The Village of East Harbor



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July 2018

Presbyterian ages MICHIGAN Anniversary SERVING SENIORS & COMMUNITIES

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A SENIOR LIVING COMMUNITY 🚱 Managed by Presbyterian Villages of Michigan

Look for PVM on:



Village Victory Cup Pirates 2018 Congratulations to Our Pirates who came in 2nd place!!













FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



Congratulation to Stan W. receiving a nice \$750 bonus check for referring a cottage home resident. We love referrals and love handing out checks of appreciation too. Resident testimonies mean more than any marketing ad and we appreciate it when you tell your friends why you love living here.

It was fantastic to see the new restaurant full with so many Birthday celebrations. We finally got to enjoy a sneak peak of what will surely be a hit on campus. I heard many compliments to the chef.

Many ordered the steak which I understand was delicious. We will have more exciting news regarding the restaurant 's big reveal soon. July's Birthdays will be held in the new restaurant and all Birthday's going forward.



The first speed bumps have arrived and will be installed shortly. We

will evaluate their effectiveness. We will continue to monitor and see if we need additional speed bumps in the future and to see how well the product works. I will keep you updated via newsletter and upcoming resident association meetings after our summer recess.

Our new Roses and plantings outside the front of the building and around the new patio are loving all the rain. The new outdoor furniture will arrive any day and you will be able to sit outside and enjoy a sandwich from the Cameron Café. Multiple inspections have taken place. We have one last inspection and forecast to open the Cameron café mid July.

Many of you already know our driver Ann Marie Hart. For those of you who don't, it is my pleasure to introduce her. Ann Marie resides in Algonac, loves Christian Music, and is an expert on Harsens's Island where she spent a lot of time as a child. She has two beautiful



daughters and two Grand Puppies. Ann Marie began her career at the Village 20 years ago. What a testament to her love of seniors and working here. She started as a Resident Aide before becoming our Driver with a CDL license. She is trained to assist residents safely transporting residents to Dr. appointments, errands, weekly trips to the local markets, fun outings, and more. A benefit of living on our campus is your access to transportation. If you need a ride to the beauty shop for example and it is in the local Chesterfield, New Baltimore area it is complementary. If you need a ride outside the complimentary radius, Ann Marie can guote you a price for your ride. We are truly grateful to Ann

Marie for her 20 years of service. Please congratulate her and hitch a ride!!!

The 4th of July always makes me grateful for living in the land of the free.

Have a safe and wonderful Holiday. Happy 4th of July!!!

Carolyn Martin Administrator



We are so proud and excited about our new TCU and therapy area, and want all of our residents to be also! A special Open House Tour is being planned for Thursday,

July 26th at 2:00 pm for all residents and their family and friends. If you know of anyone planning surgery and anticipate needing rehab therapy, they will thank you for telling them about The Village of East Harbor. We have always had the very best staff, and now we have a state of the art facility too! We are offering a tour of our brand new (private) rooms, dining room, offices, and especially the amazing rehab area which includes all new equipment as well as a "practice" kitchen, bedroom and bathroom to help patients re-gain their independence. Come on out and see what all the new construction has produced! Yet another reason to be proud to live at The Village of East Harbor. Betsy is handling the details, so call her at 716-7143 to reserve your spot(s) for Thursday, July 26th at 2pm. The tour will be conducted by Kim Frabotta, our Rehab Director, and light refreshments will be served.

WELCOME HOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family:

> Ruby Partin—601 Betsy Roddy—S-505

Alzheimer's Caregiver's Support Group Hosted by Chaplain Laura

3rd Tuesday of every month 2:00pm Chapel



Resident Pot Luck

Sunday, July 15 5:00pm Activity Room

Please Sign up in the Lobby so we know how many we need to set up for.

The Víllage of East Harbor Book Group

We are looking for a Resident or two to take over as the coordinator of the Book Group. The group meets once a month.

Any questions, please call Betsy, 586-716-7143



Next meeting will be Wednesday, July 18-Activity Room

JUST A REMINDER...Committee Meetings are open to ALL Residents!

Building & Grounds

Meets the 1st Tuesday of every month at 2:30pm in Capman Hall.

Culinary Committee (will not meet in July)

Meets the 1st Wednesday of every month at 1:30pm in Capman Hall.

Communication Committee (will not meet in July)

Meets the 1st Wednesday of every month at 3:00pm in Capman Hall.



From The Desk Of

Chaplaín Laura...





Happy Independence Day!!

The Declaration of Independence

"The Want, Will, and Hopes of the People."

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.--"

Long before the July 4, 1776 signing of the Declaration of Independence, God gave us our independence by instituting Life, Liberty, and the Pursuit of Happiness. Through Christ, we have many freedoms and rights.

Galatians 5:13- "You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh, rather, serve one another humbly in love."

Our freedoms were meant to serve others.

Proverbs 16:9 tells us that our steps are ordered by the Lord, "In their hearts humans plan their course, but the Lord establishes their steps."

Romans 13:2 warns, however, "Consequently, whoever rebels against the authority is rebelling against what God has instituted, and those who do so will bring judgment on themselves." We are all called to be imitators of Christ (Ephesians 5), so we give and love as God gave and loved, and as Christ gave and loved.

We are continuing to collect knitted/crocheted hats for Cancer survivors. If you knit or crochet and would like to participate by making a hat or two, please see Chaplain Laura for free yarn. **LUNCH WITH VETERANS (FREE)** is Tuesday, July 24; Leaving at 10:30am. Please sign up to join us in visiting and having lunch with those who brought us our freedom!

Please continue to check your calendar and our Chapel News bulletin board in the Chapel hallway and sign up to join us in our outreach opportunities. *In His Service*.

Chaplaín Laura Stone



Hello PVM Residents, Families, Board Members and Employees,

The Shining Star Committee has revised the attached Shining Star nomination form with the intention of making it more user-friendly and adding more opportunities for recognition. A Shining Star is someone who works at PVM and has been **nominated by you** - a resident, family member, coworker or board member- for exhibiting one or more of the Service Standards of Excellence. One of the best things about this is that everyone can nominate a staff person as a Shining Star!

PVM is committed to providing excellent services to the residents we serve, their families and to each other. The vision of Service Excellence includes four core values: Respect, Relationships, Listening and Accountability. These values serve as a standard against which every action and thought can be measured. The Service Excellence Standards show our commitment to make PVM a great place to live and work.

If you witness a staff person, manager, or leader doing a great job and exhibiting of one or more of the Service Excellence Core Values, you can nominate them at any time. As an alternative to submitting a paper form you may also submit nominations online at: http://pvm.org/about-us/what-i-do-matters-service-excellence/.

Please take this time to nominate deserving PVM staff members and share this nomination form with others. PVM is proud of the hard work and care our employees provide for those we serve and this is your opportunity to help recognize them for their efforts. Nominations may be submitted year round. However, 2018 nominations are due by August 22, 2018 to be processed in time for this year's celebration and award consideration.

Sincerely,

The 2018 Shining Star committee: Nicole Banks (Home Office), Michelle Steffen, (East Harbor), Jason Lovelly (Westland), Carl Brown (Home Office), Timprince Graves (Lakeshore), Ann Campbell (Lakeshore), Kristine Toutant (Lakeshore), Rachel Healy (East Harbor), Avni Thomas (Home Office), Nakia Johnson (Home Office), Jessica Gross (Rosebush), Dawn Corwin (Rosebush), Hannah Micallef (Redford), Gloria Robinson (Redford), Jill Tibbits (Perry Farm).

Please pick up a nomination form from the front desk!



Tour The *NEW* Transitional Care Unit & Agility Therapy

Thursday, July 26-2:00pm Meet in the Activity Room



<u>The Village Library</u> In Capman Hall

Chesterfield Library will be providing the Village with library books. The books will be rotated monthly. It is not necessary to check out books, you are on the honor system. Look for our NEW Library area in Capman Hall.

COMMUNITY OUTREACH PROGRAM

Please see your calendar and the Chapel board in the Chapel hall



June 24 – "Veterans Returning Home" in Roseville is transitional housing for displaced Vets while they find employment or gain job skills. They can live there for 2 years or more while working on independence. Once a month, we visit and have lunch with our Veterans, blessing them



with a gift of fresh fruit for them to enjoy. We have lunch with them (usually hotdogs or chili dogs (at our Residents' request).

Please join us for this rewarding opportunity! Leave here by 10:30; return approx. 1:30. PLEASE BE SURE TO SIGN UP SOON.



The Village of East Harbor would like to send out a BIG THANK YOU to Elaine Walton. Elaine encouraged her quilting group from her church, First United Methodist Church in Mount Clemens to donate Handmade Busy Quilts for our Memory Loss Residents. If you are interested in helping with this project, Please call Betsy-586-716-7143



2018 Walk to End Alzheimer's - Detroit Zoo Will you join our team?

Saturday, August 25 This is a 1.8 Mile Walk

For more information on how who can walk to end Alzheimer's join our meeting on July 18 –1:30pm– Activity Room

Art Class with Linda Martin Patriotic votive holders Monday, July 2 10:00am Activity Room	BLUEWATER SANDFEST This event is the Michigan State Championship of Sand Sculpting on Lake Huron. 9:30am-Lobby \$6.00 entrance fee
National Sugar Cookie Day Decorate a sugar cookie Contest Monday, July 9 1:30pm—Activity Room	Women's Lunch Island Grill Chinese Restaurant Monday, May 14 ~ 11:30am Lobby
Doll Presentation July 11 @ 1:30 pm Activity Room	National Ice Cream Day World's Finest Custard July 16 @ 1:30 Bus will take you there
EASTERN MARKET Tuesday, July 17 8:30 am Lobby	Horse Race & Happy Hour July 20 @ 2:45 pm Activity Room
Little Caesars arena \$20.00 due July 2 Wednesday, July 25 @ 9:00 am	Country Smoke House Friday July 27 @ 11:00 am
Inspirational Dance Saturday July 28 @ 1:30 pm Chapel	Men's Lunch Men's Choice Tuesday, May 29 11:30am Lobby
Find our Newsletter & Calendar on line! Go to: PVM.org Click ON: The Village of East Harbor Click ON: Calendars Newsletters: Go to the bottom of the page and click on "Read all about us"	Huron Lady II Cruise \$21.00 due July 2 Tuesday, July 31 @ 10:00 AM

JULY EXCURSIONS.....

<u>Friday, July 6</u>

Sandfest \$6.00 entrance fee lunch on your own 11:30pm-Lobby

<u>Monday, July 9</u>

Women's Lunch Island Grill \$\$\$ on your own 11:30am-Lobby

Tuesday, July 10

Flushing Valley Golf Club Special Golf Outing at Mr. Kleeman's Golf Course. 8:00am-Lobby

Thursday, July 12

Purple RoseTheater Lunch-Common Grill 10:00am-Lobby

Monday, July 16

World's Finest Custard \$\$\$ on your own 1:30pm-Lobby

<u>Tuesday, July 17</u>

Eastern Market 8:30am-Lobby

<u>Wednesday, July 25</u>

Little Caesars Arena Tour & Lunch \$20.00-lunch on your own Money due July 2

Thursday, July 26

TCU Tour 2:00pm-Activity Room

Friday July 27

*Country smokehouse 11:00am-*Lobby

<u>Monday, July 9</u>

Men's Lunch \$\$\$ on your own 11:30am-Lobby

<u>Tuesday, July 31</u> Huron Lady Cruise 10:00am Lobby

UPCOMING EXCURSIONS.....

<u>Tuesday, August 21</u>

Huron Lady Cruise & River Crab Dinner Evening Cruise

> \$60.00 Money Due July 2

Monday, September 17

GM Heritage Center Tour \$10.00-Due August 2 Sign up early-Space is limited!

DON'T GET LEFT BEHIND!

You <u>MUST</u> sign up for ALL shopping TRIPS and EXCURSIONS in the book found in the lobby and money in by the due date!

There must be 6 or more signed up or trips may be subject to cancellation.

Minutes Residents' Association 6/13/18

The meeting was called to order at 1:52 p.m. Wednesday, June 13, 2018. The prayer was omitted and new resident, Rita Edwartowski, was introduced to the group. There was an inspirational reading by Sam Vicari called "Footprints in the Sand", and Bob Healy led the pledges to the American and Christian flags.

Reports from the Village staff followed:

Carolyn Martin:

- The T-shirt contest for the 40th anniversary was won by Carolyn Martin. One was raffled.
- The dining room is open. We just need the reports from the health department and a report from the fire inspector.
- The staff will be moving back to the activity area.
- Long-term care is ready as well as the therapy room with its state of the art equipment.
- Speed bumps will be coming. John Begin:
- He raised money to run a marathon for blood cancers. His wife had glioblastoma and died of a brain tumor.
- He became a personal trainer.
- He did 10 marathons, 6 hikes, 200 miles of biking, as well as some roller-blading, raising \$250,000.
- As a member of the Lion's Club he raised money for Leader Dogs and the Make-a-Wish Foundation by biking.
- As a member of the Paul Miller Foundation:
- In 2014 he went to the Upper Peninsula and bicycled to raise \$50,000 for Leader Dogs. He also raised money for the chapel.
- In 2015 he bicycled 450 miles in the Lower Peninsula for Leader Dogs.
- In 2016 he bicycled around Quebec, Canada.
- In 2017 he wrote a blog for the 14 days he spent in Belgium biking and drinking 50 kinds of beer.
- In 2018 he went to Key West and cycled from Jacksonville to Myrtle Beach. Donations were given to the Wellness Center as well as other places. In December he will bike to Florida City with 12 friends. He will also bike from Quebec City to Angora. Donations are requested to Super Hero John for the seniors at PVM VEH. There will be a map showing his trip in the newsletter.

Brian Williams:

- The café restaurant will open on the26th. The menu is to be determined. There will be a liquor license,
- On the 19th there will be a Taste Fest in New Baltimore.
- The birthday luncheon is on the 21st and will feature rib-eye steak or stuffed chicken breast.
- The Father's Day breakfast is on the 13th at 10 a.m., men only.

Laura Stone:

- Lunch with Veterans will be July 24th, the second Tuesday.
- Bible study will be Mondays at 1:30.
- The Alzheimers group will meet on Thursdays.
- On Wednesdays we will have Bible trivia at 3 p.m.
- We will go back to packing food.

Chris Gorde:

- The Victory Cup will take place on Friday the 22nd with a rally after the birthday dinner on Thursday. The East Harbor Pirates will meet at 8:30 to leave at 9 for Novi. We will begin with lunch.
- The parade is on Wednesday at 9.
- Chris will be gone after July 4th.
- Frank asked if they could practice in the new room. Probably.
- There will be more practices Monday, Tuesday, and Thursday, and videos will be shown. <u>Betsy Mianecki:</u>
- Father's Day breakfast will be at 10 a.m. on the 3rd Thursday.
- One must sign up for the birthday dinner if you live outside the main building. Birthdays
 from December through June are being celebrated.
- We'll be working with the Chesterfield library to have a mobile library in Capman Hall on June 18th.
- There will be no manicures this Friday.
- There will be a women's coffee hour.
- We will be going to Stahl's Auto Museum June 19th.
- There is a Summer Discovery Cruise Tuesday, June 26th at noon.
- There will be a golf outing at Gene Kleeman's golf club July 18th, leaving at 8 a.m.
- We will be going to the Purple Rose Theater July 12th. The price is \$26.
- July 25th we will tour Little Caesar's Arena. We will leave at 9 a.m., and the cost is \$20.
- We will see sand castles in Port Huron in July.
- We will visit Eastern Market on a Tuesday and also one in Port Huron.

<u>RA Committee</u>

Neil Veneri-Building & Grounds

- There will be 16 speed bumps which will be removed for winter.
- We will have more shrubs and trees. We don't know where or who will pay for them. Jean Campbell – communications
- The handbook is being updated.
- There will be temporary signs for Capman and Kirk, possibly also for rest rooms.
- There will be pictures with names identifying the receptionist on duty.
- Peter Batte asked if we would have a picture of the maintenance crew? We will have a booklet containing pictures of all groups.

- Slate of officers:
- President Elaine Walton
- Vice President Frank Gitre
- Secretary Beverley Pack
- Treasurer Peter Batts
- Motion to approve by Linda Aderman. Passed.

Dorothy Dennis:

- There are 4 new residents: Rita Edwartowski, Jim and Mary Mason, and Patricia Walker.
- Peter Batts gave the Treasurer's Report.
- The minutes from the last meeting were accepted.
- The meeting was summarily adjourned.

Acting secretary: Beverley Pack



Cruising Lake St. Clair

Nine residents climbed on board a small cruise boat at Metropolitan Park and cruised Lake St. Clair and the St. Clair River Delta. We learned about the need for fish [Sturgeon, Walleye, etc] spawning

sites and reef construction. Our enthusiastic crew are participating in a Michigan Sea Grant plus several project partners. We were able to see the reef they have been building through using an underwater camera shooting video. We enjoyed a beautiful day and can tell you about the need for fish spawning sites. Submitted By: Jean Campbell



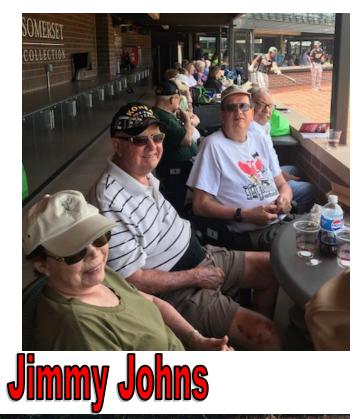


















Women's Lunch The Voyager



National Bomb Pop Day with

Northbrook Vacation Bible School

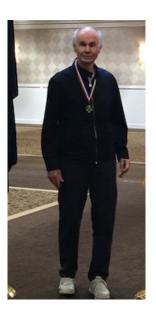












Directory

Accounting	
Tracy Tesch	716-7408
Activity Lead A/L & I/L	
Betsy Mianecki	716-7143
Administrator	
Carolyn Martin	716-7221
Admissions Specialist T.C.U	
Sue McCallum	716-7427
Assisted Living Nurse	
Denise Klimaszewski	716-7115
Beauty Salon	
Appointments	716-7180
Care Sync Case Manager	
Josie Villegas	716-7092
Chaplain	
Laura Stone	716-7438
Dining Services Mgr.	746 7440
Brian Williams	716-7419
Director of Nursing	716-7416
Melissa Freiburger Driver	/ 10-/ 410
Ann Marie Hart	716-7142
Fitness Specialist	110-1142
Chris Gorde	716-7385
Front Desk	110 1000
Receptionist	725-6030
Haven Hall Nurse	
Lynette Sanday	716-7384
Housekeeping / Laundry Mgr.	
Mary Breen	716-7418
Maintenance Work Orders.	
Front Desk	725-6030
Maintenance	
Emergencies After 11:00pm	248-996-2470
HCC Activity/Volunteer Mgr.	
Sheri Stover	716-7021
Physical Therapy Mgr.	
Kim Frabotta, Agility Therapy	716-7398
Resident Care Mgr.	
Toni Greig	716-7426
Sales & Leasing Specialist	
Peggy Carroll	716-7397
Nancy Smiley	716-7183



7/07 Genevieve Sabol 7/08 Peggy Miller 7/11 Loretta Cortis 7/11 Ruth Ann Hubbert 7/15 Geraldine Bellak 7/15 Victoria Cole 7/15 Bobbye Pearce 7/16 Virginia Balanda 7/20 Ron Dombrowski 7/23 Judith Demick 7/25 Betsy Roddy 7/27 Marie McKenna 7/28 Chuck Kisandi 7/31 Christine Avila