The Village of East Harbor

# 📲 Village Trumpet 🐇

### **Embrace the possibilities**

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

August 2020









#### **Community Apps**

If you live in the main building, your community content is delivered right to your television on Channel 3.

Residents living outside of the main building and also those living inside, can view the latest information about <u>VEH activities, dining menus and announcements.</u> on Community Apps.

Family members can also download the app.

Check out pages 5-7 For more information.



#### FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:

One day this too shall pass....just not quickly enough for our liking. The pandemic has brought many challenges. One of our challenges this Summer has been to get help with the outdoor landscaping and grounds. Steve retired leaving Tom to work his magic. We have unsuccessfully been trying to hire a few more employees to work the grounds and to date we have not had anyone willing to take the positions. We were fortunate enough to have our wellness team volunteer to help with the grounds work. Betsy, Chris, and Ann Marie joined Tom and started working outside when they were unable to do group activities. They are making good progress and will continue to work a couple of days outside in conjunction with their wellness duties. Please know we are doing our best to keep up. I am very grateful to the wellness team for becoming universal workers, willing to do whatever it takes to make our campus great. If you know of anyone looking for outdoor work please send them our way.

Keeping in touch has been another area we have been working on improving. The Robo calls, 800 number, and personal deliveries from the wellness team have been tools we have been using. We have purchased and implemented a new program called Touchtown, Community App. The purpose is to keep in touch when we can't be together. It is our new in-house Channel 3 and customized app and website. The best part about our new programming is you have the ability to see it inside and outside of our main buildings. Independent residents, family members, and staff can download the Touchtown app to see calendars, pictures, and programs. We are just rolling out the new software. Directions are in the newsletter so you can share with your families as well. Hope you will enjoy keeping in touch.

Depression, loneliness, lack of socialization can take its toll. If you find yourself struggling please call our front desk and ask for our Resident Care Manager Toni Greig @ 716-7426. You can confidentially talk to her regarding your challenges and she will do her best to assist you with resources. If you are thinking about not wanting to face another winter out in the Independent Living apartments and might benefit from Assisted Living, we have availability. We do have benevolence programs for residents who might not be able to afford Assisted Living. Many of you know we have a Foundation in which you can apply for Benevolence Assistance for Assisted Living or Memory Care. Please call Peggy Carroll at 586-716-7397 for more information, details, and qualifications. If you wish to make a donation to the Foundation you can contact the front desk to drop off your charitable donation.

Be Kind to one another, stay well, and know you are all in our thoughts and prayers.

Happy August, Carolyn

# MARKETING

Balance: an even distribution of weight enabling someone or something to remain upright and steady.

How are you feeling these days, caring for a loved one, balanced? Do you feel like you are upright and steady? How about the weight of problems, cares or concerns caring for a loved one? Doctor's appointments, medication management, COVID? How does that feel? Do you feel like the weight you are carrying, caring for a loved one evenly distributed on you? Is it time for Senior Living? Do I need Assisted Living? Does a loved one need Memory Care? How long do I try to keep things going before I seek help from the professionals? Help! My equilibrium is off! I need to find a balance here!

If this is you or anyone you know, let us assist you and help find this balance at The Village of East Harbor.

When it comes to senior living we can help you bring balance to your life. We can help to steady you and make sense of what a good life plan looks like. We bring 75 years of senior living experience, available to you, and can help you make these all-important decisions. The Sales and Leasing Team can help you bring balance into yours' or your loved ones lives'. We are just a call away! Call today!



## WELCOME HOME NEW RESIDENTS

We welcome these new residents to our

Village of East Harbor Family:

### Rebecca (Rae) Franks—T-605

Pat Pike—504

Marilyn Shaheen—J-1





### **Fitness Center News**

You MUST wear a mask and observe physical distancing spacing of 6 feet or more for ALL fitness classes

Exercise for Outside Independent Residents will resume Monday, August 3rd **Monday-Friday, 9am, Meet in parking lot near the quads.** (weather permitting)

FOR INSIDE INDEPENDENT AND ASSISTED LIVING RESIDENTS Please refer to your respective schedules and/or tune in to Channel 3 at 11:00 every day Schedule is subject to change



<u>Walk to End Alzheimer's</u> Saturday, Sept. 26th at the Detroit Zoo\* Please register for this year's walk at walktoendalz.org Team Name: **The Village of East Harbor** Team Captain: **Christina Gorde** \*Can't make it to the zoo? No problem! You can walk here on campus or in the building.

*Contact cgorde@pvm.org or 586-716-7385 for more info.* 





The Village Lottery will be held every Tuesday & Thursday at 1:30pm.

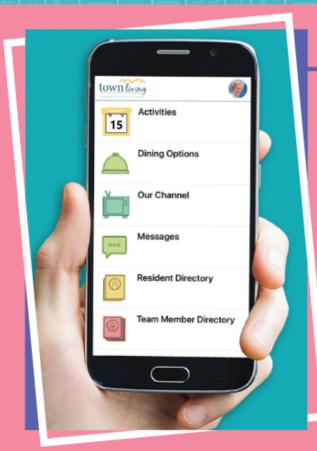
Watch channel 3 if you live in the main building or listen for the robo-call at 1:30 announcing the winning numbers. Everyone will get <u>1</u> lottery ticket each MONTH. Please keep the ticket for the entire MONTH.

Call the front desk if you have the winning lottery number.

586-725-6030

**GOOD LUCK!** 

# touchtown



## **GET STARTED BY**

Searching for Touchtown in your device's app store



**Logging in** with the username and password provided by your community

USERNAME: 4368 PASSWORD:4368

If you need help setting up your Touchtown, Community Apps, please call: Betsy 586-716-7143 to set up a one-on-one appointment.



#### **HOW DO I DOWNLOAD COMMUNITY APPS?**

Visit your smartphone or tablet's respective app store and search for **Touchtown**. Download the app called **Community Apps**. After the app has downloaded, sign in using the username and password provided to you by your community.

You may also access Community Apps via browser by visiting www.communityapps.com and logging in with your username and password.

Note: In order to download Community Apps, you may need to have your Apple or Google Play ID information handy.



#### WHAT DEVICES ARE SUPPORTED?

For a list of supported devices, visit: learn.touchtown.com/supporteddevices

#### WHY SHOULD I DOWNLOAD COMMUNITY APPS?

Community Apps is a digital concierge that puts your community's activities, dining options and more right at your fingertips. Use Community Apps features to help you with the following and more:



#### Find Friends

Find people who share your interests in the Resident or Staff Directory. With the search function you can find fellow knitters or history buffs and strike up a conversation. Use the tap to call, text or email feature on your smartphone to get connected right away.



#### Chow Down

If breakfast is the most important meal of the day, why not plan it out? Use the dining menus to find out when your favorite breakfast, dinner or dessert is being served.



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#### Stay in the Know

Be first to find out about new activities and special events with Community Apps. It's the quick and easy way to keep up with what's happening in your community.



#### Make a Plan

Make the most of each day by making a plan. When you use Community Apps to find activities, plan your meals and submit requests, you can stop worrying about what's up next.



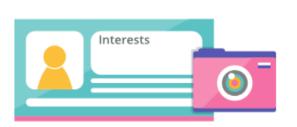


#### HOW DO I MAKE THE APP CONTENT BIGGER?

To adjust the size of your Community Apps content, e.g. icons and directory photos, tap or click your photo at the top right side of the screen and select Settings. Under Content Size, you have the option to select Small, Medium, or Large. Once you've made your choice, tap Save. Tap the Back button to go back to the home page where you will see your size selection reflected.

#### **HOW DO I EDIT MY PROFILE?**

To edit your profile that appears in the Resident or Staff Directory, tap or click your photo at the top right side of the screen and select My Profile. Make any desired changes and tap Save.



You may also change your profile photo by tapping the camera icon that appears next to your photo. If you are using a smartphone or tablet with a camera, you will have the option to take a selfie or upload a photo. If you are using a browser, you will have the option to upload a photo.

#### I FORGOT MY PASSWORD. HOW DO I RESET IT?

If you have forgotten your Community Apps password, you will need to contact a staff member at your community. Only a Community Apps administrator has the ability to reset passwords.

Username:
4368
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Password:
4368
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### Directory

Accounting	
Tracy Tesch	716-7408
Activity Lead A/L & I/L	
Betsy Mianecki	716-7143
Administrator	
Carolyn Martin	716-7221
Admissions Coordinator TCU	
Beth Humble	716-7427
Sue McCallum	716-7395
Assisted Living Nurse	
Denise Klimaszewski	716-7115
Beauty Salon	
Appointments	716-7180
Care Sync Case Manager	
Josie Villegas	716-7092
Chaplain	
Laura Stone	716-7438
Dining Services Mgr.	
Brian Williams	716-7419
Director of Nursing	
Jeff Robinson	716-7416
Driver	
Ann Marie Hart	716-7142
Environmental Serv. Adm. Assi	t.
Shelby Jones	716-7436
Executive Director	
David Miller	716-7410
Fitness Specialist	
Chris Gorde	716-7385
Front Desk	
Receptionist	725-6030
Haven Hall Nurse	
Lynette Sanday	716-7384
Housekeeping / Laundry Mgr.	
Teri Lynn Taylor	716-7418
Maintenance Work Request	
Front Desk	725-6030
Maintenance	
Emergencies After 11:00pm	248-996-2470
HCC Activity/Volunteer Mgr.	
Sheri Stover	716-7021
Physical Therapy Mgr.	
Kim Frabotta, Agility Therapy	716-7398
Resident Care Mgr.	
Toni Greig	716-7426
Sales & Leasing Specialist	
Peggy Carroll	716-7397
Dylan Demo	716-7183
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