

🌞 Village Trumpet 🌞



Embrace the possibilities

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January 2016



Featured Articles

Executive Director

Chaplain

Getting to know...

Marketing & Events

Events

Events

Whazzup...

Photos



Join us for The Village of East Harbor's New Year's Eve Party. December 31 hors d'oeuvres & drinks

11:30-1:00pm-Activity Room

Dinner 12:00pm-Dining Room

Dancing & Entertainment by The Soundz of Music Band 1:15-2:15-Chapel



East Harb

A SENIOR LIVING COMMUNITY



Look for PVM on:







Your Tongue!



From the desk of the Executive Director:

What a wonderful time of the year, I just love the Christmas lights, decorations and just the smiles this time of year brings to people's faces. God has truly blessed my family and me, I enjoy my work at the Village and getting to know each and every one of you is special to me.



I often pause to think about the tremendous talents, knowledge, and wisdom we have living on the campus at East Harbor and that I really never know, to the full extent, all the places of this world our residents have traveled in their life times or the things they have seen, especially with the changes in technology.

I am also thankful for the great staff we have, with their compassion for serving people, and just their love of the job or task at hand. We really do have some special people both working and living at East Harbor.

Thank you all for this honor of providing leadership over your home and it is my prayer that this coming year will be an even better time for you and for our community. On behalf of myself and the staff, volunteers, and Board members of the Village of East Harbor I want to wish you all the very best Christmas and a happy New Year! God Bless!

Respectfully Submitted: David Miller



Looking forward to 2016, this promises to be an even more exciting time to be living at The Village of East Harbor. We

have many fun events in planning stages – don't forget about our second annual Frozen Harbor, scheduled for January 15th at 1:30. Once again, we will feature an ice carving demonstration, a judged chili cook-off competition with free tastings, entertainment, pictures with Snoopy, hot cocoa & sweets and more! It is free and open to the public, so bring your family and friends, but most important, bring yourself in for some winter fun in our cozy activity room.

The next time you are in the main building, stop in and say hello to our newest staff member, Peggy Carroll, who has taken April's position as Sales & Leasing Specialist. Also, while you are in the Admissions Office, see the beautiful painting that was created and donated by one of our residents, Walter Krawczyk. It is displayed on the wall of the outer office. Mr Krawczyk is an accomplished artist, among other talents.

The Sales/Leasing/Admissions Department would like to wish each and every one of our residents a very blessed, safe, healthy and happy new year!

From the Desk of Chaplain Mindy

Welcome to 2016!

A new year, a whole 365 days to improve ourselves, to bless others and to live life to the fullest.

This year from the Chaplain office we will be focusing on, what is called,

The Fruit of the Spirit!

The Fruit of the Spirit can be found in the book of Galatians chapter 5, which was written by St. Paul.

It is a list of nine characteristics that we should be **growing** in our lives.

Each month we will be focusing on one of these fruits.

There are many opportunities this year to join us in Bible Study, Sunday Worship, Chapel Trivia, with our special classes and with our Give Back projects! Everyone is welcome, hope to see you there.

Come and grow with us in 2016!



A Most Memorable Person

By: Fred Pankow

Adventures may be missed if we stay only on the planned path during life's journey. My adventure began with meeting a tall soft spoken stranger. It was January 8, 1980; the temperature was 5°F; I was on I-75 on my way to a meeting in northern Michigan. On a secondary **road to** my right I saw new construction; something was being built in an open field. I drove to the area and parked my car. A man, who seemed to be in charge of the three men crew, walked over to my automobile and asked if I needed help. Because it was cold I invited him to join me. I did not know it but my adventure had begun.

His name was Milton. After a short visit he excused himself, left me and entered a nearby mobile office. He returned and showed me a book. The book was about his career and his special area of construction. The cover of the book told me his name was Milton S. Craton. I inquired if the book was for sale. "It is," he said as he withdrew a note pad from his pocket. On this pad he had listed the name of each purchaser of his book. I am #1546. Soon I had to be on my way, however, I planned to return to this adventure.

On my next visit our conversation continued as if there was no lapse of time. We discussed similar structures Milton had built either from the ground up or on which he had done restoration work. Never were two projects the same.

For this project he had laid huge wooden beams on the ground and drilled 3" holes into them with large bits with cutting heads he had sharpened himself. He explained that poorly sharpened bits left a dull cut (not a shiny hole), and he explained the difference. The holes being drilled are for trunnels which are like "big ole nails made of wood." Trunnels attach wood beams to other wood beams and moisture content of both beams and trunnels must be considered. After pounding the tightly fitting trunnels into place the large timber "walls" were lifted, from laying flat on the ground, to vertical positions. It is difficult to believe how a few men, with equipment hand built for the purpose called ginpoles, could do this very heavy work.

I was informed that the contract for this construction job was written on a piece of lined paper such as a child might use in school. "What about plans and specifications?", I enquired. He touched a finger to the side of his head and said, "It's all up here."

The building had no foundation; it was to be moved to another location. "We will pull it into position with a winch and a team of oxen," he explained. I thought, "Yeah you will." It seems the plan was for people to be able to watch the movement of the building to its final location and the new owner wanted folks to have plenty of opportunities to observe the process. You will soon understand the reasoning for this.

The work is long finished and thousands of people have had the benefit of this beautiful "natural" structure; too few of these people have had the pleasure of meeting Milton S. Graton, the creator of the covered bridge at Frankenmuth, Michigan. Milton Graton has passed on but when I think on it I see his solitary figure looking at the bridge and remembering days, long gone, when the bridge would have withstood the weight of teams pulling heavily loaded freight wagons; perhaps he sees a small buggy, drawn by a single horse, carrying a young couple, over the river through his "kissing bridge."

Firmly attached to my autographed copy of Mr. Graton's book, *The Last of The Covered Bridge Builders* is my gold tone \$1 token coin which was sold by Zenders for use in passing over the bridge. Zender's Restaurant had a spot from which you could eat, drink and observe the oxen pulling the bridge to its final resting place and for that reason it was done slowly.

During my last visit with Mr. Graton I mentioned that I noticed the bridge was slightly higher in the center of the span giving it a slight arch. He responded, "It's the cambre. If I built it flat the bridge would look tired." He responded to all of my questions with great patience and generously of time.

Milton S. Graton is gone, however, I have spoken with his son Arnold who is still in the bridge building business, out of New Hampshire, as Arnold M. Graton Associates Inc. Covered Bridge Builders. To see a beautiful picture of a covered bridge go to his web site at www.arnoldmgraton.com.

This adventure was almost missed except when traveling my path, "I took the one less traveled by, And that has made all the difference." *

^{*} Robert Frost, The Road Not Taken.

JANUARY CRAFT CLASSES

January 5– Paint a Snow Scene
1:30-Activity Room

January 11– Jewelry w/ Anita 1:30-Activity Room



January 26– Heart Door Hanger
1:30-Activity Room



FRIDAY AFTERNOON AT





January 29 2:45pm

Activity Room

EXCURSIONS.....

Friday, January 8

Fast Food Friday & Shopping
Big Lot's / Hobby Lobby
White Castle
10:30am

Wednesday, January 13

Women's Lunch Cracker Barrel 11:00am

Friday, January 22

Movie & Lunch Star Wars / Jillians 10:30am

Tuesday, January 26

Men's Lunch Bagger Dave's 12:00pm

Wednesday, January 27

Mall Trip-Great Lakes Crossing

9:30am

Fruit Market Friday

Fruit Market Friday
Vince & Joes
9:30am

New Class

Parkinson's Specific Exercises



Friday's

1:15pm

Fitness Center

Any Questions please call Chris Gorde

586-716-7164

Or stop into the Fitness Center for more information.

WELCOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family:

- Donna Wallis-417
- Mary Ann Krause-412
- Marion Titran-422
- Kay Kacel-421

- Mary Braun-118
- Shirley DeLaere-500
- Helen Rosnik-503
- Norma Michael-A106

Alzheimer's Support Group

Hosted by Pauline Zeig
3rd Tuesday of every month
2:00pm
Haven Hall.

Great Lakes Legal will provide legal service by appointment only.

Please call Maria Messina, Lead Attorney (313) 937-8282

2015 Resident Christmas Party













Paint
a
Snowman











Rochester Light Tour

Dinner at

Max & Erma's









candlelight Dinner

















Directory

Director	
Accounting	
Tracy Tesch	716-7408
Activity Lead A/L & I/L	
Betsy Mianecki	716-7143
Admissions Specialist T.C.U	
Sue McCallum	716-7427
Assisted Living Nurse	
Denise Klimaszewski	716-7115
Beauty Salon	
Appointments	716-7180
Chaplain	
Mindy Raulston	716-7438
Front Desk	
Receptionist	725-6030
Dining Services Mgr.	746 7440
Nolan Poloney	716-7419
Director of Nursing	716-7416
Melissa Freiburger Driver	110-1410
Ann Marie Hart	716-7142
Fitness Specialist	710-7142
Chris Gorde/Lisa Sonnenberg	716-7164
Front Desk	
Receptionist	725-6030
Haven Hall Nurse	
Lynette Sanday	716-7384
Housekeeping / Laundry Mgr.	
Mary Breen	716-7418
Maintenance Mgr.	
Rod Brandt	716-7417
HCC Activity/Volunteer Mgr.	
Sheri Stover	716-7021
Physical Therapy Mgr.	
Kim Frabotta, Agility Therapy	716-7398
Resident Care Mgr.	
Toni Greig	716-7426
Sales & Leasing Mgr.	
Carolyn Martin	716-7221
Sales & Leasing Specialist	716 7207
Peggy Carroll Nancy Smiley	716-7397 716-7183
Ivanicy Silliey	1 10-1 103



Month
1/01 Beverly Tarien
1/02 Rose Lewchuck
1/02 Robert Healy
1/02 Ervine Schoenherr
1/03 Richard Cowper
1/04 Elizabeth Rogerson
1/05 James O'Grady
1/06 Jadwiga Fortner
1/11 Elizabeth Bassett
1/13 Teresa Gregiore
1/13 Carol Deutsch
1/14 Elaine Walton
1/18 Father Edward Ritter
1/20 Vera Hallop
1/22 Helga Hermann
1/22 Kenneth Wingrove
1/29 Shirley Gooden
1/29 Leona Kirk

1/30 Homer Wulbrecht

The Village of East Harbor FRENZEN HARBER

Friday, January 15, 2016 1:30 pm

Annual Ice Carving Demonstration And



Chili Cook-off

Honorable Chili Cook-off Judges: Chesterfield Police Department Chesterfield Fire Department Award Winning Chef Randy Emert

- ENTERTAINMENT
- PICTURES WITH SNOOPY
- · CHILI TASTING
- · HOT COCOA & SWEETS



Residents, Family, Friends and Staff are invited to submit their favorite Chili Recipe for the Frozen Harbor Chili of the Year Award.

Please call 586-716-7143 to enter. Space is limited.