



# Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

March 2021



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## ST. PATRICK'S DAY PARADE

Wednesday, March 17

Parade starts at 1:30pm.

Assemble Time: 1:00pm

Starting in Health Care Parking Lot

Family & Friends are welcome to participate  
in parade-call Betsy-586-716-7143



The Village of  
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



## Daylight Savings SPRING FORWARD

Begins Sunday, March 14th

Move Clocks forward 1 hour Saturday Night

## FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



February went by in a blink of an eye. The snow was beautiful to see but takes a large amount of manpower to clean up. Thanks to our great maintenance team led by Scott Miller. They did a great job digging us out. I am grateful for their dedication and service to our residents and staff. There are some subdivisions in Chesterfield that still have not been plowed.

I miss having events in the building where you are all invited to come in. I miss the opportunity to hear your stories and get to know you better. It got me thinking about things you may or may not know about me.

I was born in Traverse City and it is still one of my favorite towns to visit. I grew up in Grandville, Michigan. I have lived in Fayetteville, NY just outside of Syracuse; Sycamore Hills, Ohio, smack between Cleveland and Akron; and Strongsville, Ohio, close to the Cleveland Airport. I lived in Big Rapids during my college years and in later years I lived in Rochester Hills where I worked at Mitzelfeld's Department store and I now reside in Richmond Mi. You may not know I was once a DJ and my partner in the business was a girlfriend of mine. We organized the very first Daddy Daughter Dance in Richmond and we needed a DJ. We interviewed a few and thought how fun it would be as a side job. Her husband saw an ad for DJ equipment so we went to Birmingham to look at the equipment and bought it on a lark. An entertainment agency called the company that originally owned the equipment and he told them about the two girls he sold it to. The agency liked the novelty of two girl DJs, they contacted us and our DJ business took off. The agency booked us for large corporate parties at the GM Ren Cen, Dearborn Inn for weddings, and all over Southeastern, MI. It was fun and a great job on the weekends to make extra money when our kids were young. I worked as a substitute teacher in the Richmond School District for many years. I was a volunteer at St. Augustine Catholic Church where I ran Vacation Bible School and started Children's Church. I was the first woman President of Richmond Little League Baseball. I was a Cheerleading Coach taking my team to win the first competitive cheer trophy in the Middle School. The same group went on to win states when they were in High School. New construction real estate sales was my career path prior to starting here. Peggy Carroll from Sales and Leasing and I worked together for many years selling newly constructed homes and condos. I started in Sales for the new expansion at VEH. I transitioned into marketing, adding PVM Broker to my duties, and ultimately the Administrator job. I love to kayak and paddleboard, do yoga, and hike with my dogs, Buttercup the Morkie and Emma the Beagle. I have been married for 35 years to my husband John. I have two adult children, Courtney and JJ. My Mom Virginia, who has lived here for 8 years, will celebrate her 95<sup>th</sup> Birthday, March 1<sup>st</sup>.

Happy Birthday Mom!!!!

March 3<sup>rd</sup> , we will host another vaccination clinic. Hope to see you there.

Betsy is organizing a parade to celebrate St. Patrick's Day. Join us as we March thru the streets on , March 17<sup>th</sup> ....pun intended. Wear green and think Spring! Hope to wave to you from the street.

Speaking of flying....the new construction is right on schedule. We will be conducting tours on May 1<sup>st</sup>. Reservations will be required due to Covid-19 restrictions. We are ahead of schedule on taking deposits.

The Ranch apartments and Mid-rise building will feature smart technology. If you would like to learn more about smart technology join us on, March 25<sup>th</sup>. Call Sales and Leasing if you would like to participate on a zoom presentation to learn more about the new technology and updates on new construction.

Think Spring!!!!

**Carolyn Martin**

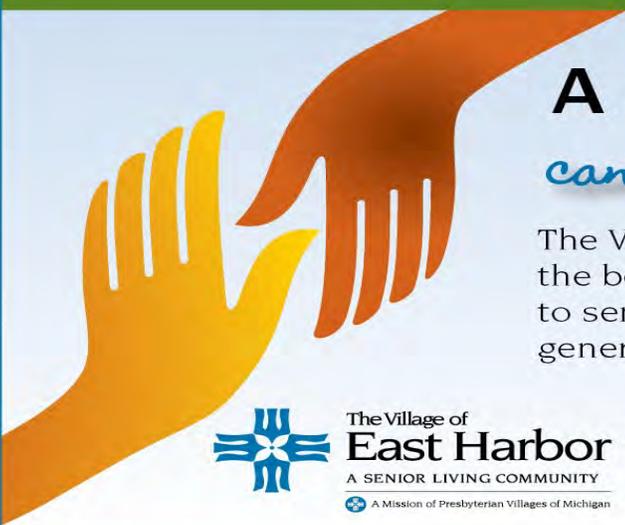
**Administrator**

**To share timely information regarding COVID-19, we have set up a toll-free number for our residents, families and staff.**

**Call our Community Care Line at:**

**888-412-5999**

**You can get the latest report straight from David at The Village of East Harbor**



**A GIFT IN YOUR WILL**  
*can change the lives of seniors.*

The Village of East Harbor is able to provide the best quality housing, programs and services to seniors throughout Michigan with the generous support of **YOU** the donor.

**Please consider a charitable bequest...**  
**Find out how YOU can help future residents.**  
Contact David Miller at 586-382-1866

 The Village of  
**East Harbor**  
A SENIOR LIVING COMMUNITY  
A Mission of Presbyterian Villages of Michigan



The month of March has a lot going for it. Example, it comes in like a lion but goes out like a lamb. We are told to “beware of the Ides of March” which has the connotation of bad

things about to happen. Nowhere did it have a more foreboding outcome than in Shakespeare’s play Julius Caesar. The Ides of March really refers to a lunar outcome, as in when there is a first full moon in a month.

March is the time when we “Spring Forward” and begin Day Light Savings Time. Clocks are set an hour ahead then all of a sudden, we have daylight well into the evening. Speaking of Spring, the Spring Equinox occurs in March, usually on the 20<sup>th</sup>. Winter turns into Spring, finally, if only on the calendar and not with the weather. Reference “coming in like a lion, going out like a lamb”; doesn’t always happen that way, does it?

The Season of Lent usually encompasses the whole month of March, although occasionally, Easter comes late in March. That along with the connotation of the Ides of March, the month of March lends itself to a feeling of sober reflection and a somber mood.

Sober and somber are not two words that reflect the mood of St. Patrick’s Day however. March 17<sup>th</sup> is a day when everyone is Irish, celebrating the Patron Saint of Ireland, leprechauns and green beer.

With all that goes on in the month of March it only seems fitting to march on into a brand new apartment here at the Village of East Harbor! When that time of year comes around again you will remember that is when you found your new home at Harbor Inn! There still is time to reserve your new Apartment Home but they are starting to go fast! Don’t forget to sign up for our next Red Carpet Zoom Event being held on Thursday March 25<sup>th</sup> at 2PM. Everyone who signs up for the Red Carpet Zoom event receives a prize!

Welcome Spring, welcome St. Paddy’s Day, and welcome to your new home!! March is a great time to move to The Village of East Harbor.

Sales & Leasing Team

## **WELCOME HOME NEW RESIDENTS**

We welcome these new residents to our  
Village of East Harbor Family

**Jerome Clark—613**

**Sharon Emeloff—101**

**Sally Prior—610**

**Richard Schoeninger—C-301**



*From The Desk Of  
Chaplain Laura...*



## MARCH

One of the world's most popular saints, captured by Irish pirates and taken to Ireland as a slave shepherd at age 14, St. Patrick turned to God and wrote his memoir, *The Confession*, in which he wrote: "The love of God grew in me more and more, as did the faith, and my soul was roused. I prayed day and night, in the woods and on the mountain, even before dawn. I felt no hurt from the snow, ice or rain."

Captive until age twenty, he escaped after having a dream from God in which he was told to leave Ireland by going to the coast. There he found some sailors who took him back to Britain and was reunited with his family.

A few years after returning home, Patrick saw a vision he described in his memoir: "I saw a man coming from Ireland, carrying many letters, he gave me one. I read the heading: 'The Voice of the Irish.' As I began the letter, I imagined in that moment that I heard the voice of those who cried out, as with one voice: 'We appeal to you, holy servant boy, to come and walk among us.'" The vision prompted his studies for the priesthood, later ordained a bishop and sent to take the Gospel to Ireland.

God intervened, allowing Patrick to convert thousands, preaching the Gospel throughout Ireland and building churches across the country.

He often used **shamrocks** to explain the Holy Trinity (Father, Son, Holy Spirit). (We will be making a shamrock craft) Entire kingdoms were converted to Christianity after hearing Patrick's message. For 40 years, he preached throughout Ireland, where he built the first Irish church. He passed away March 17, 461.

In His Footsteps:

Patrick was a humble gentle man, whose love and total devotion to, and trust in God should be a shining example to each of us. His trust in God was complete, which was the importance of his mission, he feared nothing -not even death.

**PLEASE SEE "CHAPLAIN'S CORNER" in this Trumpet FOR ALL UPCOMING SPECIAL SERVICES, SPIRITUAL ACTIVITIES, AND CRAFTS.**

*In His Service,  
Chaplain Laura Stone*



## *Chaplain's Corner*

### **MARCH**

**SUNDAY SERVICES**-11am IN THE CHAPEL every Sunday at 11:00 am. All AL/IL residing inside the building are welcome. Bring a friend! Service also shown on Channel 3 at 11am. Service times may change due to changing restrictions of the number allowed in the room

**PALM SUNDAY**– **March 28**. Service at 11am in Chapel. Join us to celebrate the day Jesus made His triumphal entry into Jerusalem and the final days of His earthly ministry as we celebrate Palm Sunday and discuss Good Friday on this day.

**TUESDAYS at 1:30- Spiritual Study-** in the Activity Room with tea. Join us for a brief discussion and study of the Word, currently Discovering God's purpose for our lives. Then will be doing a very interesting study "Change Your Life in Seven Days with The 23rd Psalm!"

**WEDNESDAYS at 2:30- Spiritual Games and Crafts-**. **March 10** we will discuss the history of St Patrick's Day and make a simple craft depicting the meaning behind the clover. (seen above). **MARCH 31** we will discuss Easter and make a simple, fun craft. The other Wednesdays, we will have Spiritual games and prizes. **(SEE CHAPEL BULLETIN BOARD IN THE HALL ACROSS FROM THE CHAPEL TO SEE A SAMPLE OF THESE CRAFTS)**

⇒ **Spiritual Study-Tuesdays 1:30 in the Chapel. On Channel 3 at 10am**

⇒ **Spiritual/Bible Games & Crafts– Wednesdays- 2:30**. Bring a friend for fellowship!

⇒ **ROSARY-** Every Thursday at 11:00 am IN THE CHAPEL: Invite a friend for rosary prayer.

### **LOOKING AHEAD**

**GOOD FRIDAY**– **April 2**. Good Friday service on Channel 3 at 10am. No Chapel service– only Channel 3

**EASTER SUNDAY**– **APRIL 4**– **Join us in the Chapel at 11am to celebrate our risen savior!** (or tune in to Channel 3 at 11am for our Easter Sunday service)

Join us and invite someone to come with you!

*Chaplain Laura Stone*

# RESIDENT ASSOCIATION NEWS

As the new President of the Resident Association, I would like to take this opportunity to introduce myself. My name is Janet Lickman. Before the lockdown, I played games, attended events, went on trips and socialized with many of you. Although I've enjoyed seeing pictures of you doing just that, I'm hoping that gathering restrictions are soon a thing of the past, so we can get together once again.

March 3rd is the date for our second Covid vaccination. Then on St. Patrick's Day, we will be at Moderna's maximum protection efficacy. Good news!

I look forward to when we can begin our monthly Resident Association meetings., Currently, the Resident Association Account has \$3,015.54 and the Petty Cash Account has \$387.87. Please reach out if you have any ideas, suggestions or information you would like to share. As always, please take care and stay safe.

Thank-you, Janet

## How 'bout Lunch?

**Watch It! Learn It! Make It! Eat It!**

March is national nutrition month and to help celebrate the occasion, Village of Oakland Woods Wellness Coordinator Joelle Baughman has created a unique program called "How 'bout Lunch?". Every two weeks, starting March 11 through April 8, Joelle invites you to join her for lunch. But there's a catch! For each lunch date, there is a specific dish (and beverage) Joelle would like you to make.

To learn what each dish and beverage are visit the "How 'bout Lunch?" website: <https://howboutlunch.weebly.com>. There you will find cooking videos featuring Joelle that not only show you how to make each dish and beverage, but also show you the ingredients and utensils you will need to make them. You can also download and print a list of the ingredients to use as a shopping list. Each dish is budget friendly, easy to make and of course healthy. Ideally, for each date you plan to join Joelle for lunch, in the comfort & convenience of your own kitchen you will make the dish and beverage scheduled for that date, then via Zoom join Joelle for lunch and eat what you made. During lunch, you can share how easy or hard you thought it was to make and whether or not you actually liked it. You can also make suggestions for future videos.

Signing up is easy. Go to the "How 'bout Lunch?" website, click the "Sign Up for Lunch" tab then enter the requested contact info for each lunch date you plan to attend. You will then receive an email with the Zoom link you will need to join that day's lunch.

Whether or not you make each planned dish or beverage, Joelle would still like you to join her for lunch. There are plenty of things to talk about in addition to that day's dish/beverage combo. She is looking forward to meeting new people and engaging in some hearty conversation. If you have any questions, please call her at (248) 334-4379 or send her an email at [jbaughman@pvm.org](mailto:jbaughman@pvm.org).



## Fitness Center News

**We are starting our "Walk Michigan! Lighthouse Tour" again for anyone interested in participating. Use the provided Lighthouse Tour sheets to cross off a blue dot for every 20 minutes of walking or other exercise. Move your way around the map of Michigan's lighthouses hung up in the front window by the café'. Come over to see where you've made it to on the map!**

**For questions, contact [cgorde@pvm.org](mailto:cgorde@pvm.org) or (586)716-7385**



**We will be celebrating our outstanding First Place WIN of the Village Victory Cup during the St. Patrick's Day parade which will be held on campus on Wednesday, March 17th. Anyone who participated in the Village Victory Cup competition may march in the parade *but you MUST contact Chris Gorde or***

***Betsy Miannecki to sign up by Monday March 15th.***

**Whether you choose to march in the parade or watch as it goes by, be sure to wear your Victory Cup T-shirt and participation ribbon, any medals you earned and, of course, your mask!!**

**All participants may get their picture taken with the Cup!**



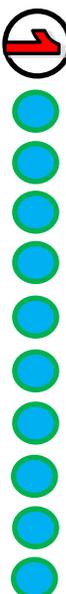


# Walk Michigan! Lighthouse Tour

## Start your "tour" HERE

Let's move our way around the south east border of our beautiful state—from Detroit to Port Huron!

Detroit River Bar Point Shoal Light



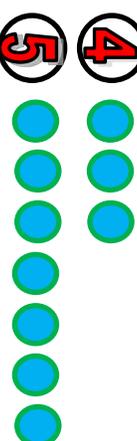
Grosse Isle North Channel Front Range



Mariners Memorial Light



Tri Centennial State Park Light



William Livingstone Memorial



Windmill Point



Lake St. Clair Light



Fort Gratiot Light-



Lake St. Clair Old South Channel Front



Lake St. Clair Old South Channel Rear



St. Clair Flats Canal Range Front



Peche Island Rear Range



**13** CONGRATULATIONS! You made it to Port Huron!

Pin this up on your refrigerator or bulletin board. For every 20 minutes of physical activity cross out one dot (the equivalent of one nautical mile). Move your way from lighthouse to lighthouse and enjoy your journey! Questions? Contact [cgorde@pvm.org](mailto:cgorde@pvm.org) or 586.716-7385

# Walk Michigan! Lighthouse Tour

↓ continue your "tour" HERE

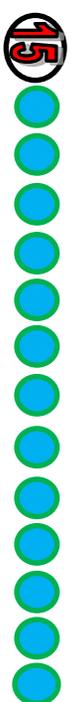
continue from Fort Gratiot



Port Sanilac



Harbor Beach



Pointe Aux Barques



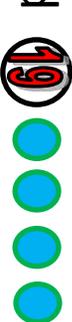
Port Austin Reef



Saginaw River Rear



Charity Island



Gravelly Shoal



Tawas Point



Sturgeon Point



Alpena Harbor



Thunder Bay Island



CONGRATULATIONS! Get your next sheet!



Port Sanilac light-





Executive Director, David Miller, does what it takes to keep facility looking great!



Chris takes time out from her busy schedule to shake a leg with Christine Edgerton (Capman Hall Resident).



**The Village Lottery is held every Tuesday & Thursday at 1:30pm.**

**Watch channel 3 if you live in the main building or listen for the robo-call at 1:30pm announcing the winning numbers.**

**Keep your lottery numbers for the month.**

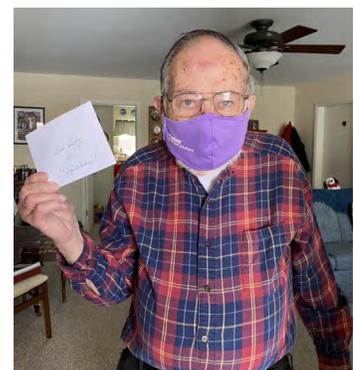
**Winners of the lottery numbers**

**Call Betsy—586-716-7143**

**GOOD LUCK!**

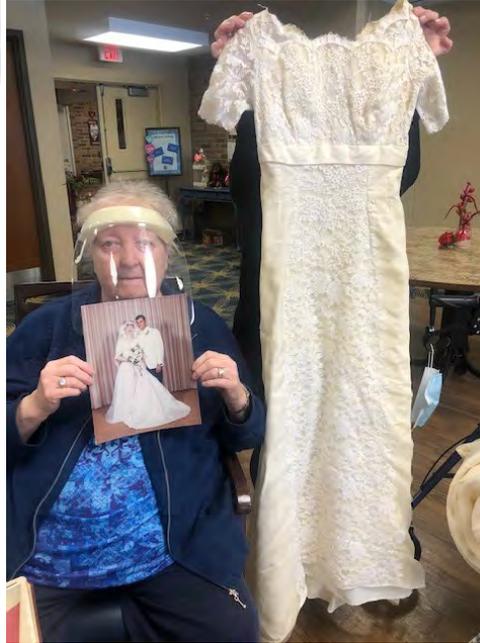
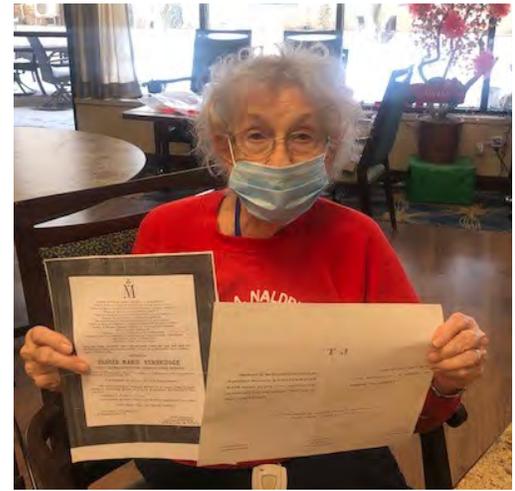
**Winners in February:**

- **Stan Wojcik**
- **Joan Rifenberg**
- **Marilyn Igel**
- **Diane Gamble**
- **Marilyn Shaheen**





# SHOW AND TELL



## SHOW & TELL

MONDAY • 2:30PM

ACTIVITY ROOM

Bring an item or a story to share about yourself or something you own.

Meet us in the activity room!

A/L Residents only.

If you witness a staff person, manager, or leader doing a great job and exhibiting of one or more of the Service Excellence Core Values, you can fill out a “What I do Matters” form and give it to the person at any time or turn it into the front desk with the person’s name on it.

If you need more forms please contact Betsy.

## Congratulations!

You are being recognized because  
“What you did mattered!”:




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*Thank you for what you did!*

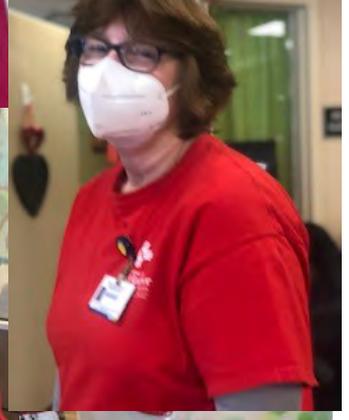
Employee Name: \_\_\_\_\_

Person Recognizing Employee: \_\_\_\_\_

Date: \_\_\_\_\_

**\*\* Please turn this card into Village Administrator for a chance to win a prize \*\***

**ACCOUNTABILITY LISTENING RELATIONSHIPS RESPECT**



# Directory

<b>Accounting</b>	
<i>Tracy Tesch</i>	716-7408
<b>Activity Lead A/L &amp; I/L</b>	
<i>Betsy Mianecki</i>	716-7143
<b>Administrator</b>	
<i>Carolyn Martin</i>	716-7221
<b>Admissions Coordinator TCU</b>	
<i>Beth Humble</i>	716-7427
<i>Sue McCallum</i>	716-7395
<b>Assisted Living Nurse</b>	
<i>Denise Klimaszewski</i>	716-7115
<b>Beauty Salon</b>	
<i>Appointments</i>	716-7180
<b>Care Sync Case Manager</b>	
<i>Josie Villegas</i>	716-7092
<b>Chaplain</b>	
<i>Laura Stone</i>	716-7438
<b>Dining Services Mgr.</b>	
<i>Brian Williams</i>	716-7419
<b>Director of Nursing</b>	
<i>Jeff Robinson</i>	716-7416
<b>Driver</b>	
<i>Ann Marie Hart</i>	716-7142
<b>Environmental Serv. Adm. Asst.</b>	
<i>Shelby Jones</i>	716-7436
<b>Executive Director</b>	
<i>David Miller</i>	716-7410
<b>Fitness Specialist</b>	
<i>Chris Gorde</i>	716-7385
<b>Front Desk</b>	
<i>Receptionist</i>	725-6030
<b>Haven Hall Nurse</b>	
<i>Lynette Sanday</i>	716-7384
<b>Housekeeping / Laundry Mgr.</b>	
<i>Teri Lynn Taylor</i>	716-7418
<b>Maintenance Work Request</b>	
<i>Front Desk</i>	725-6030
<b>Maintenance</b>	
<i>Emergencies After 11:00pm</i>	248-996-2470
<b>HCC Activity/Volunteer Mgr.</b>	
<i>Sheri Stover</i>	716-7021
<b>Physical Therapy Mgr.</b>	
<i>Kim Frabotta, Agility Therapy</i>	716-7398
<b>Resident Care Mgr.</b>	
<i>Toni Greig</i>	716-7426
<b>Sales &amp; Leasing Specialist</b>	
<i>Peggy Carroll</i>	716-7397
<i>Dylan Demo</i>	716-7183



**3/01 Virginia Visner**

**3/04 Patricia Helmrich**

**3/07 Frances Masters**

**3/08 Carol White**

**3/10 Robert Morrill**

**3/10 Joyce Salame**

**3/15 Marceline Roche**

**3/24 Norman Fuqua**

**3/25 Larry Woodcox**

**3/26 Sharon Emeloff**

**3/27 Anna Bauer**

**3/31 Donna Bowman**



## Men's Coffee Hour

&

## Billiards

is Back

Thursday, 10:00am, Capman

AL & Capmen

Residents Only



# ARMCHAIR TRAVEL

**FRIDAY'S**

**3:00PM**

**Channel 3/Activity Room**



**Be taken to a faraway place without leaving your chair. Armchair travel takes you on a sensory experience learning about exotic lands and past events.**

- **March 5-Oreo Cookie History**
- **March 12-Cereal History**
- **March 19-Ireland**
- **March 26-The Science of Spring**



# HAPPY HOUR

**FRIDAY'S**

**1:00pm**

**Activities will be coming around or join us in the activity room for light refreshments prior to the armchair travel presentation on channel 3.**

# RESIDENTS TV

## Community Channel 3 Schedule

### Monday

10:00am-Spiritual

11:00am-Fitness

3:00pm-Show & Tell

6:00pm-Entertainment

### Tuesday

9:30am-Rosary/Catholic Mass

11:00am-Fitness

1:30pm-Tuesday Trivia & Lottery

3:00pm-Spiritual

6:00pm-Entertainment

### Wednesday

10:00am-Spiritual

11:00am-Fitness

6:00pm-Entertainment



### Thursday

9:30am-Rosary

1:30pm-Word Genius & Lottery

3:00pm-Spiritual

6:00pm-Entertainment

### Friday

10:00am-Spiritual

11:00am-Fitness

3:00pm-Armchair Travel

6:00pm-Entertainment

### Saturday

9:30am-Rosary

11:00am-Fitness

3:00pm-Spiritual

6:00pm-Entertainment

### Sunday

11:00am-Spiritual Service

1:30-Fitness

6:00pm-Entertainment



Tear this page off and post it near your TV