

# OCTOBER



Sun	Mon	Tues	Wed	Thu	Fri	Sat
						<b>1</b> 10:00 Bingo (AR) 1:00 Cards (DR) 6:00 Movie (LB)
<b>2</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	<b>3</b> 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Craft w/Anita (AR) 10:00 Chicks w/Sticks (AR) 10:00 Spelling Bee Practice (CH) 11:30 Stretch & Relax (FC) 1:30 Wheel of Fortune (AR) 2:15 Crossword (AR) 2:00 Arthritis Exercise (FC) 3:00 Bible Study (CH) 6:00 Bridge (AR)	<b>4</b> 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:00 Walgreens (LB) 1:30 Baking w/ Kelly (AR) 2:00 Blessing of the Pets(CH) 2:30 Fall Prevention Fit (FC) 2:30 Building & Grounds (KH) 2:30 Tea Talk Tuesday (AR) 6:00 Pinochle (AR)	<b>5</b> 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 10:00 Bingo w/ Neil (AR) 11:00 Women's Lunch (LB) 11:30 Stretch & Relax (FC) 1:30 Brain games (AR) 2:00 Standing Pilates (FC) 2:15 Sing Along w/Sherry (AR) 3:00 Communication Mtg (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	<b>6</b> 9:00 Mandala (AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Spelling Bee Practice(AR) 11:30 Fall Prevention Fit (FC) 1:30 Pumpkin Hanger (AR) 2:30 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	<b>7</b> 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Crossword (AR) 11:30 Stretch & Relax (FC) 1:30 Bingo (AR) 1:30 Walking Club (LB)	<b>8</b> 10:00 Bingo (AR) 1:00 Cards (DR) 1:30 Broadway Bound Dancers (DR) 6:00 Movie (LB)
<b>9</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	<b>10</b> 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 10:00 Spelling Bee Practice (CH) 11:00 Stretch & Relax (FC) 1:30 Wheel of Fortune (AR) 2:15 Crossword (AR) 2:00 Arthritis Exercise (FC) 3:00 Bible Study (CH) 6:00 Bridge (AR)	<b>11</b> 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Res. Assoc. Mtg. (AR) 2:30 Fall Prevention Fit (FC) 6:00 Pinochle (AR)	<b>12</b> 9:00 MDNR Adventure (LB) 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 10:00 Bingo w/ Neil (AR) 11:30 Stretch & Relax (FC) 1:30 Cover That Number (AR) 2:00 Standing Pilates (FC) 2:15 Sing Along w/Sherry (AR) 3:00 Chapel Trivia (CH) 3:30 Book Group (AR) 6:00 Euchre (AR)	<b>13</b> 9:00 Mandala (AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Spelling Bee Practice(AR) 11:00 Rosary (CH) 11:30 Fall Prevention Fit (FC) 1:30 Pumpkin Hanger (AR) 2:30 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	<b>14</b> 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Crossword (AR) 11:30 Stretch & Relax (FC) 1:30 Bingo (AR) 1:30 Walking Club (LB)	<b>15</b> 10:00 Bingo (AR) 1:00 Cards (DR) 6:00 Movie (LB)

# OCTOBER



Sun	Mon	Tues	Wed	Thu	Fri	Sat
<b>16</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 5:00 Resident Potluck (AR) 6:30 Movie (LB)	<b>17</b> 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 10:00 Spelling Bee Practice (CH) 11:00 Stretch & Relax (FC) 1:30 Painting (AR) 2:00 Arthritis Exercise (FC) 3:00 Bible Study (CH) 6:00 Bridge (AR)	<b>18</b> 9:00 Frankenmuth (LB) 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Cover that Number (AR) 2:00 Alzheimer's Support(CH) 2:15 Brain Games (AR) 2:30 Fall Prevention Fit (FC) 6:00 Pinochle (AR)	<b>19</b> 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 10:00 Bingo w/Neil (AR) 11:30 Stretch & Relax (FC) 11:45 Chesterfld Tastefest (LB) 1:15 Uno (AR) 2:00 Standing Pilates (FC) 2:15 Sing Along w/Sherry (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	<b>20</b> 9:00 Mandala (AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 11:00 Rosary (CH) 11:00 Spelling Bee Practice(AR) 12:00 Birthday Dinner (DR) 1:30 Birthday Entertain (CH) 2:30 Sit & Be Fit (FC) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	<b>21</b> 8:45 Spelling Bee (LB) 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Crossword (AR) 11:30 Stretch & Relax (FC) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC)	<b>22</b> 10:00 Bingo (AR) 1:00 Cards (DR) 6:00 Movie (LB)
<b>23</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 1:00 Halloween Parade (DR) 6:30 Movie (LB)	<b>24</b> 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 11:30 Halloween Parade (DR) 11:30 Stretch & Relax (FC) 1:30 Wheel of Fortune (AR) 2:00 Arthritis Exercise (FC) 2:15 Crossword (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	<b>25</b> 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:00 Yates Cider Mill (LB) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Baking w/ Kelly (AR) 2:30 Tea Time Tuesday (AR) 2:30 Fall Prevention Fit (FC) 6:00 Pinochle (AR)	<b>26</b> 8:15 Gleaners/Lunch (LB) 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:00 Mall Trip (LB) 10:00 Bingo w/ Neil (AR) 11:30 Stretch & Relax (FC) 1:30 Yahtzee (AR) 2:00 Standing Pilates (FC) 2:15 Sing Along w/Sherry (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	<b>27</b> 8:00 Purple Rose Theatre (LB) 9:00 Mandala (AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:30 Fall Prevention Fit (FC) 1:30 Cover That Number (AR) 2:30 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	<b>28</b> 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Crossword (AR) 11:30 Stretch & Flex (FC) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC)	<b>29</b> 10:00 Bingo (AR) 1:00 Cards (DR) 6:00 Movie (LB)
<b>30</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	<b>31</b> 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Relax (FC) 1:30 Halloween Party (AR) 6:00 Bridge (AR)					



AR=Activity Room  
 CH=Chapel  
 FC=Fitness Center  
 DR=Dining Room  
 KH=Kirk Hall  
 LB=Lobby  
 Lib=Library  
 CR=Conference Room

**All Events Subject to Change.**

**Please be sure to Sign-Up for all excursions in lobby.**