sat
<b>1</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Communion Worship (CH) 5:00 Resident Potluck (AR) 6:30 Movie (LB)	<b>2</b> 9:00 Chair Bingo (AR) 9:00 VVC Practice (CH) 10:00 Craft w/Anita (AR) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Flex (AR) 1:30 Wheel of Fortune (AR) 2:00 Crossword (AR) 2:30 Arthritis Exercise (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	<b>3</b> 9:00 Coffee & Coloring (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:00 Matter of Balance (CH) 1:30 Scattergorries (AR) 2:00 Crossword (AR) 2:30 VVC Practice (AR) 2:30 Bldg & Grounds Mtg(KH) 6:00 Pinochle (AR)	<b>4</b> 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:30 Listen & Love (LB) 10:00 Bingo w/ Neil (AR) 11:30 Stretch & Flex (FC) 1:30 Wheel of Fortune (AR) 1:30 JoAnn Fabrics (LB) 2:15 Sing Along w/Sherry (AR) 2:30 VVC Practice (FC) 3:00 Chapel Trivia (CH) 3:00 Communication Mtg (CR) 6:00 Leader Dog (AR)	<b>5</b> 9:00 CVS/Banking (LB) 9:00 Yoga/Mandala (AR) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (KH) 10:00 Kroger (LB) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:00 VVC Practice (FC) 1:30 Pictionary (AR) 2:15 Brain Games (AR) 2:30 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	<b>6</b> 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Crossword (AR) 11:30 Stretch & Flex (FC) 1:00 Matter of Balance (CH) 1:30 Bingo (AR) 2:30 VVC Practice (AR)	<b>7</b> <b>FASHION SHOW</b> 12:00 Dining Room
<b>8</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB) 	<b>9</b> 9:00 Chair Bingo (AR) 9:00 VVC Practice (FC) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Flex (FC) 1:30 Wheel of Fortune (AR) 2:15 Crossword (AR) 2:30 Arthritis Exercise (FC) 3:00 Bible Study (CH) 6:00 Bridge (AR) 7:00 Interfaith Choir (CH)	<b>10</b> 9:00 Coffee & Coloring (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Resident Association(AR) 6:00 Pinochle (AR)	<b>11</b> 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:30 Listen & Love (LB) 10:00 Bingo w/ Neil (AR) 11:00 Women's Lunch (LB) 11:30 Stretch & Flex (FC) 1:30 Brain Games (AR) 2:15 Sing Along w/Sherry (AR) 2:30 VVC Practice (FC) 3:00 Chapel Trivia (CH) 3:30 Book Group (CR)	<b>12</b> 9:00 CVS/Banking (LB) 9:00 Yoga/Mandala (AR) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (AR) 10:00 Kroger (LB) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:00 VVC Practice (AR) 1:30 Seniors Stay Sharp (AR) 2:30 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	<b>13</b> <b>APPLE PIE DAY</b> 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 9:30 Opera House (LB) 11:00 Crossword (AR) 11:30 Stretch & Flex (FC) 1:00 Matter of Balance (CH) 1:30 Bingo (AR) 2:30 VVC Practice (FC) 2:30 Downton Abbey Sho(AR)	<b>14</b> 10:00 Bingo (AR) 1:00 Wii Bowling (AR) 1:00 Cards (DR) 6:00 Movie (LB)
<b>15</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	<b>16</b> 9:00 Chair Bingo (AR) 9:00 VVC Practice (FC) 9:30 Bordines/Lunch (LB) 10:00 Chicks w/Sticks (AR) 11:00 Stretch & Flex (FC) 1:30 Downton Abbey Show(AR) 2:30 Arthritis Exercise (FC) 3:00 Bible Study (CH) 6:00 Bridge (AR)	<b>17</b> 9:00 Coffee & Coloring (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 12:15 Men's Lunch (LB) 1:00 Matter of Balance (FC) 1:30 Cards w/JoAnn (AR) 2:00 Alzheimers Support (CH) 2:30 VVC Practice (FC) 6:00 Pinochle (AR)	<b>18</b> 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:30 Listen & Love (LB) 10:00 Bingo w/ Neil (AR) 11:30 Stretch & Flex (FC) 1:15 Americana Art (AR) 2:15 Sing Along w/Sherry (AR) 2:30 VVC Practice (FC) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	<b>19</b> 9:00 CVS/Banking (LB) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (AR) 10:00 Kroger (LB) 11:00 Rosary (CH) 12:00 Birthday Dinner (DR) 1:30 Birthday Entertain(CH) 2:30 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	<b>20</b> 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Crossword (AR) 11:30 Stretch & Flex (FC) 1:00 Matter of Balance (CH) 1:30 Bingo (AR) 2:30 VVC Practice (FC) 2:30 Americana Art (AR)	<b>21</b> 10:00 Bingo (AR) 1:00 Wii Bowling (LB) 1:00 Cards (DR) 6:00 Movie (LB)

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Sun	Mon	Tues	Wed	Thu	Fri	Sat
<p><b>22</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)</p>	<p><b>23</b> 9:30 Chair Bingo (AR) 9:00 VVC Practice (FC) 10:30 Chicks w/Sticks (AR) 11:30 Stretch &amp; Flex (FC) 1:30 Downton Abbey (AR) Presentation 2:30 Arthritis Exercise (FC) 3:00 Bible Study (CH) 6:00 Bridge (AR)</p>	<p><b>24</b> 8:45 Detroit Zoo (LB) 9:00 Coffee &amp; Coloring (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Brain Games (AR) 2:30 VVC Practice (AR) 6:00 Pinochle (AR)</p>	<p><b>25</b> 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:30 Mall Trip (LB) 9:30 Listen &amp; Love (LB) 10:00 Bingo w/ Neil (AR) 11:30 Stretch &amp; Flex (FC) 1:15 Wii Games Meeting (AR) 2:15 Sing Along w/Sherry (AR) 2:30 VVC Practice (FC) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)</p>	<p><b>26</b> 9:00 CVS/Banking (LB) 9:00 Yoga/Mandala (AR) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (AR) 10:00 Kroger (LB) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:00 VVC Practice (FC) 1:30 Cards w/JoAnn (AR) 2:30 Sit &amp; Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)</p>	<p><b>27</b> <b>NATIONAL FITNESS DAY</b> 9:00 Circuit Training (FC) 9:00 Movie &amp; Lunch (LB) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Crossword (AR) 11:30 Stretch &amp; Flex (FC) 1:00 Yoga w/Betsy (AR) 1:30 Bingo (AR) 2:30 VVC Practice (AR)</p>	<p><b>28</b> 10:00 Bingo (AR) 1:00 Wii Bowling (AR) 1:00 Cards (DR) 6:00 Movie (LB)</p>
<p><b>29</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)</p>	<p><b>30</b>  Friends &amp; Family Visit</p>	<p><b>31</b> <b>BETTER HEARING DAY</b> 9:00 Coffee &amp; Coloring (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Hearing Health(AR) 2:30 Sit &amp; Be Fit (FC) 6:00 Pinochle (AR)</p>				



AR=Activity Room  
CH=Chapel  
FC=Fitness Center  
DR=Dining Room  
KH=Kirk Hall  
LB=Lobby  
Lib=Library  
CR=Conference Room

**All Events Subject to Change.**

**Please be sure to Sign-Up for all excursions in lobby.**