The Village of East Harbor

📲 Village Trumpet 🐇

Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

May 2021



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A SENIOR LIVING COMMUNITY

Look for PVM on:





Mother's Day Celebration Friday, May 7 ~ 11:00am ~ Front Parking Lot Hat Fashion Show

Horse Race

Race starts at 1:30pm Prizes for the best hat!



Invite your Family All are Welcome!

Appetizers Mint Juleps Raffle Crafts for Sale

In honor of all the brave men and women who served and defended the freedom of our country





FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



I am happy to say residents inside are all vaccinated except for one resident. Almost 100%. There are only 3 or 4 residents outside not vaccinated and sorry to say out of those unvaccinated residents one tested positive recently. The good news is we know the vaccine and testing is working. We are moving in the right direction. We are now

offering vaccinations to new staff and residents on a monthly basis. We will see rules change rapidly now regarding visitation, mask, and gatherings. I feel hopeful we will be able to open our doors soon. I do believe there will be different rules for those vaccinated and those who are not. More to come as we get our guidance from the CDC and MDHHS.

In the meantime we will be holding more outdoor events weather permitting. Our Sneak Peak Open House is the first big event. Our ranch home apartments are framed, up, and in various stages of finishing. It is an exciting time. The mid-rise third floor has been added. Everything is going smoothly with the new construction. I even think the crabapple trees are going to be in Bloom just in time for the Sneak Peak reveal. Watch the event on Facebook live at 11:00 if you would like. Join The Village of East Harbor Facebook page for more info. Tell your friends and family.

Don't forget to join your fellow residents for our first Resident Association meeting since March 2020. We will be meeting outside. I look forward to seeing everyone.

I have been told there are rumors going around we are going to tear down the existing apartments and duplexes. Please be assured we have no plans in place at this time. When the new construction is done and occupied we will, as we always do, evaluate current property. There will be a time in the far out future where we will look at renovating our duplexes and apartments. What will this entail? I don't know at this time. Years down the road we will look at cost and options. This won't be happening anytime soon.

The residents beat the staff in our first Pool Noodle Baseball Game. They won the bragging rights and beat the staff. The Pirates starting pitcher (David Miller) didn't let the Tigers (staff) get very many hits. We had fun spinning for prizes and playing Pool Noodle Baseball. Getting together outside was fun. It was a great way to kick off friends and family. We may have to make it an annual game. The staff need a rematch!

Looking forward to the Derby Races and Best in Show Hat contest, May 7th. I saw one resident's hat she made and it included a matching mask! Can't wait to see the hats everyone will be wearing. David will be the MC for the Horse races. See you at the races.

Happy Memorial Day to all who have served our great country.

Carolyn Martin

Administrator

From The Desk Of Chaplain Laura...







<u>1 Peter 4:10-11</u> ["]Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. If anyone serves, they should do so with the strength God provides, so that in all things God may be praised through Jesus Christ."

Mark 10:44-45⁴⁴ and whoever wants to be first must be slave of all. ⁴⁵For even **the** Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

National Day of Prayer- Thursday, May 6. Beginning at noon, people across the nation, in all 50 states, will turn to God in prayer and meditation. Please lift up our nation, all leader-ship, PVM, East Harbor, all staff, our residents, families, and all who serve us in military, police, and fire. For those residing inside, the chapel will be open for personal prayer.

Mother's Day. Sunday, May 9 is designated to honor all mothers. Whether you raised or mentored, you were a motherly figure to someone and you made a difference in their lives. Since 1914, this day has been set aside to commemorate and celebrate **YOU**!

To ALL Mothers and "Moms", I wish you all a <u>Happy Mother's Day</u>!!

Those residing inside, please join us for a special Mother's Day service Sunday, May 9. Wear your Mother's Day hat!

(although we would love to have those residing outside to be with us in our services, state restrictions do not allow anyone from outside the building to gather inside at this time).

PLEASE SEE "CHAPLAIN'S CORNER" FOR SEVERAL ENGAGING & FUN PROGRAMS for ALL:

Garden Club–make stepping stones and create several Memorial Gardens around the Village. CHAPEL COOKBOOK-full of your favorite recipes!

Spring cleaning??? How about a **"Shop and Swap"?!** (see Chaplain's Corner for details) **BEAUTIFICATION DAYS**– Bring your ideas to help brighten up the entrance off Callens.

WELCOMING COMMITTEE- join us to meet new Residents and visiting established residents'.

Interactive Devotional Bible Study. Once a week throughout the year.

Interested in **Random Acts of Kindness**? Join the club! Bring your ideas! **Bottle** drive and **canned good** drive.

AND MORE!! SEE "CHAPLAIN'S CORNER" FOR ALL THE DETAILS.

In Hís Servíce, Chaplaín Laura Stone



Chaplaín's Corner





SUNDAY SERVICES- <u>IN THE CHAPEL</u> every Sunday at 11:00 am. All AL/IL residing inside the building are

welcome. Bring a friend! Service also shown on Channel 3 at 11am. Service times may change due to restrictions.

OUTDOOR SUNDAY SERVICES will resume in June, weather permitting.

A special gift for inside residents who attend Mother's Day Chapel Service, Sunday, May 9.

INTERESTED IN JOINING A COMMITTEE?? ALL VILLAGE RESIDENTS-Please join us Thursday, May 6 at 11am in the front parking lot to learn amore and sign up! We are organizing a Beautification Committee, Memorial Garden committee, Chapel Cookbook group, Acts of Kindness Club and many more upcoming this year. Join us Thursday May 6 to learn more. Future meetings will be scheduled on this day.

<u>GARDEN CLUB FOR ALL VILLAGE RESIDENTS</u>—We will be designing Memorial gardens around The Village and beautifying the entrance off Callens. Please bring your ideas and how you would like to help. <u>Memorial Garden</u>—we will be making stepping stones and designing the gardens. All are welcome to participate. In the parking lot. Wed May 19 at 2:30.

<u>Village Cookbook</u>—Submit your favorite recipe to be printed into a beautiful Chapel Cookbook that will be published.

ACTS OF KINDNESS COMMITTEE – Bring your ideas Thursday, May 6 at 11am!

TUESDAYS at 2:30- Spiritual/Bible Study for ALL- in the front parking lot. "Sharing God's Love and Joy" a Devotional study and discussion. (In case of rain, this will be for inside only).

- ⇒ WEDNESDAYS at 2:30– Game Days for inside residents-. Spiritual games and projects. Bring a friend for fellowship! Watch Chapel Bulletin board for information.
- ⇒ THURSDAYS EVERY week ROSARY Every Thursday at 11:00 am IN THE CHAPEL.

SPIRITUAL PROGRAMS ON CHANNEL 3

***10:00 am Monday through Friday. Tune in to Channel 3 for various spiritual programs, brief studies, discussions, and readings. Invite others to tune in also.

***Rosary every day at 9:30 am (Gather together inside the Chapel on Thursdays at 11am for Rosary prayer.)

***SUNDAY MORNING SERVICES-11AM IN THE CHAPEL and ON CHANNEL 3 AT 11:00 AM

In His Service, Chaplain Laura Stone



April showers bring May flowers! Not only does May bring flowers but it brings the Derby Party on Friday, May 7^{th!} There will be a Hat Fashion Show and Horse Race that you don't

want to miss! In addition, our first open house for Harbor Inn is May 1st! This is the first sneak-peek into ranch home apartments which the first 6 will be delivered mid-June. We are excited to welcome new residents to our campus and get the chance to enjoy the warm weather that is coming!

The Sales/Marketing and Admissions Team would like to wish all of you a happy May and remind everyone to enjoy the outside as much as you can!

The Sales and Leasing Team

To share timely information regarding COVID-19, we have set up a toll-free number for our residents, families and staff.

Call our Community Care Line at:

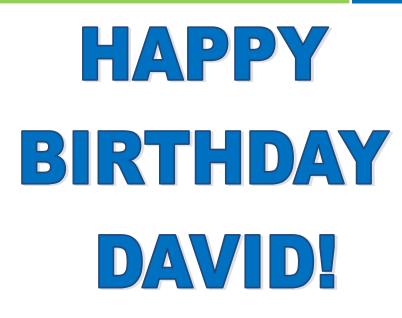
888-412-5999

You can get the latest report straight from David at The Village of East Harbor

WELCOME HOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family

Larry Fox—119 Kirk





Resident Association Meeting

WELCOME BACK ALL RESIDENTS!

TUESDAY, MAY 11

FRONT PARKING LOT

1:30рм

JOIN US FOR SNACKS & DRINKS AFTER THE MEETING

PLEASE SOCIAL DISTANCE & WEAR A MASK!

RESIDENT COMMITTEE MEETINGS WILL START IN JUNE.

Executive Board Meeting Minutes—March 30,2021

The meeting was called to order at 2:35pm. Present were Janet Lickman, Nancy Huff, Beverley Pack, Pat Mikle, and Elaine Walton.

We decided to give \$500 to the Friends and Family Campaign. Nurse availability was discussed and we were informed that the Village nursing staff was nit available to Independent Residents.

We asked about the schedule for window washing and the possible cost of hiring drivers instead of using VEH staff.

We asked about having Larry Woodcox on board.

Communication Committee purpose:

1. Welcome new residents.

2. Calling tree didn't work out; hence robo calls.

Should residents notify VEH when going away?

It was suggested that we have a picnic for everyone as a fund raiser—outdoor activity?

Would Sherrie do Christmas fund for employees?

Either Carolyn or Betsy should be at all our meetings.

The meeting was adjourned at 4:37pm.

Beverley Pack Secretary

Fitness Center News MAY *OUTSIDE* EXERCISE SCHEDULE



<u>Monday</u>—Arthritis Exercise

Wednesday—Be C.A.L.M.

Friday—Pool Noodle Fitness

11:15am · Quad Parking Lot

If you use a walker, please bring it

Tuesday—Be A.B.L.E.



Thursday—Move & Groove II

11:15am · Front Parking Lot



Can be done seated or standing; chairs will be available.

<u>Wednesday</u>—Walking Weed Warriors 8:00am · Quad Parking Lot

All outdoor activities are weather permitting for safety ie.: no precipitation/dry ground, temperature between 50-85 degrees, winds under 20 mph, etc.

> Schedule is subject to change Questions? Email cgorde@pvm.org Or call (586) 716-7385

Fitness Center News (cont.)

Description of classes

Monday—Arthritis Exercise

Helps ease pain and stiffness associated with joint and muscle pain

Tuesday—Be A.B.L.E.

Exercises to encourage an Active, Balanced. Limber. Energetic body and life

Wednesday—Walking Weed Warriors

Reduce stress, boost mood and foster connectivity towards each other on our beautiful campus <u>Wednesday—Be C.A.L.M.</u>

Stretching, breathing and relaxation techniques to help induce a Calm, Active, Limber, Mindful energy

Thursday—Move & Groove

Dance, drum or play games to improve coordination and dexterity and have fun

Friday—Pool Noodle Fitness Stretch and Strengthen using a pool noodle!

Questions? Email cgorde@pvm.org

Or call (586) 716-7385



R

KROGER

TUESDAY'S • 9:00AM • SPACE IS LIMITED!

Due to covid restrictions we are going back to our original policy of: PURCHASE ONLY WHAT YOU CAN CARRY ON AND OFF THE BUS. THERE IS NO DOOR TO DOOR SERVICE.

Call Ann Marie: 586-716-7142 At this time we are not offering any other transportation services. Transportation services are subject to change.





-Craft of the Week-Rainsticks











































The Village Lottery is held every Tuesday & Thursday at 1:30pm.

Keep your lottery numbers for the month.

Winners of the lottery numbers

Call Betsy-586-716-7143

GOOD LUCK!

Winners in April:

- Nancy Huff
- Marilyn Shaheen

If you witness a staff person, manager, or leader doing a great job and exhibiting of one or more of the Service Excellence Core Values, you can fill out a "What I do Matters" form and give it to the person at any time or turn it into the front desk with the person's name on it.

If you need more forms

Congratulations!

You are being recognized because "What you did mattered!":

Thank you for what you did!

Employee Name:

Person Recognizing Employee:

** Please turn this card into Village Administrator for a chance to win a **matter** ACCOUNTABILITY LISTENING RELATIONSHIPS RESPECT

A GIFT IN YOUR WILL

Date.

can change the lives of seniors.

The Village of East Harbor is able to provide the best quality housing, programs and services to seniors throughout Michigan with the generous support of **YOU** the donor.

The Village of East Harbor A SENIOR LIVING COMMUNITY A Mission of Presbyterian Villages of Michigan

Please consider a charitable bequest...

Find out how <u>YOU</u> can help future residents. Contact David Miller at 586-382-1866

Directory

Accounting	
Accounting Tracy Tesch	716-7408
Activity Lead A/L & I/L	110-1400
Betsy Mianecki	716-7143
Administrator	
Carolyn Martin	716-7221
Admissions Coordinator TCU	
Beth Humble	716-7427
Sue McCallum	716-7395
Assisted Living Nurse	
Denise Klimaszewski	716-7115
Chaplain	
Laura Stone	716-7438
Dining Services Mgr. Brian Williams	746 7440
	716-7419
Director of Nursing Jeff Robinson	716-7416
Driver	/10-/410
Ann Marie Hart	716-7142
Environmental Serv. Adm. Asst.	
Michelle Willer	716-7418
Executive Director	
David Miller	716-7410
Fitness Specialist	
Chris Gorde	716-7385
Front Desk	
Receptionist	725-6030
Haven Hall Nurse	740 7004
Lynette Sanday	716-7384
Housekeeping / Laundry Mgr.	716-7418
Teri Lynn Taylor Maintenance Work Request	/10-/410
Front Desk	725-6030
Maintenance	120-0000
	-996-2470
HCC Activity/Volunteer Mgr.	
Sheri Stover	716-7021
Physical Therapy Mgr.	
Kim Frabotta, Agility Therapy	716-7398
Resident Care Mgr.	
Toni Greig	716-7426
Sales & Leasing Specialist	
Peggy Carroll	716-7397
Dylan Demo	716-7183
Shelby Jones	716-7039



5/08 Lucille Cope 5/12 Larry Fox 5/17 Rita Edwartowski 5/20 Ellen Kunath 5/20 Marilyn Smith 5/26 Anna Gasowski 5/28 Vincent Carlo 5/31 Susanne Clark 5/31 Donald Cramton



RESIDENTS TV

Community Channel 3 Schedule

<u>Monday</u>

10:00am-Spiritual

11:00am-Fitness

3:00pm-Show & Tell

6:00pm-Entertainment

<u>Wednesday</u>

10:00am-Spiritual

11:00am-Fitness

6:00pm-Entertainment

Friday

10:00am-Spiritual

11:00am-Fitness

3:00pm-Armchair Travel

6:00pm-Entertainment

<u>Tuesday</u>

9:30am-Rosary/Catholic Mass

11:00am-Fitness

1:30pm-Tuesday Trivia & Lottery

3:00pm-Spiritual

6:00pm-Entertainment

<u>Thursday</u>

9:30am-Rosary

1:30pm-Word Genius & Lottery

3:00pm-Spiritual

6:00pm-Entertainment

<u>Saturday</u>

9:30am-Rosary

11:00am-Fitness

3:00pm-Spiritual

6:00pm-Entertainment

<u>Sunday</u>

11:00am-Spiritual Service

1:30-Fitness

6:00pm-Entertainment



Tear this page off and post it near your TV