



Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

March 2018



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Events

Whazzup...

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LUCKY YOU

Come Celebrate March Birthdays

and

St. Patrick's Day

Thursday, March 15

1:30pm

Chapel

Featuring:

The Shannon Irish Dance Company

&

Bagpiper-Don Ross

Happy Hour & Cake To Follow







The Village of East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



Be sure to set your clocks ahead before going to bed Saturday night.



DAYLIGHT SAVINGS TIME BEGINS 2:00AM MARCH 11

FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



You asked and we listened to your request. The resident communication committee presented a request that we create a trifold with staff pictures, titles, and short job descriptions. The committee felt this would be beneficial for all residents so when they need to reach out they have a better idea who to contact and what they look like. We agreed and have started taking pictures and are working on a booklet for the communication team to review and then we will distribute. We are also creating new picture/staff boards as well. Keep the suggestions coming.

The Cameron Café is starting to come along and we are getting excited seeing the progress. The construction timeline continues to forecast the dining room and the café to be open around April 10th.

The restrooms across from the Chapel are due to be finished shortly. We will then begin construction on the multi-stall guest bathrooms when those are turned over. Soon you will see a mobile kitchen delivered and it will be hosted in the front of our building where water, sewer, and electric are available. I have seen pictures and it is incredible to see the equipment in the state of the art mobile kitchen. They used these mobile kitchens after hurricane disasters, hospital renovations, and building renovations like ours. The kitchen will allow us to continue to serve meals without interruption as the construction transitions to the kitchen area.

Flu season is still here. If you find yourself needing any services to help you with the flu or any illness you might be experiencing please call the front desk for assistance and they will refer your call to the proper department to get you the help you need. Maybe you need meals delivered for a few days or shower assistance, or even spiritual visits. Please know staff is available and here to assist you.

I have continued to repeatedly ask the Construction team to make sure construction contractors do not park in the front lot. It has been an ongoing battle that I intend to win. If you see a construction crew worker parking in the front main lot please notify the front desk or myself immediately.

The rain fell hard for a few days but at least we didn't need inflatable rafts to get in and out of the campus. I saw a community in Memphis, Michigan by the Belle River that had to call the fire department to bring in inflatable rafts!! The waters are at high levels this year. Our licensure makes sure we create disaster plans in case of an emergency so we will be equipped to shelter in place or evacuate.

We will be celebrating Friends and Family Campaign Kickoff in April in our new dining room. We need approximately \$300,000 more dollars to achieve our goal of raising enough money for the new Health and Wellness Center. The new Rehab Center is currently under construction and the new Health and Wellness Center will be built in the back by the new Rehab Center when the fundraising campaign is over. There is a lot happening on our campus and we have had some growing pains. All of us are looking forward to seeing the finished products. We will be having the Big Reveal and celebrating this summer!

Be well,

Carolyn



Hello and Happy Spring from the Sales, Marketing and Admissions Team! What an exciting time to be living or working at The Village of East Harbor! We were able to get a sneak peek at the new rehab center, which is currently under construction, a few weeks ago, and it is a truly amazing, state-of-the-art facility that we can be very proud of. Because of all of the construction inconvenience and some available rooms, we have extended the move-in special rates in assisted living through March. This is an incredible savings, and the greatly reduced rates are available for new moves only to assisted living for three months, after which the regular rates will apply, and based on availability. If you know of anyone who would benefit from the extra services included in living with us in the main building, please let Nancy or Peggy know to contact them so you can get that \$250 referral bonus. If you are considering assisted living for yourself, also call Nancy (716-7183) or Peggy (716-7397) to get details and answer your questions and tour our newly remodeled rooms. We now offer one bedroom assisted living apartments with kitchens. While out walking our beautiful campus looking for signs of Spring, make sure to say hello to your new neighbors! We have had several new residents move in lately, and are expecting a few more. Please make them feel welcome and invite them to join us in some activities and trips.

Have a fun month, and be well!

WELCOME HOME NEW RESIDENTS

We welcome these new residents to our
Village of East Harbor Family:

Judy Demick—403

Gloria Krol—401

Bobbye Ruth Pierce—500

Sam Vicari—509

Alzheimer's Support Group

Hosted by Chaplain Laura

3rd Tuesday of every month

**2:00pm
Chapel**

JUST A REMINDER...Committee Meetings are open to ALL Residents!

Building & Grounds

Meets the 1st Tuesday of every month at 2:30pm in Capman Hall.

Culinary Committee

Meets the 1st Wednesday of every month at 1:30pm in the Capman Hall.

Communication Committee

Meets the 1st Wednesday of every month at 3:00pm in the Capman Hall.



From The Desk Of Chaplain Laura...

One of the world's most popular saints, captured by Irish pirates and taken to Ireland as a slave shepherd at age 14. St. Patrick turned to God and wrote his memoir, *The Confession*, in which he wrote: "The love of God grew in me more and more, as did the faith, and my soul was rosed. I prayed day and night, in the woods and on the mountain, even before dawn. I felt no hurt from the snow, ice or rain."

Captive until age twenty, he escaped after having a dream from God in which he was told to leave Ireland by going to the coast. There he found some sailors who took him back to Britain and was reunited with his family.

A few years after returning home, Patrick saw a vision he described in his memoir: "I saw a man coming from Ireland, carrying many letters, he gave me one. I read the heading: 'The Voice of the Irish.' As I began the letter, I imagined in that moment that I heard the voice of those who cried out, as with one voice: 'We appeal to you, holy servant boy, to come and walk among us.'" The vision prompted his studies for the priesthood, later ordained a bishop and sent to take the Gospel to Ireland.

After an intervention from God, Patrick was able to convert thousands, preached the Gospel throughout Ireland and began building churches across the country.

He often used **shamrocks** to explain the Holy Trinity (Father, Son, Holy Spirit). Entire kingdoms were eventually converted to Christianity after hearing Patrick's message.

He preached throughout Ireland for 40 years, dying on March 17, 461, where he built the first Irish church. His grave was marked in 1990 with a granite stone.

In His Footsteps:

Patrick was a humble gentle man, whose love and total devotion to and trust in God should be a shining example to each of us. So complete was his trust in God, and of the importance of his mission, he feared nothing -not even death.



PALM SUNDAY– Join us to celebrate Palm Sunday, the day that Jesus made His triumphal entry into Jerusalem and the final days of His earthly ministry. 11:00am

GOOD FRIDAY– Please join us for our Good Friday service on Holy Friday. 11:00am

EASTER SUNDAY– **APRIL 1**– Join us to celebrate the resurrection of our risen Lord!! 11:00am

We have begun helping to sort and pack goods at food pantries, giving to the homeless and making hats for cancer survivors and patients. In March we will visit and have lunch with formerly homeless Military Veterans.

It is going to be a great time with the Veterans, so please sign up!

Please check the Chapel Bulletin board for updates. **Be sure to sign up.**

Space is limited for these events and outings.



By Paul J. Miller, CFRE,
President, PVM Foundation

You have the power to leave an amazing legacy.

Betty honored her new home, friends and family by leaving a gift in her will.

Betty left a gift in her will to help build the Kleemann Chapel at The Village of East Harbor and provide stained-glass windows. Before her passing, Betty said she always believed in the PVM mission to serve older adults and was delighted to honor her parents and a dear friend with memorials. She wanted to give back to this, her “happy home for these many years.”



To learn more about leaving a gift in your will, please visit mylegacy.pvmf.org. You’ll be asked simple questions to help you plan the joy you’ll bring.

Your legacy has the power to delight others well into the future. Betty’s gift is bringing joy to her fellow residents every day at The Village of East Harbor.

If you have any questions or comments, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Warm regards,

Paul J. Miller, CFRE

THANK YOU

A GIFT IN YOUR WILL GETTING STARTED

FOR YOUR DONATION!

...have you considered leaving your legacy for PVM residents?

How It Works: To make a charitable bequest, you need a current Will or revocable living trust. After your lifetime, Presbyterian Villages of Michigan Foundation receives your gift.

Without obligation, PVM Foundation would like to answer any questions you may have.

Please call The PVM Foundation at **248.281.2040**
mylegacy.pvmf.org

Presbyterian Villages OF MICHIGAN THE FOUNDATION

Are you over the age of 70½?

Do you file a standard tax return?

Do you have an IRA?

If you answered “Yes” to all three questions, then you can roll over up to \$100,000 to your favorite public charity—**TAX FREE*!**

With your IRA charitable donation to the PVM Foundation, you can give older adults a safe place to call home, new friends and experiences, and a chance to *thrive!*

To learn more, visit MyLegacy.pvmf.org or call Bobie Clement at 248.281.7252

*IRA Charitable Rollover is permanent law as of December 18, 2015.

National Wear Red Day For Heart Health



OUR COMMUNITY OUTREACH PROGRAM IS UP AND RUNNING!!

THURSDAY, MARCH 8– Veteran’s Returning Home, -9:00am-Lobby

(Visit and have lunch with transitional housing for formerly homeless Veterans
Please join us for this rewarding opportunity to serve those who served us!



THURSDAY, MARCH 29- HOPE FOR THE HUNGRY– 8:45am-Lobby

Sorting and Packing food for the hungry.

TUESDAYS- Homeless Bags– 3:00-Chapel

Join us on most Tuesdays (see your calendar for dates),
a project that will assist St Mary’s to help meet a need of the homeless.

Come on Tuesday, March 4 , to see how you can help.

KNIT OR CROCHET HATS FOR CANCER SURVIVORS. If you do not know how to knit but would like to learn, you can come to the “Learn to Knit” group on Saturdays and learn how to make hats. Chaplain Laura will provide yarn for hats.

Sign up Early! There are a limited number of spots.

MANKIND

Mankind has failed himself.
His legacy is now to be discontent.
No more the ruler of his own destiny;
He has entombed his soul in his environment
The right to strive for happiness and freedom
I would have it no other way;
But the agony swells within my heart
as I watch these truths slowly drift away.
From walking with the dinosaurs
to man's first step upon the moon.
Our accomplishments came so quickly -
apparently too soon!
To dream a dream is our nature but
we must handle it with care.
For if too swiftly we force them into reality
we'll windup in despair.

We have become sadistic to our own selves.
We've made our lives so intense.
We've ripped apart our shattered nerves
and lost all common sense.
Man will continue to go on living.
It is his birthright to survive,
If he continues losing love for his fellowman
will it be worthwhile being alive?
What are we requiting our children?
Has all our love and care gone for naught?
Do we bequest them this power mad world?
Now that's an ugly thought!
We've always been able to pay our debts.
Up to now it didn't take great wealth.
But today it's not only monetary
it's costing us our health.

As in the days of tyranny
the masses would unite as one.
Once more we must go forth together;
The battle has just begun!
Someone said "There's no price tag on happiness",
but that leaves much room for doubt.
For losing your pride when you can't pay
is a price tag we can do without.
When's the last time you went for a walk?
Alone with your sweetheart - holding hands?
Deciding which star to nestle under
was the largest of your demands.
When's the last time you hugged your children?
Tenderly saying "I love you"!
Reassuring them that no matter what
your love would see them through.

We must vanquish all our greed
and swallow our foolish pride.
We must probe deep within our own conscience
for that's where our futures lie.
Let us realize our true treasures
such as the mountains and the trees;
Or the aroma of wild flowers
gently carried on a summer's breeze.
Don't look back - keep moving forward
but at a more contented pace.
Who knows that new look you'll be wearing
might just be a smile upon your face!!!

How far we go
is up to us. We
alone control our
destiny.

Chuck Kisandi



??

TO REMEMBER - - TO FORGET

There was not a word spoken.
As we walked I gently held your hand.
Asleep in her bed lie the frozen Black River.
A fresh blanket of snow covered the land.
"Be kind to your Mother-In-Law" shouts the sign
as the Swinging Bridge draws ever so near;
The thrill of the bridge I had as a child
remained with me throughout the years.



The sound of winter was all around us.
The whistling of the trees as the north wind blows.
A solitary fisherman with his fine honed spud
chipping away at the ice and snow.
Suddenly I heard some young boys laughing.
It was coming from B.A.B. where we used to hide and play.
An old drainage ditch and a bucket of sand
was our "Waikiki" where we swam all day.

Out of curiosity we hurried towards the beach;
I wondered who'd be there in all that snow.
Atop the hill I looked down in amazement...
Hell the beach was empty below.
It took awhile to solve the mystery.
To some this conclusion they'll fail to believe.
The voices didn't come from "today's" child
it was yesteryear being carried on a winter's breeze.



As I cleared my throat I looked skyward.
An intense glow seemed to engulf the sky.
A warm stream of moisture streamed down my cheek;
No! Oh God no! Not me, a grown man wouldn't cry.
They say you can't live in the past,
a brighter tomorrow will rid you of your fears;
Next time you are troubled remember a forgotten joy
and if only for a moment your problems will disappear.

Sometimes when we visit
places of our youth things
are just not the same, but
don't stop remembering
because our memories
make us who we are.
Croswell has a corner of
my heart that I will never let
go of.

Chuck Kisandi



Chinese New Year / Tasty Thursday

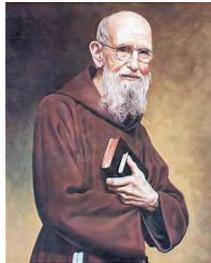
Thursday, March 1

1:30pm

Chapel



Egg Roll
in a Bowl



Father Solanus Casey Center

We will begin with a tour of the center, Noon Mass followed by a simple meal of soup and a Lenten reflection and a blessing at 2:00pm.

Wednesday, March 14—9:00am

\$8.00—due March 9

Lobby



CASINO TRIP

Wednesday, March 21

\$\$\$ on your own

9:30am

Lobby



Easter Door Hanger

Thursday, March 22

1:30pm

Chapel



Happy Hour & Horse Race

Friday, March 23

2:30pm

Chapel

Waterside Mall

&

Women's Lunch at Olga's/Morley Candy
Wednesday, March 28

Mall— 9:30am Lunch— 12:00pm

Lobby

Sign up for one or the other or both!



Detroit Tiger Opening Day Party

Join us for a fun filled afternoon watching the game with your friends and neighbors!

Thursday, March 29

1:00pm—Chapel



Resident Pot Luck

Sunday, March 18

5:00pm

Chapel

Please Sign up in the Lobby so we know how many we need to set up for.

The Village of East Harbor Book Group

We are looking for a Resident or two to take over as the coordinator of the Book Group. The group meets once a month.



Any questions, please call
Betsy, 586-716-7143

MARCH EXCURSIONS.....

Thursday, March 8

Lunch with Veterans
9:00am
Lobby

Wednesday, March 14

*Father Solanus Casey Center
Tour, Mass, Lunch & Blessing*
\$8.00 due March 9
9:00am
Lobby

Wednesday, March 21

MGM Casino
\$\$\$ on your own
9:30am
Lobby

Tuesday, March 27

Men's Lunch
Men's Choice
\$\$\$ on your own
11:30pm

Wednesday, March 28

Waterside Mall
\$\$\$ on your own
9:30am
Lobby

Wednesday, March 28

*Women's Lunch Olga's
Shop at Morley's after lunch*
\$\$\$ on your own
12:00pm
Lobby

Thursday, March 29

Hope for the Hungry
8:45am
Lobby

UPCOMING EXCURSIONS.....

Friday, April 6

Michigan Opera Theater
Tosca
Showtime-12:00pm
\$25.00
Money due March 1

Friday, April 13

Skate World of Troy
Skate or just Watch
10:00am
\$8.00 for skate rental

Wednesday, April 25

Detroit Zoo-Senior Day
Free
8:15am
Lobby

Wednesday, May 9

Meadowbrook Theater
The All-Night Strut
12:00pm
\$29.50
Money due March 30

Tuesday, June 5

Fisher Theater
Motown the Musical
Showtime-8:00pm
\$58.75
Money due April 27

Thursday, July 12

Purple Rose Theater
Willow Run
Rosie the Riveter
Showtime-3:00pm
\$26.00

Seats are Limited for all performances!
Sign up Early!

VEH Resident Association Meeting, January 9, 2018

Resident Association Meeting February 13, 2018

Meeting was called to order at 1:35 by Joan Lehoczky, substituting for President, Bob Morrill.

Residents attending for the first time were Margaret Desmet and Judy Demick.

Chaplain Laura gave an opening prayer and Bob Healy lead the pledges to the American and Christian flags. Margaret Desmet gave the inspirational message.

Staff reports:

Carolyn Martin, Administrator reported on progress of the renovations. Bathrooms will be updated next, walls in the lobby are coming down. A mobile kitchen will be here to enable food service to continue without interruption. Five residents have been moved to temporary rooms while their bathrooms are being updated. Headphones for those with a hearing impairment have been ordered and will be available for use in the chapel and for meetings. Multi-sensory equipment for Haven Hall will arrive soon. Construction on the rehab rooms will hopefully be complete in April. A DSO concert was viewed on live stream last Friday. We are working on more "live stream" programming. Red Wing T shirts are available for sale. TODAY IS PACZKI DAY! It's also Helen Beaudin's 100th birthday. When asked what her secret to living so long, she replied that there was no secret, but no one else in her family had lived this long.

Brian Williams, Dining Services, reported that Village of East Harbor won the Chili Competition at the New Baltimore Lions Club festival. The omelet bar will be in the chapel tomorrow from 7:30-10.00. There are three tables restaurant in Barnett dining room that can be available for guests. When the new restaurant opens there will be a combined birthday dinner for those that were missed during the renovation. The new pans are keeping food warmer and plate warmers have been ordered. There are several new employees starting in the afternoons and evening, so be patient while they are being trained.

Sue McCallum/Beth Humble, admissions team for nursing. They are available to assist in transition from hospital to nursing care. If you have a procedure planned ahead, speak to them as soon as possible and they will facilitate transition. Patricia Miller, RN will review the paper work. Residents always have first priority for rooms. Short term rehab is usually covered by medicare Part A. You are encouraged to meet the therapy team prior to surgery. Twenty-two new private rooms are now available, bringing to a total of 101 rehab beds. Outpatient therapy is available here. Electronic signing has been instituted for skilled nursing. This will eliminate much of the cumbersome paper work and patients will receive copies.

Chaplain Laura Stone explained several new activities, COPs, Community Outreach Programs, including Gleaners, Feb 22. Hope for the Hungry, separating and packaging food and helping with a clothing closet, packing lunches for the homeless at

St Marys, making pom pom mats for puppies and knitting and crocheting hats for cancer victims ,on Ash Wednesday, the men, are invited to visit a transition house for military veterans for a luncheon.

Chris Gorde, Fitness. The calendar will change in March. Indoor walk through the building on Tuesday with exercises at each end of the building. Play pool Thursdays at 11:00 AM in the Capman Hall Lounge. Four new cue sticks and some chalk at the cost of \$100 are needed.

Frank Gitre moved that the resident association purchase this equipment. Seconded by Jean Campbell and passed.

Betsy Miannecki, Wellness Lead, reviewed current and upcoming activities.

Today at 6:00 i bereavement group in the chapel.

Wed, Feb 21 Meadowbrook Tenderly the Rosemary Clooney musical
Boat Show

Richmond K Mart & Ken's Kitchen

Warren Footwork/Footcare

Presentation Metabolic Detox by Total Health Systems

Men's Luncheon

Father Solonius Casey healing mass and lunch

April Detroit Opera Theater TOSCA \$25.00

May All Night Strut \$29.50

June 5 Motown the Musical \$58.75

July 12 Purple Rose Theater Chelsea \$26 + lunch

Minutes of the last meeting, published in the Trumpet ,were approved.

Darlene Wallace, Treasurer, reported the balance in the Sugar Bowl is \$205.63

A final report has not yet been received from PVM corporate.

Neil Veneri reported from the Building and Ground Committee. We really appreciate the wonderful job the maintenance staff has done with snow removal this winter. Some roads and sidewalks will need to be repaired this spring. There is concern over limited parking, especially with construction going on.

Jean Campbell, Communication committee, reported that new emergency cards will come out with the next Trumpet. A staff directory with pictures and job titles is being developed.

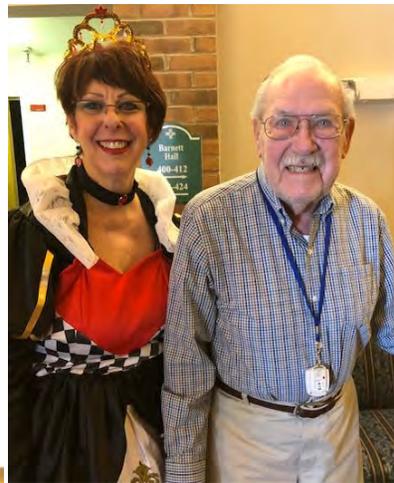
Marilyn Smith reminded people to sign up for the monthly potluck to assure there is enough seating for everyone.

The next Resident Association meeting is March 13, 2018.

Dorothy Dennis moved that the meeting be closed. Seconded by Jean Campbell

**BE SURE TO COME TO THE NEXT MEETING.
THERE WILL BE A DRAWING FOR A \$25 KROGER GIFT CARD**

Fat Tuesday - Paczki Party



Valentines Day



Directory

Accounting <i>Tracy Tesch</i>	716-7408
Activity Lead A/L & I/L <i>Betsy Mianecki</i>	716-7143
Administrator <i>Carolyn Martin</i>	716-7221
Admissions Specialist T.C.U <i>Sue McCallum</i>	716-7427
Assisted Living Nurse <i>Denise Klimaszewski</i>	716-7115
Beauty Salon <i>Appointments</i>	716-7180
Care Sync Case Manager <i>Josie Villegas</i>	716-7092
Chaplain <i>Laura Stone</i>	716-7438
Dining Services Mgr. <i>Brian Williams</i>	716-7419
Director of Nursing <i>Melissa Freiburger</i>	716-7416
Driver <i>Ann Marie Hart</i>	716-7142
Fitness Specialist <i>Chris Gorde</i>	716-7385
Front Desk <i>Receptionist</i>	725-6030
Haven Hall Nurse <i>Lynette Sanday</i>	716-7384
Housekeeping / Laundry Mgr. <i>Mary Breen</i>	716-7418
Maintenance Work Orders. <i>Front Desk</i>	725-6030
Maintenance <i>Emergencies After 11:00pm</i>	248-996-2470
HCC Activity/Volunteer Mgr. <i>Sheri Stover</i>	716-7021
Physical Therapy Mgr. <i>Kim Frabotta, Agility Therapy</i>	716-7398
Resident Care Mgr. <i>Toni Greig</i>	716-7426
Sales & Leasing Specialist <i>Peggy Carroll</i>	716-7397
<i>Nancy Smiley</i>	716-7183



3/01 Virginia Visner

3/04 Patricia Helmrich

3/07 Frances Masters

3/08 Carol White

3/08 Christine Young

3/10 Robert Morrill

3/14 James Brigulio

3/15 Marceline Roche

3/17 Geneva Malane

3/17 Gladys Stolzenfeld

3/18 Glenn Nichols

3/18 Miriam Woodcock

3/22 Viola Casey

3/30 Donald Hubbert