



Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

May 2022



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The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



¡CINCO DE MAYO!
FIESTA
HEALTH & WELLNESS CENTER
OPEN HOUSE
&
BISTRO GRAND OPENING
THURSDAY, MAY 5
2:00PM
BISTRO
HONORING ALL OF OUR DONORS
EVERYONE IS INVITED!

Mother's Day Omelet Bar

Marguerite's Restaurant

Sunday, May 8

8:30-11:30am

Residents: \$12.50

No Reservations ~ Purchase Tickets at the Front Desk

FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



I hope you were able to attend our Friends and Family kickoff surprise party. We celebrated David Miller's 35th Anniversary. Staff performed a variety of lip sync songs and David was the lead performer. Just as he leads his teams he did an outstanding job performing with staff. David found out at the end we were celebrating his service thru the decades.

He was very moved. Staff gifted him with chocolates and lottery scratch offs, His favorites. He won \$57 dollars! Residents laughed, danced, and said we should do this every month!

See you May 5th, as we celebrate the Grand Opening of our new Bistro. Join us for Mexican fare as we incorporate Cinco De Mayo. Tour the wellness center. Enjoy a sneak peak of the mid-rise apartment models. We are excited to show off our fitness center too. Don't forget if you need outpatient therapy talk to your physician and enjoy the convenience of therapy right on campus.

Special thanks to all who donated to make this all possible. See what you accomplished when you donated money to friends and family the past years. When we talk about friends and family and promote donations it is because we get the benefit of being able to use the money you , staff, friends, and family give right here at home. It is exciting and gratifying to see your dollars at work.

Some of the past donations that we received built our Chapel, gifted our transportation bus, helped residents who outlived their resources to supplement their funds so they could still reside here, and now our Bistro, fitness and therapy Health and Wellness Center. Wow!

Our Beauty Salon is now open full time. Book your appointments soon. Staff, friends, family, community are all welcome. Many services priced lower than you might expect. Color services, perms and more.

Happy Spring!

Carolyn Martin



MARKETING

If April Showers bring May flowers, we can look forward to many beautiful blooms!

It is not just the flowers coming into bloom, although the early ones are so precious, everything around the Campus is blooming and about ready to open wide up!

Our new Ranch Apartments are ready for their new Residents, prime locations are still available. The Mid-Rise 1 and 2 Bedroom Model apartments are open to tour, by appointment. The new Bistro is heating up, getting ready to serve Residents and the Health and Wellness Center, well there's a party going on in there this month too!

Don't forget that we give new resident referral bonuses! See anyone of the Sales and Leasing Specialists for details.

WELCOME HOME NEW RESIDENTS

We welcome these new residents to
our Village of East Harbor Family

Josephine Gradowski—L-2

Laura Mabee—50818 Esther's Way

Thomas Martiss—615

Jean & Clyde McKeehan—R-1

Peter Swindlehurst—50818 Esther's Way

To share timely information regarding
COVID-19, we have set up a toll-free
number for our residents, families and
staff.

Call our Community Care Line at:

888-412-5999

You can get the latest report straight
from David
at The Village of East Harbor

The **CAMERON CAFÉ** is now OPEN!

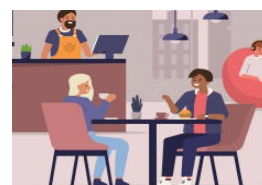
Come in and check out the NEW menu and specials.

OPEN EVERYDAY FOR GRAB & GO

GRILL OPEN MONDAY-FRIDAY 8:30-3:30pm

Orders from the kitchen can be placed at the front desk, pick-up within 30 minutes.

Please call or pick-up a menu at front desk.



BISTRO Soft Opening ~ May 3 & May 4
8:30-3:30pm

Join us for the **GRAND OPENING** ~ May 5 ~ 2:00pm

Resident Association Meeting Minutes 04/12/2022

Meeting Called to Order at 1:30pm by President Janet Lickman

Pledges to the American and Christian Flags

No new first time attendees or residents

43 Attendees

David Miller was first to speak on Friends and Family. Every April a goal is set to raise funds. This years goal is \$25,000. If reached, we'll get and additions \$5,00. Donations will be put in a mixed general fund specifically for East Harbor to help staff and/or residents for a variety of reasons. Last year a Gazebo was added in one of the courtyards. A suggestion has been made to add a Pickleball Court. David also spoke on the Wellness Center. Anyone interested in using the equipment needs to complete an orientation with Chris. Eventually key-fobs will be issued to enter the center. There will be a grand opening held in the Bistro on May 5.

Carolyn – Dining Services (for Hisam)

Weekday specials are available in Cameron Café and weekends from the kitchen. New menus will be available this weekend. Ordering from the kitchen menu will resume April 25. The first omelet bar will be on Mother's Day. Potlucks as well as the Birthday Lunch start in May. The Bistro will have a soft opening May 2-4 with a limited menu. Possibly sliders and fries.

Administrator – The Beauty Salon is now fully staffed and open Monday – Friday. Wear your favorite animal prints to the Fierce Fashion show on April 30. If you want to model, let Betsy know.

Scott – Building and Grounds

David Brown has moved to days in the Team Lead position. David Spies (D2) is working the afternoon shift. Gabe Medrano comes to us from AZ. He worked with the fire dept, built robots for the Big 3 and was a high school teacher. Fixing and paving of the roads as well as new signage has been scheduled for May. Fish Window Cleaning will be in the Village April 18, 19 and 20. They will also clean the screens for those who have enclosed patios.

Chris – Fitness

To use the new equipment in the Wellness Center, training is required and paperwork must be signed for legal purposes. Starting in May, all classes will be held there.

Laura – Chaplain

Has resources for many needs due to her years as a Social Worker. What I Do Matters, is a way to recognize employees for their service. Give the card to them and they will give to their boss to be put in a monthly drawing. The Interfaith Choir will perform a concert on May 9. Cookbooks are available in the Café at an Easter special price of \$15. Free baskets of different sizes are outside the chapel.

Betsy – Activities

Thanks given to Nancy for Memoir Writing and Glen for the Hand and Foot card game. Friends and Family kick-off is Thursday with a 'Rockin in the Village' show. We will also celebrate David's 35 years of service and his birthday. The fashion show on April 30 includes a lunch for \$10 and is open to the public. Models are wanted. A new podiatrist from Shores Podiatry is available. Crochet and

knitting group will meet once a month. A suggestion to make granny squares for an afghan was made. The Top Golf outing was a lot of fun and will be scheduled again in May. Remember to sign up for activities when necessary.

New Business:

Pat – Treasurer

Resident Association Account: \$1889.19

Petty Cash: \$672.62

Motion to donate \$500 to Friends and Family was passed by all attendees.

Meeting adjourned at 2:50pm.

The Village of East Harbor RESIDENT ASSOCIATION MONTHLY MEETING

Date: Tuesday, May 10

Location: Marguerite's Restaurant

Time: 1:30pm

Resident Potluck

Sunday, April 15

4:00pm

Marguerite's Restaurant



Let us know what you are bringing
Please sign up in Activity Room

JUST A REMINDER...

Committee Meetings are open to ALL Residents!

Building & Grounds

Meets the 1st Tuesday of the month at 3:00pm in Marguerite's Restaurant.

This month will meet Tuesday, April 5 at 3:00pm.

Culinary Committee

Will Meet the 1st Wednesday of the month at 3:00pm in Marguerite's restaurant.

This month will meet Wednesday, April 6 at 3:00pm.

MONTHLY
Birthday
Dinner



Is Back....

The third Thursday of every month at noon, join us for Birthday dinner in Marguerite's Restaurant. All Residents will receive complimentary punch or wine. If your birthday falls within the current month, you will receive a FREE Birthday meal and you may bring one guest for 1/2 off. The special Birthday meal is \$15.00. Pay or charge your meal to your room at the front desk.

Please sign up in the Activity Room.

All Assisted Living Residents, your Birthday Dinner is included in your meal plan.

Join us for Birthday Entertainment at 1:30 in the Chapel.



From The Desk Of Chaplain Laura...

MAY



1 Peter 4:10-11¹⁰ Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. If anyone serves, they should do so with the strength God provides, so that in all things God may be praised through Jesus Christ.

I am in need of a few helpers to assist with wrapping approximately 20 small gifts on Thursday, May 5 at 1:00. If you are able to assist, please contact me at (586) 424-5674 or stop in and see me.

National Day of Prayer- Thursday, May 5, was created in 1952, and signed into law by President Truman. **Beginning at noon**, people across the nation, in all 50 states, will turn to God in prayer and meditation. The Chapel will be open for personal prayer. Please lift up our nation, all leadership, PVM, The Village of East Harbor and all staff, our residents, families, and all who serve us in military, police, and fire.

Mother's Day. Sunday, May 8 is designated to honor all mothers. It is a day set aside since 1914, by President Truman to commemorate and celebrate mothers.

Please join us for a special **Mother's Day service Sunday, May 8 at 11:00 am.**
Interfaith Choir with Betty Carrothers Monday, May 9 7:00 pm in the Chapel

Join us for our special **Memorial Day service on Sunday, May 29 to honor all who served our country.**

Please check your calendar and our Chapel Bulletin board in the hallway across from the chapel for specials, updates, and concerts.

If you have need of prayer, a visit, or spiritual needs, please contact me at (586) 424-5674.
I am here for you and just a phone call away.

*In His Service,
Chaplain Laura Stone*



MY BROTHER BOB

BY MAGGIE PEACOCK

May 2020 update Feb. 2022

Assisted Living resident and participant in the "MEMOIR WRITING GROUP"

We were in Holly, Michigan saying goodbye to my brother, Bob who died April 2020. We told each other something special about him. I mentioned having fun with him growing up! Lynn, his third oldest said "I never heard that." Second son said "I never heard that either." So I told them I would write up the things we shared and I mailed it to each one.

He taught me how to play checkers, marbles, and chess. I taught my son chess & I never won again! He showed me how to make chocolate pudding. "Open a "MYTFINE" box of chocolate pudding mix, and add it to 2 cups milk, mix, heat and stir until bubbles appeared, then we would split it and cool it down. One morning we split a banana in half. His slice fell on his Rice Krispies and covered the cereal. I didn't think that was fair. He had more banana than I did. Then he showed me if you slice the banana thinner you can cover more! So I fished my slices out of the bowl and cut them thinner. My brother was so smart. Bob used to take me to the movies, but good things come to end when Mom said "Let your brother go with his friends." I thought it was fair, but I didn't like it!

We shared a bedroom with bunk beds. A table was in between us with a radio. We would listen to it until mom called up "turn the radio off and go to sleep". Bob would turn it way down. It's amazing what you can hear if you don't breathe too loud. Sometimes Bob would take his Boy Scout flashlight under the covers and read.

I thought Bob was a magician. One Saturday my sister and I were cleaning and he stepped in to show us a trick! He then swung the bucket of soapy water in a big circle with the bucket upside down and the water didn't fall out! I cringed at first, but then stood there in amazement!

In June, 1948 Bob got a job at Chrysler. It wasn't too long before they went out on strike. He then painted the whole house, white with green trim.

Bob's friends started getting "Greetings" and they all went into the Army. Bob also went into the Army and was stationed at Camp Chaffee, Arkansas, then to Korea.

Before Bob left he took me to the Krim Theatre, the RKO at Six Mile & Woodward. The Krim was special and showed "The Red Shoes". We dressed up because it was so special. I remember walking across Woodward Ave. Wow, did I feel grown up! The Red Shoes was about a ballet dancer starring Norma Shearer. You know, folks, now that I think of it, what brother would take his sister to a movie where they danced ballet through most of it?

WOW! WHAT A BROTHER!!! WOW! WHAT A DAD!!!

Health and Wellness News

Christina Nahorodny, Fitness Specialist

May is a month of many health observances including:

**Older Americans Month,
Employee Health & Fitness Month and
Physical Fitness and Sports Month**



**Time to get outside for our
2nd Annual
Resident**

vs.

Staff



Pool Noodle Baseball Game

Wednesday, May 25th

1:30pm ~ Front Parking Lot

EVERYONE is invited to play!



Check your calendar for changes to the fitness class schedule.

**All 9:00 am classes will be held
in the new Health and Wellness Center!
Don't forget that anyone wishing to use
either of our Fitness Centers must have
an orientation and updated paperwork on file.**

To make an appointment for an orientation or for anything else fitness related,
please contact: cgorde@pvm.org OR 586-716-7385

Memoir Writing Made Easy

EVERYONE HAS A STORY TO TELL!!

This group meets once a week to share stories and practice writing. You don't have to be a good writer to share your memories.

Mondays 2:30pm Activity Room

Crochet and Knitting



Join Us for some Yarn Therapy
All levels Welcome!

**3rd Tuesday of every month
2:30pm—Activity Room**

You will have the option to donate your creations to those in need.



**Hand & Foot
Wednesdays
1:30pm
Activity Room**



Make a Summer Bracelet

**Thursday, May 12
1:30pm**



**Friday, May 6
1:30pm
Activity Room**



Wear your favorite hat!

SUMMER DOOR HANGER

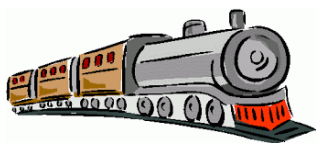


**THURSDAY, MAY 26
1:30PM
ACTIVITY ROOM**

**Who Makes the BEST
Mystery Trip
Friday, May 27
11:30am—Lobby**



Model Train Demonstration



**JOIN ALEX, JOYCE SALAME'S
SON-IN-LAW TALK ABOUT HIS MODEL
TRAIN AND SEE A DEMONSTRATION.**

**FRIDAY, MAY 13
1:30PM
ACTIVITY ROOM**

Voyage of Three at Sea

Come hear the adventures of traveling 35 thousand nautical miles that took this family from Nova Scotia to Alaska via the Panama Canal. A journey inspired by the idea that there is more that unites us as people than divides us.

**Friday, May 20
2:00pm
Activity Room**



Friends and Family



Men's Lunch



EXCURSIONS

Wednesday, May 11

Women's Lunch—Voyageur

11:30am

\$\$\$ On your own

Thursday, May 12

The Snug Theater

Money Due-May 2

\$30.00

Dinner at Marine Fish Company

3:30

\$\$\$ On your Own

Wednesday, May 18

Men's Lunch—

11:30am

\$\$\$ On your own

Monday, May 23

TopGolf

9:30am

\$10.00

Lunch & Drinks on your own

Friday, May 27

Who Makes the Best Pizza Contest

Mystery Pizza Trip

11:30am

\$\$\$ On your own

TRANSPORTATION SERVICES

Sign up for outings either in the Activity Room in the Binder or call Ann Marie: 586-716-7142

Space is limited!

Before making appointments, Please call Ann Marie for availability .

Ann Marie: 586-716-7142

Transportation services outside of Chesterfield are subject to charge.

BEFORE GOING ON ANY TRIPS YOU MUST EMPTY YOUR WALKER! WE WILL NOT LOAD WALKERS THAT ARE FULL.

The Snug Theater
The Bikinis
a new musical beach party

Thursday, May 12

Tickets: \$30

Money Due:

May 2

Dinner at

4:30pm

Show starts: 7:30pm



Excursions & Activities

May be CANCELED at anytime without prior notice due to COVID outbreaks, weather conditions or illness.

Directory

Accounting	
Tracy Tesch	716-7408
Activity Lead A/L & I/L	
Betsy Mianecki	716-7143
Administrator	
Carolyn Martin	716-7221
Admissions Coordinator TCU	
Beth Humble	716-7427
Assisted Living Nurse	
Denise Klimaszewski	716-7115
Beauty Salon	
Appointments	716-7180
Chaplain	
Laura Stone	716-7438
Community Liason	
Sue McCallum	716-7395
Dining Services Mgr.	
Hisam Chowdury	716-7419
Director of Nursing	
Jeff Robinson	716-7416
Driver	
Ann Marie Hart	716-7142
Environmental Serv. Adm. Asst.	
Michelle Willer	716-7418
Executive Director	
David Miller	716-7410
Fitness Specialist	
Chris Gorde	716-7385
Front Desk	
Receptionist	725-6030
Haven Hall Nurse	
Derek Vanhaaren	716-7384
Housekeeping / Laundry Mgr.	
Teri Lynn Taylor	716-7418
Maintenance Work Request	
Front Desk	725-6030
Maintenance	
Emergencies After 11:00pm	248-996-2470
HCC Activity/Volunteer Mgr.	
Sheri Stover	716-7021
Physical Therapy Mgr.	
Kim Frabotta, Agility Therapy	716-7398
Resident Care Mgr.	
Toni Greig	716-7426
Sales & Leasing Specialist	
Liz Eland	716-7223
Peggy Carroll	716-7397
Kathy Moore	716-7183



5/01 Cecelia Karash

5/08 Lucille Cope

5/15 Fred Cline

5/17 Rita Edwartowski

5/20 Ellen Kunath

5/26 Anna Gasowski

5/31 Ila Cline

5/31 Donald Cramton



A GIFT IN YOUR WILL
can change the lives of seniors.

The Village of East Harbor is able to provide the best quality housing, programs and services to seniors throughout Michigan with the generous support of **YOU** the donor.



Please consider a charitable bequest...

*Find out how **YOU** can help future residents.*

Contact David Miller at 586-382-1866



g a m e n i g h t

Saturday, May 21 **6:30-?** **BISTRO**

Snacks & drinks will be provided

RSVP by: May 16

Betsy-586-716-7143



Decoupage a Planter & Plant a Flower

Thursday, May 26
3:00pm
Bistro

RSVP by: May 18 - Betsy-586-716-7143

