The Village of East Harbor

👫 Village Trumpet 👫

Embrace the possibilities



MARKETING

The Marketing Department, including Admissions, takes great pleasure in wishing each and every resident of The Village of East Harbor a very joyful, Merry Christmas and blessed holiday season. May you enjoy the warmth and love

of family and friends, good food and especially health and happiness in the coming year as well.

Carolyn Martin

Nancy Smiley

Peggy Carroll

Sue McCallum

Beth Humble



WELCOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family:

Margaret DeSmet—113 Joan Marcus— C-303 Ken & Carol Oullettee—B-205 Mary Reis—102 Stephen & Elizabeth Sambor—418 Dorothy Tidwell—100 Donald & Christine Young—508 Alzheimer's Support Group

Hosted by Pauline Zeig

3rd Tuesday of every month 2:00pm Chapel

JUST A REMINDER...Committee Meetings are open to ALL Residents!

<u>Building & Grounds</u> Meets the 1st Tuesday of every month at 2:30pm in Kirk Hall.



Communication Committee

Meets the 1st Wednesday of every month at 3:00pm in the Conference Room.

<u>Culinary Committee</u>

Meets the 1st Tuesday of every month at 1:30pm in the Dining Room.



"It's the most wonderful time of the year!"

December is here and old man winter has come along with it. So make sure to get out your warm mittens, gloves, hats and scarves as you venture out to enjoy this lovely season!

December brings the magic of music to our Chapel! We have many guests lined up to ring in the holiday cheer; below is a list of special musical performances during this month. I hope you take advantage of each and every one by joining us in the Chapel to celebrate the Hope, Peace, Joy and Love that comes to us through the birth of our Savior!

> Christmas Caroling - The Church of Jesus Christ Dec. 2nd, Friday - 7pm, Chapel

> > Interfaith Choir Christmas Concert Dec. 5th, Monday - 7pm, Chapel

Michigan Chamber Chorale Dec. 7th, Wednesday - 7pm, Chapel

Piano Students of Connie Davis Dec. 10th, Saturday - 10:30am, Haven Hall & 11:15am, Lobby

O Come Let Us Adore Him - Christmas Cantata - Brookside Church Dec. 11th, Sunday - 3pm, Chapel

> Merritt High School Band Ensemble Dec. 12th, Monday - 7pm, Chapel

St. Mary's Queen of Creation Choir Dec. 17th, Saturday - 12pm-HCC, 12:40pm-Chapel, 1:10pm-HH

Gather Around the Piano - After dinner music by the Kacel family Dec. 17th, Saturday - 6:30pm, Chapel

Pioneer Girls Singing Dec. 20th, Tuesday - 5:30pm, AL Dining Room

VEH Resident Association November 8

Meeting was called to order by President Pete Batts at precisely 1:30. 48 residents attended A new resident was introduced. Welcome Catherine Wright. The pledge to the American and Christian flags were led by Bob Healy and Mariam Woodcock read an inspirational message.

David Miller, VEH Director gave an overview of plans for the Village renovation and expansion. Plans are now being firmed up and will be presented to the state and the township for approval this month. As digging begins for the expansion much renovation will be occurring in the existing buildings. There will be some confusion during the transition and residents and families will be notified of any temporary relocations. *Question:* funding for project partly comes from annual rents. As usual there will be 3% increase this year.

Elaine Walton, secretary read the minutes from the last meeting. They were approved.

Gladys Stolzenfeld, treasurer presented a financial report.

Current balances	Residents' Assoc.	\$2981.50
	Petty Cash	201.72
	Sugar Bowl	129.31
Some other transpo	tions have occurred and	will be reflected in

Some other transactions have occurred and will be reflected in next month's report, after they have been recorded .

Bob Healy, Christmas Fund Bob reminded us of the annual Christmas fund for appreciation gifts for hourly employees. If each resident would contribute \$60 or more (about \$5 per week) there would be enough for \$10,000, the amount that has been contributed in the past. You will be receiving letters about this soon.

Brian Williams, Dietary Brian introduced Jerry Campbell, the new executive chef. They invited questions. One issue was portion sizes.

Betsy Mianecki, Activities

The Candlelight dinner will be December 4. Cost is \$20. This is an annual event, a fundraiser for the Residents' Association. There will be baskets raffled. Last year \$900 was raised on the raffles.

Holiday Bazaar is this weekend. She asked for help baking cookies, pricing items and selling at the resident tables.

Veterans Day is Nov. 11 All veterans will receive a meal ticket for the dining room. This Friday they will go together to see the new flag pole in New Baltimore.

Upcoming activities include:

Nov 14 Parade company tour and lunch \$10 Nov 18 DSO coffe concert Nov 22 Men's lunch @ the Pantry Nov 28 Morley Candy tour Dec 7 Mystery tour Dec 18 Detroit Concert Choir

Must sign up in the front lobby for all excursions and shopping trips

Chris Gordy, Wellness Coordinator

All 11:30 classes are held in the Activity Room There are calendars in the fitness center of all classes In recognition of Diabetic month there are suggestions for Smart Snack options in the fitness center.

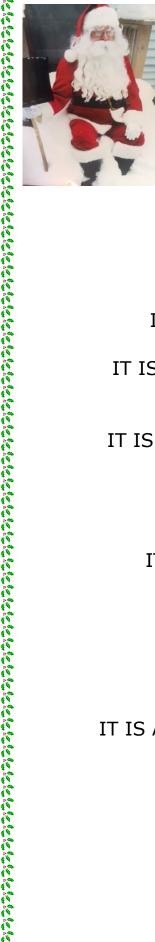
Neil Veneri, Building & Grounds committee receiving

New signs for the pedestrian crossing in front of the building have been ordered. A new speed limit sign is being installed on Kiely Dr as you leave the campus. There is still concern about driving over the speed limit on campus. Fall change over has been started.

JeanCampbell, Communications committee

The committee is still working on revising the resident handbook. The monthly resident potluck supper will be Nov 13 rather than Nov. 20 this month. If you are having any kind of communication problem, contact Jean for help.

Pete read come suggestions from the resident suggestion box in the front lobby. One is that residents always wear name tags so we could get to know each other more easily. Though that's a good idea it would be hard to implement. It is suggested that we wear our name badges to the refreshment hour following the residents' Meeting. Meeting adjourned at 2:30.



CHRISTMAS

by Chuck Kisandi

CHRISTMAS IS THE WARMTH OF THE LOGS AS ONE SITS BY AN OPEN FIRE; IT IS THE TWINKLE IN A CHILD'S EYES AS THEY WIDEN WITH DESIRE.

IT IS THE HOLDING OF YOUR LOVER'S HAND AS YOU SELECT A FRESH NEW TREE.; IT IS THE MELLOWNESS OF EACH AND EVERY VOICE AS THEY SING IN HARMONY.

IT IS THE WISHING EVERYONE A MERRY CHRISTMAS, EVEN TO THOSE YOU DO NOT KNOW; IT IS THE WHIRLING OF THE WINTER WIND AS IT DRIFTS THE FRESHLY FALLEN SNOW.

IT IS THE NEED OF HAVING PEACE ON EARTH AS WE LIVE FROM DAY TO DAY; IT IS BELLS BEING SO JOYFULLY TOLLED ON A ONE HORSE OPEN SLEIGH.

IT IS A CHILD HEARING "HO-HO-HO" FROM A DISTANT ROOFTOP; IT IS AN EARLY BEDTIME WITH A "GOOD NIGHT, SLEEP TIGHT, I LOVE YOU MOM AND POP"!

> BUT MOSTLY IT IS A TIME FOR GIVING WHICH MAKES IT KIND OF NICE; WHO GAVE THE GREATEST GIFT OF ALL? GOD-HE GAVE HIS SON-JESUS CHRIST!

CHRISTMAS LIST

by Chuck Kisandi

GIVE ME FOR CHRISTMAS THIS LIST OF THINGS; WHEN GIVEN FROM YOU ONLY HAPPINESS BRINGS.

GIVE ME YOUR EYES THAT GLITTER SO BRIGHT; GIVE ME YOUR ARMS TO CARESS ME AT NIGHT.

GIVE ME YOUR EARS SO MY LOVE I MAY SPEAK; GIVE ME YOUR NOSE TO WARM IN MY CHEEK.

GIVE ME YOUR LEGS TO WALK BY MY SIDE; GIVE ME YOUR SOUL WITH NOTHING TO HIDE.

GIVE ME YOUR HEART THAT COMES FROM ABOVE; BUT MOST OF ALL DARLING *GIVE ME YOUR LOVE!*



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DECEMBER EXCURSIONS.....

Friday, December 2 Christmas Tree Shoppe 10:00am

Saturday, December 3 K-Mart 1:30pm

Wednesday, December 7

Mystery Tour Moderate Walking \$\$\$ for Lunch 10:15am

Saturday, December 10 DollarTree 1:30pm

Wednesday, December 14

Women's Lunch Ardmore Park Place \$\$\$ on your own 11:00am

Friday, December 16

Christmas Tree Walk 5:30pm \$12.00 by November 30 \$15.00 after November 30 Money Due December 2

Sunday, December 18

Christmas with The Detroit Concert Choir Macomb Center for the Performing Arts 1:30pm Monday, December 19

Royal Park Hotel Gingerbread House Display Rochester 10:00am

Wednesday, December 21

Salvation Army Senior Day 9:00am

Tuesday, December 27

Men's Lunch Le Andos Cafe \$\$\$ on your own 11:00am

Wednesday, December 28

Mall Trip Birchwood 9:00am

UPCOMING EXCURSIONS.....

Coming in February… February 22 Alter Boyz-Meadowbrook Theatre \$19.00 Money Due –January 16

February –Date to be determined. Lion King-Fisher Theatre \$69.00 Money Due –January 16



Back Pain Shoulder/ neck pain Hip/knee pain Limited ROM Weakness Poor balance Stiffness & low endurance



WE HAVE A **PLAN FOR YOU!**

The Fitness Center offers

FREE

One on One Personal Training

One of our Fitness Specialist's will design an individualized fitness plan just for YOU!!

Call or visit the Fitness Center to schedule your sessions

586-716-7164







EL.VES





DSO Tchaikovsky 1st Concerto





























Directory

Accounting		
Tracy Tesch	716-7408	
Activity Lead A/L & I/L		
Betsy Mianecki	716-7143	
Admissions Specialist T.C.U		
Sue McCallum	716-7427	12/
Assisted Living Nurse	740 7445	12/
Denise Klimaszewski	716-7115	
Beauty Salon	746 7490	12/
Appointments	716-7180	/
Care Sync Case Manager	716-7092	
Josie Villegas Chaplain	/10-/092	12/
Mindy Raulston	716-7438	
Dining Services Mgr.	110-1430	
Brian	716-7419	12/
Director of Nursing	110-1410	
Melissa Freiburger	716-7416	
Driver		12/
Ann Marie Hart	716-7142	
Fitness Specialist	-	4.2
Chris Gorde/Lisa Sonnenberg	716-7164	12/
Front Desk		
Receptionist	725-6030	12/
Haven Hall Nurse		12/
Lynette Sanday	716-7384	
Housekeeping / Laundry Mgr.		12/
Mary Breen	716-7418	12/
Maintenance Work Orders.		
Front Desk	725-6030	12/
Maintenance		/
Emergencies After 11:00pm	248-996-2470	
HCC Activity/Volunteer Mgr.		12/
Sheri Stover	716-7021	
Physical Therapy Mgr.	740 7000	
Kim Frabotta, Agility Therapy	716-7398	۱ ۴
Resident Care Mgr.	740 7400	If y
Toni Greig	716-7426	Poc
Sales & Leasing Mgr. Carolyn Martin	716-7221	Ple
Sales & Leasing Specialist	110-1221	Dr.
Peggy Carroll	716-7397	
Nancy Smiley	716-7183	586
Nancy Smiley	110-1103	200



716-7427	12/1 Charlotte Bacsikin
716-7115	
716-7180	12/1 Beverly Harwood
16-7092	12/6 Carol Morrill
716-7438	
716-7419	12/13 Ethelyn Van Wassenhove
716-7416	12/15 Marion Welchner
716-7142	
716-7164	12/17 Irma Black
725-6030	12/17 Pat Healy
716-7384	
716-7418	12/19 Joan Rifenberg
725-6030	12/27 Mary Jacob
996-2470	
716-7021	12/30 Angeline Trovato
716-7398	If you wood o
716-7426	If you need a Podiatry Appointment
716-7221	Please call— Dr. Krietman
716-7397	
716-7183	586-772-3500 ⁺