



# Village Trumpet



Embrace the possibilities

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December 2019



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The Village of  
**East Harbor**

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan



Look for PVM on:



## Annual Resident Association Candlelight Dinner

Sunday, December 8, 2019

Doors open: 4:30pm

Cocktails: 5:00pm

Dinner: 5:30pm



Reserve your seat-Front Desk

\$25.00

Get your tickets TODAY-Tickets are Limited!



**FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:**



Merry Christmas 🎄

The Holidays are a joyous time, stressful, and sometimes lonely. Your Village family is here to support you. Eating too many Christmas treats? Join Chris for fitness and burn those extra calories and let off

some stress.

Looking for the Holiday Spirit? Join us for one of many Christmas concerts.

Watch with fellow residents and make new friends.

Want to make a difference? Buy a ticket for the Resident Association Candlelight Dinner. Proceeds benefit the residents association. Looking to fill your soul with faith? Join Chaplain Laura for a Sunday Service. Need someone to talk to? Chaplain Laura can counsel you as well. Need to lower your blood pressure? They say petting a dog can achieve this. Visit Maggie or Buttercup for puppy dog kisses. Volunteering can be good for your soul too. We welcome resident volunteers. See the front desk for more info. Betsy will be happy to keep you busy enjoying a multitude of games, trips, and programs. Ride the bus to see the lights with Ann Marie. A wonderful way to experience the beauty of our area all lit up. I try and hop on the bus to enjoy the lights with the residents too. Seeing the lights with a driver, relaxing, and singing Christmas Carols from the comfort of our bus. Hope you take advantage of all the things going on this Holiday Season.

Buttercup is continuing her training and the plan is to become a certified therapy dog. She needs lots of interaction and training. She will be part of a new reading program with our Memory Care residents. Reading with the Administrator and Buttercup. Everyone is welcome to join us.

Our staff appreciates the resident association drive to gather funds to thank the line staff for their services. Your kindness and generosity is greatly appreciated. We don't allow tipping during the year. This is the one time of year you are encouraged to say thank you.

I will be spending Christmas in New York City. Many of you know this is one of my favorite cities to visit.

My family and I are trying a new adventure and will be staying in a brownstone in the Clinton Hill area of Brooklyn. This will be a new area for us to explore .

I hope to have some stories to share experiencing the city like a local. If you have any suggestions of places we shouldn't miss let me know.

May you have a Holiday filled with joy, love, new adventures, and peace. Merry Christmas to you and your family.

Carolyn



# MARKETING

Merry Christmas!

Season's Greetings from the Sales and Leasing Department. Our Christmas wish for you and yours is for peace, health and prosperity not only for this holiday season but also for the New Year. Our Wellness Department has many wonderful programs planned for the holidays. We hope you take advantage and enjoy all of them!

The saying "the more the merrier" takes on a whole new meaning around the holiday season here at East Harbor. We love seeing friends and family join our campus for events and coming to visit their loved ones here. We would love to have more people just like you live here!! If you refer a friend or family member to live here at East Harbor, you will receive a referral check at the time of their move in for some extra Christmas spending money!! Have your friends and family join us for the holidays year round!



## WELCOME HOME NEW RESIDENTS

We welcome these new residents to our  
Village of East Harbor Family:

Rosa Barretta—615

Mary Ann Bayer—504

Marion Bernard—116

Henry Carroll—101

Ann Gillman—117

Bruce & Marilyn Smith—606

Jacquelyn Stieler—105

Carol White—H-1

**JUST A REMINDER...Committee Meetings are open to ALL Residents!**

### **Building & Grounds**

**Meets the 1st Tuesday of the month at 3:00pm in Marguerite's Restaurant.**

### **Culinary Committee**

**Meets the 1st Wednesday of the month at 1:30pm in Marguerite's Restaurant.**

### **Communication Committee**

**Meets the 1st Wednesday of the month at 3:00pm in Marguerite's Restaurant.**





*From The Desk Of Chaplain Laura...*

## **NOVEMBER**

### **A TIME OF GRATITUDE AND PRAISE**

PSALM 7:17- "I will give thanks to the LORD

because of his righteousness; I will sing the praises of the name of the LORD Most High"



The meaning of Thanksgiving has undergone many changes. Expressions of gratitude for survival, recognition of flourishing community, the defeat over the British, resulting in our nation's traditions and values. Over the centuries, families added their customs to the Thanksgiving celebration, preserving that which they held most precious.

**To gather in unity** – People come together in celebration of a common purpose for reconciliation of differences, a time of healing, sharing our victories and our struggles.

**To teach the young** – In stories retold, each generation brings purpose and significance to the richness of their heritage including memories and prayers of Thanksgiving.

**To prepare the heart-** In gratitude, we reflect upon all the gifts (family, friends, health) in our lives.

#### **Meaning of Thanksgiving - Praise to God**

In the Bible, the meaning of thanksgiving reflected adoration, sacrifice, praise, or an offering. Thanksgiving is an expression of gratefulness to God as an act of worship. "These things I remember as I pour out my soul; how I used to go with the multitude, leading the procession to the house of God, with shouts of joy and thanksgiving among the festive throng" (Psalms 42:4). Long before the colonists celebrated their successes, Nehemiah assembled two great choirs to give thanks for God's faithfulness in rebuilding the wall. "The Levites were sought out from where they lived and were brought to Jerusalem to celebrate joyfully with songs of thanksgiving and music" (Nehemiah 12:27).

The true meaning of Thanksgiving focuses upon relationship. Thanksgiving is a relationship between God and man. Upon their arrival at New Plymouth, the Pilgrims composed The Mayflower Compact, honoring God. Thanksgiving begins with acknowledging God as faithful, earnestly giving Him thanks, in advance, for His abundant blessings. In everything, by prayer and petition, with thanksgiving, present your requests to God" (Philippians 4:6). Thanksgiving is an attitude of the heart that reinforces an intimate relationship with God.

**Who or what are YOU thankful for? Look for the pumpkins with tags, and share with us!**

Please see "**CHAPLAIN'S CORNER**" for a list of events and outings you can be a part of.

*In His Service,*

*Chaplain Laura Stone*



**CHAPLAIN'S CORNER**

**DECEMBER 2019**  
**CHRISTMAS**  
**CONCERTS**



*Saturday, November 30*

*Kacel family Christmas- 2:30pm-Chapel*

*Monday, December 2*

*Anchor Bay Mom's Club - 10:30 am- Activity Room*

*Interfaith Choir- 7:00 pm- Chapel*

*Tuesday, December 10*

*The Rock Choir-6:00 pm- Chapel*

*Wednesday, December 11*

*The St Clair Singers- 7:00pm-Chapel*

*Saturday, December 14*

*Living Word Choir- 1:30pm- Chapel*

*The Expressions;*

*Macomb Community College A Capella Group- 6:30pm- Chapel*

*Sunday, December 15*

*Brookside Choir-2:30pm-Chapel*

*Saturday, December 21*

*Christmas Choir with Mike Cousins-1:30pm- Chapel*





## Fitness Center News...

Don't let the cold weather stop you from getting in your daily exercise! Not interested in group fitness classes? Try your hand at Wii Bowling, Just Dance or a game of pool!

Pick up a **Health and Wellness Passport** from Chris Gorde in the Fitness Center and get each square signed off for attending specific health and wellness programs.

Once filled, turn in your passport for a prize!



**Walk Michigan!**—Keep track of your activities (inside, outside, classes or on your own) and move your marker on the map located in the Activity Room to see how far you can go!

**Questions? See Chris Gorde, Fitness Specialist**

## WON'T YOU JOIN US???



The Village Stitcher's need your help with our community service project.

We are making plastic bag sleeping mats for the homeless. We need help laying out the bags, making them into plarn and putting them together. Anyone and everyone can do it, no experience necessary.

**LOCATION: Activity Room**

**TIME: 10:45am-1:30pm**

**DAY: Saturdays**

**COST: FREE**

Dining  
Services will  
be making a  
pork roast.  
Cost:\$5.00



**Resident Pot Luck**  
**Sunday, December 15**  
**Happy Hour—Bring Your Own—4:15pm**  
**Dinner—5:00pm**  
**Activity Room**  
**Please signup in the book!**

Please sign up  
to bring a  
side dish in  
the book.



## **Resident Association Minutes-November 14, 2019 Meeting**

The meeting was called to order at 1:30 p.m. The pledges to the American and Christian flags were led by Bob Healy. The new member in attendance was Mary Ann Bayer.

### **Staff reports**

#### **Brian Williams – kitchen staff**

- Dinner will be served on Thanksgiving. The dining room will open at 11:00 or 11:30.
- Frank Gitre requested omelets twice a month.
- Pot luck will have turkey, stuffing, mashed potatoes, and gravy from the staff.
- The Candlelight Dinner will cost \$25.

#### **Chris Gorde – fitness**

- There will be no new classes.
- She will take off some time because her son is graduating from boot camp.
- There will be a new class in January for balance etc.

#### **Carolyn Martin – administrator**

- The Village will try hard to keep walks and driveways clean.
- We will be notified if we should stay in.
- If schools are closed, trips will be canceled.
- VEH received a grant from WSU for “Healing Touch” and essential oils. Laura will represent us to see if these enhance improvements in health.
- There will be many concerts here during the holidays.
- There will be a purse raffle, donated by the Marketing Department.
- Frank Gitre approached her for the “Ambassador Club”. He will introduce them.
- Construction
  - ◊ New trees will replace the ones cut down.
  - ◊ The cottages will open in August and will consist of 36 homes. We will soon accept down payments.
- Elaine said the staff has done much work for our functions and thanked them.
- Stan asked for standing ovation for Betsy, who is having a birthday.
- The property next door is for sale for about \$900,000. We would like to have it because it adjoins us.

#### **Betsy Mianecki - Activities**

- Get tickets for Candlelight Dinner - \$25, includes wine.
- Robo call for change in date for “It’s a Wonderful World” to Wednesday, December 18. She needs money today - \$28.
- We will be seeing the MOT dress rehearsal for the opera “Gianni Schichi” in February.
- We will visit the shops at Waterside Wednesday, November 20 (Joann’s, etc.).
- November 22 we will see the Paul Simon show.
- The Cruise Inn or Bumpers will be the site for the men’s lunch.
- On Thursday at 11:15 the bowling team will meet in the activity room. We must sign up for the team. We are not required always to attend.
- We will try to have golf days at some place nearby. Cedar Glen is near here. We will try to start up by spring.
- We will have a putting green from now until Thanksgiving. David borrowed one.
- We will try to go back to Gene Kleeman’s next summer.



### Business Meeting

Minutes – secretary. No additions or corrections.

### Treasurer

The Holiday Bazaar took in \$720.40.

A proposal was made for the Residents Association to contribute \$1,000. **Jean Campbell made the motion. It was seconded and passed.**

Sherrie Knudson is in charge of the Christmas Fund. We have had over \$3,000 in the past. Please get your money in as soon as possible.

### Communications – Jean Campbell

We will divide up the cost for the turkey, etc., at the pot luck amongst those attending.

We will have a Happy Hour at 4:15, BYO.

### Library – Charlotte Gitre

Denise made stickers for the shelves. One shelf for non-fiction.

Janet Lickman will scan the shelves for order.

We will set aside time for reading the Trumpet to those unable to do so. Those in independent living can also attend.

### Buildings and grounds – Frank Gitre

We will have our heat vents cleaned soon.

We will have signs for parking for independent living soon.

Joan Lehoczyk thanked all who helped with the meals for Kyle's House (FAN). It was very successful.

We will be making mats for the homeless out of plastic bags. It takes 900 bags for one mat. The Chesterfield Community Center will be collaborating with St. Mary's Church.

**Frank Gitre moved to adjourn. The motion was seconded and passed at 2:40.**

Beverly Pack

Secretary



*Your Life.* Your Legacy.

Presbyterian Villages of Michigan is only able to provide the best quality of housing, programs and services to seniors throughout Michigan with the generous support of our donors.

**Please consider a charitable bequest...**  
***and leave a legacy.***



Presbyterian  
Villages  
OF MICHIGAN  
THE FOUNDATION

For more information, call  
Paul Miller at the PVM Foundation

**248.281.2045**

[www.pvmfgifts.org](http://www.pvmfgifts.org)



## December Resident Association Meeting ~ Tuesday, December 10

**X-Mas Cookie Day**

**1:30pm ~ Marguerite's Restaurant**

**Reception immediately following the meeting**



*Live From Orchestra Hall...*

### **MENDELSSOHN VIOLIN CONCERTO**

**DSO Live Webcast**

**Friday, December 6, 10:30am, Activity Room**

**Join us for coffee and a concert!**

**CHRISTMAS ART PROJECT**  
**MONDAY, DECEMBER 9**

**1:30PM**

**ACTIVITY ROOM**



**Wii Bowling**  
**Monday's**  
**2:30pm**

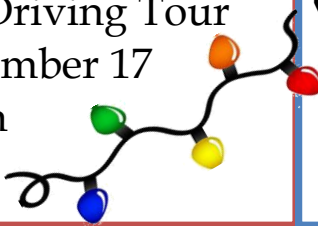
**Activity Room**



**BUNCO**  
**THURSDAY'S**  
**1:30PM**  
**ACTIVITY ROOM**  
**-PRIZES-**

**Christmas Church Tour**  
**Historic Trinity Church & Lunch**  
**Monday, December 16**  
**9:30am – Lobby**

**Christmas Lights Driving Tour**  
**Tuesday, December 17**  
**6:00pm**  
**Lobby**



### **WILD LIGHTS AT THE DETROIT ZOO**

**Friday, December 20**  
**\$14.00**  
**4:30pm-Lobby**

**There are a limited amount of tickets.**



### **BIRTHDAY DINNER ~ CHRISTMAS PARTY**

**Prizes for BEST Christmas Sweater!**

**Thursday, December 19**  
**Entertainment –Donny Rod 1:30pm-Chapel**



### **New Year's Eve Party**

**Featuring : Paul Ritchie**

**Tuesday, December 31-1:30pm-Chapel**



## **December EXCURSIONS.....**

### **Wednesday, December 4**

*Salvation Army Shopping*  
10:30am  
Lobby

### **Friday, December 6**

*Thee Holiday Soiree*  
VFW Hall  
\$5.00 pay at the door  
12:45pm  
Lobby

### **Wednesday, December 11**

*Women's Lunch*  
Ardmore Park Place  
11:00am  
Lobby  
\$\$\$ on your own

### **Friday, December 13** ***Christmas Tree Shoppe***

9:00am  
Lobby  
\$\$\$ on your own

### **Monday, December 16**

*Christmas Church Tour & Lunch*  
9:30am  
Lobby  
Donation to Church

### **Tuesday, December 17**

*Men's Lunch*  
*Men's Choice*  
11:30am  
Lunch \$\$\$ on your own

*Christmas Lights Driving Tour*  
6:00pm  
Lobby

### **Wednesday, December 18**

*Riverbank Theater & Dinner*  
*It's a Wonderful Life*  
4:00pm  
\$28.00, Dinner on your own

### **Friday, December 13**

*Zoo Lights*  
4:30pm  
Lobby  
\$14.00  
Money Due December 9

## **UPCOMING EXCURSIONS.....**

### **Friday, February 28**

*Michigan Opera Theatre*  
*Gianni Schicchi Rehearsal*  
\$25.00  
Money due January 28

Overview Wealthy Florentine Buoso Donati has just died but all his greedy relatives can think about is their neglect in his will. The tables turn with the help of the mischievous Gianni Schicchi but not in the way that they expect. Considered one of the funniest operas of all time

## **DON'T GET LEFT BEHIND!**

You **MUST** sign up for **ALL** shopping TRIPS and EXCURSIONS in the book found in the activity room!

**When Making appointments with the Driver, please call as soon as possible.**  
**The Driver's calendar fills up quickly.**

**If you need a ride to the main building, please call as early as possible for a pick-up.**



**Edible Turkeys  
with Dance Ministry**



**Audrey Bolton's  
Christmas Cactus**



**Poppies  
for  
The Veterans**



**PAINTING  
CLASS**



**Bingo & Blankets with Gateway Christian Church**



# Directory

<b>Accounting</b>	
Tracy Tesch	716-7408
<b>Activity Lead A/L &amp; I/L</b>	
Betsy Mianeki	716-7143
<b>Administrator</b>	
Carolyn Martin	716-7221
<b>Admissions Coordinator TCU</b>	
Beth Humble	716-7427
Sue McCallum	716-7395
<b>Assisted Living Nurse</b>	
Denise Klimaszewski	716-7115
<b>Beauty Salon</b>	
Appointments	716-7180
<b>Care Sync Case Manager</b>	
Josie Villegas	716-7092
<b>Chaplain</b>	
Laura Stone	716-7438
<b>Dining Services Mgr.</b>	
Brian Williams	716-7419
<b>Director of Nursing</b>	
Jeff Robinson	716-7416
<b>Driver</b>	
Ann Marie Hart	716-7142
<b>Environmental Serv. Adm. Asst.</b>	
Shelby Jones	716-7436
<b>Fitness Specialist</b>	
Chris Gorde	716-7385
<b>Front Desk</b>	
Receptionist	725-6030
<b>Haven Hall Nurse</b>	
Lynette Sanday	716-7384
<b>Housekeeping / Laundry Mgr.</b>	
Teri Lynn Taylor	716-7418
<b>Maintenance Work Orders.</b>	
Front Desk	725-6030
<b>Maintenance</b>	
Emergencies After 11:00pm	248-996-2470
<b>HCC Activity/Volunteer Mgr.</b>	
Sheri Stover	716-7021
<b>Physical Therapy Mgr.</b>	
Kim Frabotta, Agility Therapy	716-7398
<b>Resident Care Mgr.</b>	
Toni Greig	716-7426
<b>Sales &amp; Leasing Specialist</b>	
Peggy Carroll	716-7397
Dylan Demo	716-7183



**12/1 Beverly Harwood**

**12/6 Kathy Nummer**

**12/6 Carol Morrill**

**12/13 Jean Grunow**

**12/15 Marion Welchner**

**12/17 Irma Black**

**12/17 Pat Healy**

**12/18 Charlotte Gitre**

**12/19 Joan Rifenberg**

**12/22 Fred Breiling**

**12/24 Helen Colpaert**

**12/27 Mary Jacob**

**12/31 Virginia Stamps**

## Alzheimer's Support Group

Join us as you learn ways to help you deal with difficult behaviors, decrease stress, and assist with confident caregiving.

**Hosted by Chaplain Laura**  
**3rd Tuesday of every month**

**2:00pm**  
**Chapel**