



Village Trumpet



Embrace the possibilities

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January 2019



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The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



★ **FRIDAY, FEBRUARY 8, 2019** ★
★ **6PM-8PM** ★

**GRAND OPENING &
RIBBON CUTTING**



Marguerite's



Wear your favorite hat!



The Village of East Harbor invites you to join us for the Ribbon Cutting and Grand Opening of *Marguerite's Restaurant*.

Enjoy a special concert featuring *the Legend Brothers Show*. Small plate samples, signature drink, & cash bar offered to celebrate the dedication of our new restaurant.

First drink is on us!



RSVP

By February 6th

586-725-6030



FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:

Team work makes the dream work. Two heads are smarter than one. Great lines that resonate with me when I think about what it takes to keep our Village up and running smoothly. Our team of Managers, care staff, dining staff, maintenance staff, all work as a team. We meet regularly and discuss issues, problems, and share ideas. You are a part of the team as well. Resident Committees share their input and work on making things happen. It might be the grounds committee asking for new mailboxes, brainstorming about landscaping or the communication committee working on new resident handbooks. It might be someone attending the resident association meeting and asking a question. Residents volunteering to serve on the Resident Board or Village Board sharing their experience and skills. All of these are opportunities to help make our Village better and opportunities for input. If you would like to participate and make a difference, please join one of the committees. If there is a committee you would like to start; stop in and see Betsy. Fresh ideas always welcome!

Don't forget we can provide services to you right in your apartment. If you live in Capman or one of the outside apartments services are available. Maybe you need help managing your medications, or help with showering, maybe you would like meals delivered? Phone contacts are on every newsletter. We are here to help you. In addition, if you are planning on outpatient surgery, if we have rooms available you can arrange to spend the night and have staff check on you and oversee your recovery. Many surgeries that insurance covered overnight stays in hospitals are no longer paying for the hospital stay. Not everyone feels comfortable going home after having a procedure done. We are here to provide peace of mind and give you the care you need. Keep in mind it is best to pre-plan if you need transitional care after outpatient surgery. Contact Sue McCallum 586-716-7395 for more information.

ON Feb. 20th the Anchor Bay Chamber is hosting a Business Breakfast at The Village of East Harbor. You can register online at www.anchorbaychamber.com. Advance registration is \$20 or \$25 the day of the event. Learn about what is Trending in Macomb County presenting by Vicky Rad, Macomb County Department of Planning and Economic Development.

I hope you will join us in celebrating the ribbon cutting and Grand Opening of Marguerite's Restaurant. It is sure to be a wonderful evening enjoying small plate samples and Vegas Style entertainment. Wear your favorite hat to celebrate Marguerite Nolan's legacy. Reservations taken at the front desk. Seating is open and on a first come basis.

Our new Restaurant will be open Friday, Saturday evenings and Sunday Brunch. Watch for hours and the menu to be posted soon. Specialty desserts, mouth water entrees, and drinks will be offered. Reservations suggested but walk ins will be welcomed. The Cameron Café is open 6 days a week. New merchandise has been arriving so be sure to check out gift items, holiday items, and more.

Stay Warm,

Carolyn



Everyone has their own reason for choosing The Village of East Harbor as their home: socialization opportunities, freedom from maintenance, convenience and independence when you no longer drive, or knowing that you will never need to find another place to live if your care needs increase in the future.

Here is something else to consider – as you probably know, we have the best state of the art rehab right here. Hopefully, you will never need to take advantage of it to regain your strength following a hospital stay, but it is comforting to know you have priority access to it. In addition, I'm sure you are aware that we also have assisted living apartments that are available on not just a month-to-month basis, but also respite for one to fourteen days at a special daily rate. Should you ever be in a position that requires just a little more help than you normally require, these assisted living rooms are available for you, or friends and family members also! This special rate, comparable to the daily rate for a nice hotel, includes all meals, housekeeping, laundry, medication management, assistance with dressing and bathing as well as all other amenities enjoyed by our residents. If you are a planner, and looking at some surgery in the coming year, please consider a temporary assisted living stay for your comfort and safety upon discharge rather than going home alone, whether or not rehab therapy is required.

If you have any questions about his program, please contact Nancy at 586 716-7183.

Nancy Smiley
Peggy Carroll
Sue McCallum
Beth Humble

WELCOME HOME NEW RESIDENTS

We welcome these new residents to our
Village of East Harbor Family:

Carol Craycraft—504

Arnold Wilson—R-2

Marie Urbin—117

Alzheimer's Support Group

Hosted by Chaplain Laura
3rd Tuesday of every month
2:00pm
Chapel



From The Desk Of Chaplain Laura...



FEBRUARY

DEDICATED TO LOVE

For decades, "Valentines Day" has been celebrated as a time of love, through greeting cards, sweets, hearts, and flowers.

At the time of Roman Catholic Priest St Valentine, the emperor of that time, was Claudius, (a persecutor of the Church) who banned marriage of young people due to war, stating that a wife and children would be a distraction to the focus on war, banning marriage.

The church believed marriage to be sacred between two people, for life, and was to be encouraged.

St Valentine secretly began marrying couples in the church, eventually caught, persecuted, beaten and imprisoned for performing marriages.

As did Jesus Christ, He eventually lost his life for his cause... **LOVE.**

"Valentine has come to be known as the patron saint of lovers. Before you enter into a Christian marriage you want some sense of God in your life—some great need of God in your life. And we know, particularly in the modern world, many people are meeting God through his Son, Jesus Christ.", stated Father O'Gara of Dublin, Ireland, adding, "What Valentine means to me as a priest, is that there comes a time where you have to lay your life upon the line for what you believe. And with the power of the Holy Spirit we can do that—even to the point of death."

TRUE LOVE.... laying down your life for another.

February's **Breakfast With Our Chaplain** will be at **The Pantry** on **Monday, February 18**. Please meet in the lobby by 8:45, we will leave promptly at 9.

If you need to be picked up, I will arrive between 8:45 and 9:00.

Please sign up in the sign up book in the Activity Room if you'd like to attend. All updates, Chapel events and information including notices of funeral/ memorial services are posted on the Chapel board.

In His Service,

Chaplain Laura Stone

Minutes of the Residents Association January 8, 2019

The meeting was called to order at 1:32 p.m. At the meeting for the first time were Mable Campbell and Pat Walker. The pledge of allegiance to the American and Christian flags was led by Bob Healy.

Staff reports

Carolyn Martin

- We are interviewing for the head of environmental care.
- We just hired a new head of housekeeping - Terry
- We are accepting requests for additions that are reasonable: more parking – 2 new spots for Capman Hall.
- Speedbumps are down for the winter.
- If we need to get out extra early in case of snow, ask for early clearing.
- New events:
 - ◊ Opening and ribbon cutting of Marguerite's Restaurant – Feb. 8 at 6 p.m. Free but must sign up at front desk. A concert will follow. We are allowed 1 alcohol drink per person.
 - ◊ Monday Special at Café . It will have a later meal because restaurants are often closed. They also have sugar-free drinks.
- Health and Wellness Center:
 - ◊ Part of the first phase will be completed in 2020.
 - ◊ There will be a mid-rise with approx.. 70 apartments. Some will have balconies and possibly there will be a roof-top balcony.
- In 2020 we will have been in business for 75 years.
- Two dining rooms are under construction. There will be new flooring because of problems with the original.
- Haven Hall dining room will be started soon.
- Someone asked if the hours for entering could be later. 9:00 is thought to be good.

Laura Stone – chaplain

- The date for breakfast with the chaplain has been changed from Mon. Jan. 14 to Jan. 28 and will be at the "Pantry". We will leave at 9 a.m.
- Monday Jan. 21 is Martin Luther King, Jr. day and we will have bible study.
- It's Epiphany when the 3 Kings arrived, but it actually took them about 3 years to get there.

Kris Gordy – fitness

- If we do fitness on our own, we must fill out paperwork.
- There is a sign-in sheet near the entrance; sign-out is not necessary. Will add a suggestion box.
- Use spray sanitizer before and after use of equipment.
- Clean towels are available with a hamper for dirty ones.

Betsy Mianecki – activities

- There will be a presentation about J.L. Hudson next Tuesday, Jan.17. We will get samples of their Maurice Salad.
- We will remove Christmas decorations on the outside soon.
- Put garbage in black bags after snow arrives
- Hot tea day and manicures are on Friday at 9 a.m.
- Show and Tell will be next Monday, Jan.16.
- Friday, Jan. 18 we will have a movie and popcorn.
- Pie day is Jan. 23 at 10:30.
- Women's lunch is also Jan. 23 at 11:00.
- Chili Fest is Jan. 26 at 5:30. The cost is \$5 at the door.
- Jan. 24 and 28 we will make a Valentine's Day door hanger. We need 2 days.
- Jan. 29 is puzzle day.
- Jan. 28 we will go to the Second Glance resale shop, leaving at 12:30.
- Jan. 31 we will go to the DIA to see the highlights of the permanent collection, leaving at 11:30.
- Jan 30 (Wed.) is Travel the World Day when we will study New Zealand and sample food from the area – 1:30.
- 15 years ago the Residents Association paid for all our entertainment. 4 years ago it was decided that the cost would be split 50/50 with the activity budget.

Business Meeting

- Since there were no additions or corrections to the minutes, **Pete Batts moved that they be accepted as written, seconded, and passed.**
- Pete Batts read the Treasurer's report
- Cost of postage and stamps taken out of petty cash
- No final reports for the Bazaar and Candlelight Dinner.
- Bob Healy reported on the Christmas Fund. \$15,000 from Marguerite was added to the payments. We received over \$25,000.

Committee reports

Frank Gitre – Buildings and grounds

The maple tree was not repaired.

- The spots where speed bumps were need fixing.
- The Residents Book will be ready in about 2 weeks.

Bob Morrill gave an inspirational reading, and the meeting was adjourned at 2:42.

Beverley Pack

Secretary, Residents Association

FEBRUARY EXCURSIONS.....

Monday, February 18

Breakfast w/ the Chaplain
Pantry
9:00am
\$\$\$ on your own
Lobby

Monday, February 18

Second Glance Resale
\$\$\$ on your own
1:00pm
Lobby

Tuesday, February 19

Men's Lunch
Sugarbush Tavern
11:30am
\$\$\$ on your own
Lobby

Monday, February 25

Women's Lunch
Sugarbush Tavern
\$\$\$ on your own
11:30am
Lobby

Thursday, February 28

Detroit Institute of Arts
Thursday's at the Museum
Free Entrance
11:30am
Lobby

UPCOMING EXCURSIONS.....

Coming in March...

Detroit Opera House
SS Candide Rehearsal
Opera Dress Rehearsal
March 8
9:00am
\$25.00
Money due February 1

New Production! Celebrate the centenary of Leonard Bernstein with this new production featuring the Michigan Opera Theatre Studio Artists! Bernstein's funny, philosophical, quick paced take on Voltaire's biting satire on the tragedy of human nature. Its effervescent score includes the classic songs, *Make Our Garden Grow* and *Glitter and be Gay*.

Lorenzo Cultural Center
Museum Theatre: Turmoil and
Transition in the 70's
March 14
9:30am
Free

Please sign up-space is limited!

In this original play, Michigan-based playwright Kristin Hanratty, explores the themes of a decade that changed America. From "the silent majority" and war protesters, to a game show, you won't want to miss what promises to be a compelling piece of theatre. This one hour play was commissioned by the Lorenzo Cultural Center specifically for this exhibit.



National Wear RED Day
Join us for
our annual wear red day
picture!
Friday, February 1
11:00am

SUPERBOWL Pre-Party



Sunday, February 3

1:30pm

Activity Room



**Conversation Heart
Candy Making Class**
Monday, February 4
1:30pm
Activity Room



Valentine Cookie Decorating
With
Immaculate Conception Students
Wednesday, February 6
10:30am-Activity Room

Brain Fitness ~ Seniors Staying Sharp



Join Marcia Relyea in this 4 week fun interactive event on the aging brain.
Learn to use all the latest tricks and strategies to maintain and improve the
most important organ in the body, your brain.

Tuesday, Feb. 5 ~ Monday, Feb. 11 ~ Tuesday, Feb. 19 ~ Tuesday, Feb. 26

1:30pm ~ Activity Room

MAKE A HEART SHAPED SOAP

WEDNESDAY, FEB. 13
1:30PM
ACTIVITY ROOM



SHOW & TELL

WEDNESDAY, FEBRUARY 20
1:30PM
ACTIVITY ROOM



Travel the World at our Valentines Day Party To the City of Love ~ Paris

Thursday, February 14

1:30pm

Activity Room



Come experience the history of J.L. Hudson's
through photographs and memorabilia. Join
Detroit historian and author Michael Hauser as
he shares fond memories of the glory days of
this iconic department store.

Tuesday, February 27

1:30pm

Chapel

National Puzzle Day



Happy Hour



Ladies Lunch ~ Cracker Barrel



LOVE Craft



Directory

Accounting	
Tracy Tesch	716-7408
Activity Lead A/L & I/L	
Betsy Miannecki	716-7143
Administrator	
Carolyn Martin	716-7221
Admissions Specialist T.C.U	
Sue McCallum	716-7427
Assisted Living Nurse	
Denise Klimaszewski	716-7115
Beauty Salon	
Appointments	716-7180
Care Sync Case Manager	
Josie Villegas	716-7092
Chaplain	
Laura Stone	716-7438
Dining Services Mgr.	
Brian Williams	716-7419
Director of Nursing	
Melissa Freiburger	716-7416
Driver	
Ann Marie Hart	716-7142
Environmental Serv. Adm. Asst.	
Shelby Jones	716-7436
Fitness Specialist	
Chris Gorde	716-7385
Front Desk	
Receptionist	725-6030
Haven Hall Nurse	
Lynette Sanday	716-7384
Housekeeping / Laundry Mgr.	
Teri Lynn Taylor	716-7418
Maintenance Work Orders.	
Front Desk	725-6030
Maintenance	
Emergencies After 11:00pm	248-996-2470
HCC Activity/Volunteer Mgr.	
Sheri Stover	716-7021
Physical Therapy Mgr.	
Kim Frabotta, Agility Therapy	716-7398
Resident Care Mgr.	
Toni Greig	716-7426
Sales & Leasing Specialist	
Peggy Carroll	716-7397
Nancy Smiley	716-7183



2/03 Archille Jones

2/05 Kardia Kacel

2/07 Audrey Bolton

2/08 Gerald Cassidy

2/10 Helen Beaudin

2/24 Robert Jones

2/27 Ken Baker

2/27 Marlene Batts

2/27 Steven Huber

2/27 Patricia Walker

JUST A REMINDER...

Committee Meetings are open to ALL Residents!

Building & Grounds

Meets the 1st Tuesday of every month at 3:00pm in Marguerite's.

Culinary Committee

Meets the 1st Wednesday of every month at 1:30pm in Marguerite's.

Communication Committee

Meets the 1st Wednesday of every month at 3:00pm in Marguerite's.