

The Village of East Harbor



Village Trumpet



Embrace the possibilities

33875 Kiely Drive •

January 2018



Featured Articles

Executive Director

Marketing & Events

Chaplain

Events

Events

Whazzup...

Photos

Directory

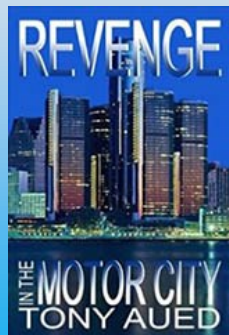


The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



**The Village of East Harbor
presents**

Afternoon with an Author

Tony Aued-Best Selling Author
Will discuss his new novel in his
local murder mystery series.

Wednesday, January 17

1:30pm
Chapel



FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:

The Holidays are behind us and winter is officially here. Our construction is underway and we ask that you bear with us as we go through growing pains. Our team is working hard to bring you the same great services and enrichment programs as we juggle having limited space.

Check out our new Assisted Living Dining rooms and Fitness Center. We have limited open seating in Barnett Dining room for Independent residents who wish to enjoy a chef prepared meal. We will not be able to hold our usual Birthday Dinner celebration but will still have Birthday Entertainment until the new dining room / restaurant is remodeled.

Take care to dress warmly and walk carefully. We do our best to clear sidewalks and ice but blowing and drifting snow can create icy and hazardous conditions. If you need to leave your apartment early please call front desk for priority snow removal service. Your safety is our top priority.

Winters can be long and dreary but if you come and join in games, programs, trips, fitness classes, and spiritual programs. Time will fly while you are having fun! Socializing has been scientifically proven to be good for you.

New Year and new beginnings rings more true than ever as we continue renovating for you.

Happy 2018!

Carolyn

Ask the Administrator:

How do they decide what to shovel first?

The 44 acre campus is a blessing but also a large area to keep cleared when it snows. Main buildings and roads are open 24 hours and need to be cleared first due to high traffic volumes and extended hours.

Apartments are cleared as quickly as possible. In addition mailboxes and community sidewalks need to be cleared. If you have to leave early and need your driveway snow removed early please call the front desk so they can alert the maintenance team to make your snow removal a priority. While waiting for snow to be removed please be patient and stay safe. We ask that you let us clear the snow for you. Retire your shovel and let us do the work for you. You've earned it!



The Admissions/Sales & Leasing Department would like to wish all of our residents a very Happy, Healthy New Year. It has been our privilege to get to know you and serve your needs throughout 2017. We hope you are as proud and excited about the changes and renovations as we are at The Village of East Harbor to make this an even better, more beautiful and fun place to live (and work!) Thank you for your patience during this transition. We are all looking forward to an even better 2018, with more cash referrals paid to residents who love living here so much, they want their friends and family to join them!

Nancy Smiley

Peggy Carroll

Beth Humble

Sue McCallum

Friendly Reminder...

During snow season, please be sure to remove all mats from ground (they get caught in the snow blowers).

Please put all garbage in black or colored bags (no white), so it is visible when picking up.

WELCOME HOME NEW RESIDENTS

We welcome these new residents to our
Village of East Harbor Family:

Wilma Barth-C303

Jean Ciaramitaro-A104

Doug Miller-418

Marie Urbin-504

Alzheimer's Support Group

Hosted by Chaplain Laura

3rd Tuesday of every month

**2:00pm
Chapel**



**Make your appointment on
Wednesday, January 31**

**9-11:30am
Capman Hall**



2 Corinthians 5:17- "Therefore, if anyone is in Christ, he is a new creation.

The old things have passed away; behold, the new has come. "

Every year, we have an opportunity for making all things new; 2018 is no exception. In 2017, there were the start of many new beginnings.

Our renovations are well under way with 2 dining areas completed and now fully functional. We have much to look forward to with the growth and development of our community.

We also now have a large nativity scene that has been long awaited for, that will adorn the building for years to come. The dedication of the nativity also took place in December.

The beginning of additional chapel activities, events, and studies have taken place in 2017. We were honored to have had 2 successfully sold out shows of the Acapella group, "Three Men and a Tenor" , as well many Christmas concerts in our Chapel.

Now for the new year! The old has passed and a new blank slate is before us. What shall we write on our slate? What will we focus on building or strengthening in the new year?

The opportunities are endless. We can write a new story of loving a little deeper, forgiving a little quicker, being thankful a little more often, and slowing down to take the time to understand one another. Jesus was always purposeful and compassionate.

How can we be more purposeful in being purposeful in 2018?!— maybe to notice the needs of others and be purposeful in deeds, actions, and in our commitments, as Christ was the perfect example.

Lets set out to be purposeful, to learn, love, and grow— together. To take time to rest in the Lord, to delve a little deeper into the Word; maybe attend a Bible study or other Chapel activities or events and commit to be more faithful to one another.

We may think it's impossible to change, grow, or try something new, but with God all things are possible! Get and stay connected with Him and you will be AMAZED at what we, as individuals, are able to achieve!

Lets make 2018 the year of purposeful living and loving, seeing and meeting the needs of others, and having patience and compassion.

Committing to live purposefully in Christ,
Chaplain Laura Stone

DETROIT KITTY-CATS

*I'm up in the morning - out of a job;
Scratching for survival all day.
While Mr. Halfback has nothing to do
but fumble the football away.*

*Oh Lord! Don't you hear my stomach growling?²
My ribs are rubbing my back;
And meanwhile our blundering quarterback
feeds caviar to his cat!*

*Agent's quote: "My man ain't no blue collar worker
he needs money to hob nob!"
"No sir! Hell no he ain't no blue collar worker;
He's willing to fall down on his job!"*

*"Hey! The two of us are buddies!" yells Joey.
"We're both quarterbacks, him and me!"
"What's the sense trying to outdo each other?"
"To hell with rivalry!"*

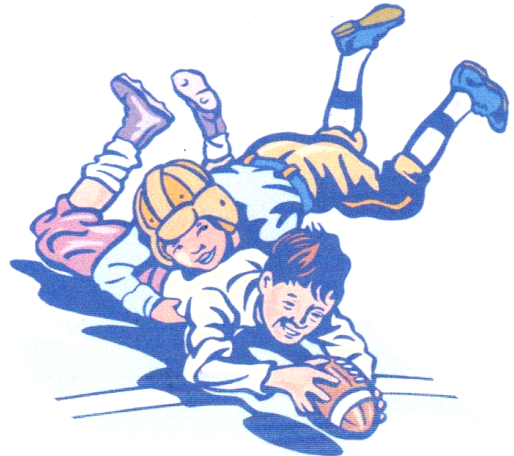
*Don't smile Mr. Ford, you're worse than off sides.
You've done a lot of clipping on your own.
While you sit snug in your leather bound chair
the taxpayers pay for the Ford Field Dome!*

*Now don't blame the union for your problems.
Union men would not sabotage the game.
Besides a union man has too much pride.
Mr. Ford don't you dirty up our name.*

*Sir your team shows not an ounce of effort.
Their glaring malady they can not hide.
From whistle to whistle one fact stands out -
They are claw less - they don't have any pride!*



*I wrote this poem when Joey
Harrington was quarterback.
Hasn't changed much has it?*



TO SKI OR NOT TO SKI

There's a magic that dwells in Harbor Springs.
A quiet beauty that brings you suddenly alive.
A chalet nestled beneath a skier's moon.
Smack in the middle of Four Season's Drive.
At first the Johns befuddled me.
Boy Bo would have been proud of me that day!
For the first time ever I didn't raise the lid -
Geez - could it have been the red and the gray?
Whistling - smiling - electrifying;
She zooms downhill in good stead.
Oohing - aching - terrifying
 she counts the bumps upon her head.
"Don't slam the door" you shout
 as the kids tear outside to race;
But idle mutterings is all they hear -
What else with a door embedded in your face.
You have challenged nature and won.
This victory leaves you blushing.
Suddenly you're brought back to earth...
In unison - three toilets flushing.

You walk barefoot through the forest;
The smell of pine erupts within your nose.
Squish - squish as yo run through the trees
 deer dung between your toes.
Skiing - twisted arms - shattered legs;
Breathing heavily through a busted nose.
Oh how do I put into words the ecstasy I feel
 for this wonderful sport I've chose?
There's nothing in the world like skiing;
It takes complete control and sets you free.
It makes you feel ten foot tall and confident -
It wraps your body around a tree!
Soaring through the air like an eagle;
Style and grace that's magnificent to see.
Coming to earth I become like a woodpecker;
My nose implanted in a tree!
Skiers dream of being downhill racers
Instant fortune -- instant fame.
Hi I'm the new world champion --
Jean Claude Smith is the name.
I admit that accidents do happen.
Sometimes in a most peculiar way.
Damn! Where'd that little fat man come from?
Ha! Eight reindeer and a sleigh.

Nubs Knob is truly fantastic.
Those hairpin curves are really cool.
I know someday I'll get lost forever
 between the john and my barstool!
Boyne Highlands I'll never forget you;
The memories will be constant and real.
I swear I'll remember you forever;
It'll take me that long to heal!
I must remodel this place to suit me.
Wow! This color scheme is out of sight.
I'll show the pride of a true Michigander -
Everything --- Green and White!

*I wrote this poem while on vacation
at Nubs Knob. It hangs on the wall of
Michigan's Skiing Hall of Fame.*

*The chalet we stayed at was owned
by those dastardly people from Ohio
State.*

*I love to watch people ski and jump but
I'll just stick to Snow Shoes.*



JANUARY EXCURSIONS.....

Friday, January 5

Movie Matinee

Wonder

10:15am

\$\$\$ on your own

Lobby

Monday, January 22

North American International Auto Show

Cobo Hall, Detroit

8:15am

\$7.00 purchase on arrival

Lunch on your own at the venue

Wednesday, January 24

Women's Lunch

Sugarbush Tavern

\$\$\$ on your own

11:00am

Monday, January 29

Second Glance Resale

And Lunch

\$\$\$ on your own

9:30am

Lobby

Tuesday, January 30

Premier Lanes /Bowling

Dollar Day

\$\$\$ on your own

1:00pm

Lobby

Wednesday, January 31

Men's Lunch

Johnny Lega's

\$\$\$ on your own

11:00am

UPCOMING EXCURSIONS.....

Coming in February...

Thursday, February 1

The Detroit Institute of Arts

Highlights of Permanent Collection

12:00 pm

February-exact date to be determined

Father Solanus Casey Center

DON'T GET LEFT BEHIND!

You **MUST** sign up for **ALL** shopping TRIPS and EXCURSIONS in the book found in the lobby and money in by the due date!

There must be 6 or more signed up or trips may be subject to cancellation.

Book Group Book this month:

Station 11

By: Emily St. John Mandel

Wednesday, January 17

3:30pm

Chapel



MJR MOVIE MATINEE



**FRIDAY, JANUARY 5
11:00AM, LOBBY
\$7.00 AT THE DOOR**



Detroit Auto Show Cobo Hall

**Wednesday, January 22, 8:15am
Lobby
\$7.00 at the door**



**Shop the BEST resale shop
in Michigan!
Monday, January 29, 9:30am, Lobby**

Premier Bowling

Dollar Day



Tuesday, January 30

1:00pm

Lobby

Snowman Door Hanger



Monday, January 8

10:00am

Chapel

Valentine Inchies



Thursday, January 31

1:30pm

Activity Room

INSPIRATIONAL READ is a time to come together for short readings of true-life stories taken from the book "For the Love of God: True Stories of Faith, Fellowship, and Divine Intervention" from Pastor Todd. The book is a compilation of short stories of inspiration, faith, hope, and encouragement. Chaplain Laura reads 2-3 brief stories (usually 2 pages long), after which we have discussion and share our thoughts about the reading and how the Lord impacts our lives.

Thursday's in the Chapel at 9:00am.

Tasty Thursday

January is National Soup Month
Come learn how to make and sample
some delicious soup cooked up by our
own
Chef Dustin.



Thursday, January 25

1:30pm

Chapel

Check out all the FUN we're having while being ACTIVE in January!

MONDAY—Circuit Training @ 9:00; Stretch & Relax @ 11:15; Arthritis Exercise @ 2:30

TUESDAY—Better Balance* @ 9:00; Indoor Walking Club @ 11:30; Balloon Volleyball @ 2:15

WEDNESDAY—Arthritis Exercise @ 9:00; Stretch & Relax @ 11:15; Tai Chi @ 2:15

THURSDAY—Better Balance @ 9:00; Billiards @ 11:00; Arthritis Exercise @ 2:30

FRIDAY—Circuit Training @ 9:00; Tai Chi Stretch @ 11:15; Balloon Volleyball @ 2:30

Check your Fitness Calendar for details!!

Residents Association Meeting December 12, 2017

Meeting was called to order at 1:35 by President, Bob Morrill 34 in attendance

An inspirational message, "Infinity Loops of Blessings" was given by Carol Morrill. She also thanked Chaplain Laura and the staff for the beautiful nativity scene in front of the building.

Carolyn Martin, Administrator During the renovations, until the new restaurant is opened guests may get meals in the Capman dining. The regular birthday dinner will not be held this month, but a joint celebration will be held in January or February. During the next couple months, they will try to accommodate most regular activities

Snow removal. If you have to leave your unit early in the day following a snow fall, call the front desk to request that you be plowed out early. There has been frustration over accumulation of leaves this fall. With them hanging on the trees until Thanksgiving and some very windy days it has been difficult for the maintenance staff to keep up. They will get to them as soon as possible.

The moving company is coming tomorrow to move the things from the building to storage so the renovation can begin. Staff have been very busy packing for this move.

3 Men and a Tenor was a terrific show. We hope to have them back next year. The nativity scene is beautiful. Notice that in the Trumpet is a section for questions to the administrator. Feel free to submit them and Carolyn will address them

Bob Morrill mentioned that in the suggestion box there was an inquiry about using tablecloths in the new dining rooms.

Chris Gordy, Fitness director. The fitness center is now open. On "Wellness Wednesday" at 2:30 she will be giving an orientation on the use of the equipment. Also, if you need help she will meet with you individually. Keep exercising even during the cold weather. You are invited to use a Health & Wellness Passport (available from Chris) to keep track of your activity during the winter. There will be a prize for the one who "logs the most miles". If you are walking inside the building, a circle from the main desk to one end of the building, back to the other, and back to the desk is about 500 steps, a good daily goal. Although wii bowling is on hold, if you are interesting in practicing she will try to set up a practice place in Haven Hall.

Brian Williams, Food Service They are trying the new AL dining rooms work better. There is now a cook in each dining room during meals. The staff is busy learning the new routines. The omelet station is available only for carry out this month. The big furniture has been moved out of the AL dining room to allow more space.

Bob Morrill thanked Brian for the very good Candlelight Dinner and dinners after 3 Men and a Tenor performance.

Betsy Mianecki, Activities Lead Her new office will be the first office on the left as you enter Haven Hall. Activities will continue during the renovation, but the location may have to vary from day to day. Remember to sign-up for the trips. They may have to be cancelled if that are not enough signed up. If you have to cancel please notify the front desk. The new sign up book is now at the front desk. December 22 is a combined December Birthday and Christmas party and December 29 a pre-New Year's Eve party.

Since the parking lot is particularly crowded during an event the bus will be available to pick up at your apartment and bring you to the building. Call ahead for pick up.

Joan Lehoczký moved that the minutes of the last meeting as published in the Trumpet be approved. Seconded by Pete Batts. Motion carried.

Darlene Wallace, Treasurer presented the financial report.

Residents Ass.n Account Oct 3, 2017	4229.49
Petty Cash Sept 12, 2017	
(No activity this period)	
Sugar Bowl Nov 7, 2017	255.34
Cash contributions 11/13/2017	31.10
Expenses	
Baskets for Candlelight Dinner	19.81
Mugs for Baskets	2.00
Yarn for bazaar items	33.90
Balance Dec 12, 2017	199.63

Cash Received from Candlelight Dinner

Purse Raffle: 966.00, Dressers 515.00 totaling \$1,481.00

Dinner attendance and other income and expenses not yet available.

Questions : Cost of baskets for raffle? (contents were donated by vendors at the bazaar); breakdown of proceeds from raffle. (Marketing Dept. of VEH donated the cost of the purse for the raffle.) More complete report next month.

Bob Healy spoke about the holiday cash gifts for employees. About \$1000 is needed to reach the projected goal. Pete Batts moved that \$1000 be donated from the Residents Association. Seconded by Neil Veneri. Motion carried.

Neil Veneri, Building and Grounds committee. Discussed; spotlights in the front need to be re-directed to illuminate the flag; would like to see the storage building and carports painted; request to remove personal items from carports so spots will be available for residents. Be sure that electrical cords are not across the sidewalk where they might be cut by the snow removal equipment.

Jean Campbell, Communications Walkers and canes are available for loan in the building as needed for short term use. Otherwise there is no pressing business this month.

There will be no committee meetings in January. The next Resident Association meeting is January 9, 2018. At 3:40 Linda Aderman moved that the meeting be adjourned. Seconded by Neil Veneri.

There was singing of a few Christmas carols and hot chocolate and cookies were served in the Activity Room.

Elaine Walton, Secretary

JUST A REMINDER...Committee Meetings are open to ALL Residents!

Building & Grounds

Meets the 1st Tuesday of every month at 2:30pm in Dining Room.

Communication Committee

Meets the 1st Wednesday of every month at 3:00pm in the Activity Room.

Culinary Committee

Meets the 1st Wednesday of every month at 1:30pm in the Dining Room.

Christmas Party



Directory

Accounting	
Tracy Tesch	716-7408
Activity Lead A/L & I/L	
Betsy Miannecki	716-7143
Administrator	
Carolyn Martin	716-7221
Admissions Specialist T.C.U	
Sue McCallum	716-7427
Assisted Living Nurse	
Denise Klimaszewski	716-7115
Beauty Salon	
Appointments	716-7180
Care Sync Case Manager	
Josie Villegas	716-7092
Chaplain	
Laura Stone	716-7438
Dining Services Mgr.	
Brian Williams	716-7419
Director of Nursing	
Melissa Freiburger	716-7416
Driver	
Ann Marie Hart	716-7142
Fitness Specialist	
Chris Gorde	716-7385
Front Desk	
Receptionist	725-6030
Haven Hall Nurse	
Lynette Sanday	716-7384
Housekeeping / Laundry Mgr.	
Mary Breen	716-7418
Maintenance Work Orders.	
Front Desk	725-6030
Maintenance	
Emergencies After 11:00pm	248-996-2470
HCC Activity/Volunteer Mgr.	
Sheri Stover	716-7021
Physical Therapy Mgr.	
Kim Frabotta, Agility Therapy	716-7398
Resident Care Mgr.	
Toni Greig	716-7426
Sales & Leasing Specialist	
Peggy Carroll	716-7397
Nancy Smiley	716-7183



1/01 Beverly Tarien
1/02 Robert Healy
1/4 Elizabeth Rogerson
1/05 James O'Grady
1/11 Elizabeth Bassett
1/13 Carol Deutsch
1/13 Teresa Gregiore
1/13 Eda Sahr
1/14 Lorena Stalls
1/14 Elaine Walton
1/17 Edith Armstrong
1/20 Vera Hallop
1/22 Wilma Barth
1/22 Helga Hermann
1/22 Kenneth Wingrove
1/27 Donald Young
1/31 Sherrie Knudson