

🌞 Village Trumpet 🌞



Embrace the possibilities

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December 2021



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THE VILLAGE OF EAST HARBOR

FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



I hope everyone had a Happy Thanksgiving. We held two vaccine clinics for booster shots for residents in Memory Care, Assisted Living, Healthcare, Independent Living, and for staff. It was important to hold the booster clinics as the break thru cases started to rise. It was forecasted from the beginning that a booster would possibly be needed. What was

unknown was the timeline. The only way to predict when a booster would be required was when break thru cases started to occur. I recall when my son was part of the first children to receive chicken pox vaccines we were told the same thing. We would not learn if a booster would be required until break thru chicken pox cases happened to those who were vaccinated. When that happened the booster was offered for Chicken Pox. Studies have shown that the COVID-19 vaccine is effective at keeping people from getting seriously ill or even dying if they do get COVID-19.

We were happy to distribute \$500 to a resident who referred a friend to the new Harbor Inn Ranch Apartments. You also can earn a referral bonus when you refer a friend and they move into a new Ranch apartment. Make sure they mention your name to be eligible.

The new Health and Wellness Center is almost completed. We can't wait to show you the new fitness equipment, classroom, and Bistro. Stay tuned for future tours.

Wishing you a safe and Happy Holiday Season.

Merry Christmas,

Carolyn



RESIDENT ASSOCIATION BAKE SALE

If you would like to contribute, please call Betsy-586-716-7143



"For Unto Us is born this day, in the city of David, a Savior which is Christ the Lord"

The verse in the Christmas song "O Holy Night", "a thrill of hope, a weary world rejoices for yonder breaks a new and glorious morn", describes this scripture perfectly; a thrill of hope for salvation from a corrupt world. A world in which the heavenly Father wanted fellowship with his creation but His creation, because of free will, descended into sin. So he sent his only son, Christ Jesus as John 3:16-17 describes: "For God so loved the world that he gave his only begotten son, that who should ever believe in him, would not die, but have everlasting life. For God sent not his son into the world to condemn the world, but that the world through him, might be saved". Is there a more perfect Christmas gift than this?

Dates and Events to Remember

We are looking forward to a luncheon on Tuesday, December 14, 2021 at Noon, in our new Bistro and Wellness Center. Please make your reservation by December 7, 2021. We hope you will join us then!

We have a Christmas gift to offer anyone considering one of our new Ranch Apartments: sign up for by December 15, 2021 and enjoy free rent for the month of January 2022! What a lovely way to begin a new year!

Merry Christmas everyone!

WELCOME HOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family

Glen Bonino T-605

Joyce Carter S-503

JUST A REMINDER...

Committee Meetings are open to
ALL Residents!

Building & Grounds

Meets the 1st Tuesday of the month at 3:00pm in Activity Room.

Communication Committee

Meets the 1st Wednesday of the month at 3:00pm in Activity Room.

The Village of East Harbor RESIDENT ASSOCIATION MONTHLY MEETING

Date: Tuesday, December 14

Location: Chapel Time: 1:30pm

All Resi<mark>den</mark>ts ar<mark>e</mark> invited and encouraged to attend.



From The Desk Of Chaplain Laura...

DECEMBER-

REMEMBERING CHRIST IN CHRISTMAS.



May we hold fast to the <u>reason</u> for the season, which is Christ and may we always remember

Him as we move into the new year.

To many, the gift of time is the greatest gift they ask for. The cost involved is simply...time itself. A warm greeting, a genuine smile, or a brief chat will bless those to whom it is offered.

"When God Gives You An Assignment..."

Our 21 year old granddaughter Kristine was heading to her Delta flight and wanted an airport smoothie for the trip. Stopping to get one she missed her flight. As could be expected, she was upset. Trying to get on a different flight, she was told she was 4th in line for an open seat on a different plane. She texted us for prayer; and pray, we did! She later received the call that she's next if this person doesn't come to the gate quickly; continuing to pray, she made her way toward the gate. They did not show so she was instructed to board.

After settling in, she notices a 20-30-something year old gentleman seated next to her appearing very anxious, sweating, gripping both arm rests, with tear-filled eyes. Engaging him in conversation, she discovered that he is the son of a couple who was on the flight that went down in Pennsylvania September 11. He hasn't been on a plane since he was 8 years old on that fateful day 20 years ago.

She engaged him in conversation the entire flight, helping to keep his mind off of his fears.

Taking note of a stewardess offering "wings" to a young child, telling them they "earned their wings", Kristine headed to the front of the plane, explained who they had on their flight and asked for a set of wings. When the plane landed, she turned to the man, stated, "you've earned your wings", and handed him his Delta wings pin. She said he burst into tears, accepting her gift, and acknowledging his accomplishment. ♥□

Next time you miss your "flight" (whatever it may be), just know that it may be part of Gods plan for you OR someone else's benefit.

You may not actually be late, you may be right on time for a mission that God has for you.

It's a divine appointment that will live in her heart and that gentleman's heart for eternity.

(<u>Philippians 2:3- "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves"</u>).

We wish you all a very blessed Christmas. May the Joy of the Lord be with you throughout the Christmas season.

In Hís Servíce, Chaplaín Laura Stone



DECEMBER CHAPLAIN'S CORNER

Chaplain Laura

Chapel/Spiritual Programs:



Our Village Cookbook will be available for sale for Christmas!!

Every Sunday-11:00 am-Non-Denominational Chapel Service.

Every Tuesday 2:30 – **Devotional** – using the book, "Walking In Grace". Then our <u>beginner/intermediate</u> **Bible Study** will begin.

<u>Every Wednesday 2:30</u> – Bible Trivia and Games. We have a great time together learning and understanding the Word of God through 'basic and beyond' scriptural understanding and games to challenge us. Join us for a great time of fellowship and discussion.

Every Thursday 11:00— Join us in the Chapel for Rosary

<u>2:30— Inspirational Reading</u>. Come and be inspired by readings from author/poet, Helen Steiner Rice and others. It is a great time of fellowship through thought-provoking practical readings and discussion.

** Thursday, Dec 15 at 1:30 - Come and make a beautiful Hanukkah Votive with a flameless candle inside

CHRISTMAS SERVICE & HYMNS -Thursday, Dec 23 at 11 am.

CHRISTMAS CONCERT & SING ALONG - Friday, Dec 24; 1:30pm

** Make a Blanket - Moved to the new year. EASY and FREE!!

Join us for these and other projects and Spiritual programs.

Bring your ideas and suggestions!!

** Many new programs and events coming in the New Year! **

Contact Chaplain Laura for any of your Spiritual needs (586) 424-5674

Fitness Center News:

December 1-7 is National Handwashing Awareness Week

'Tis the season to shop, bake, eat, and visit loved ones. It's the most wonderful time of the year—to spread germs, viruses and infections!

Clean hands help prevent sickness! Be sure to wash your hands thoroughly—
not just when they're visibly dirty but also before and after preparing food
and eating, after touching your face, blowing your nose, using the restroom,
shopping and handling money. Always cough or sneeze into your inner elbow,
not into your hands and keep your fingers away from your eyes, nose and mouth.

People frequently touch their faces without even realizing it which is one way germs can be
transmitted as well as from preparing or consuming foods with unwashed hands. Germs can
multiply in some types of foods or drinks, under certain
conditions, and make people sick.

Hand sanitizer is a great tool when you're unable to get to a sink, but it is not as effective as good old soap and water. To make sure hands are truly clean and free of germs, experts recommend lathering your hands well with soap and water for at least 20 seconds. Make sure to include the back of the hands, wrists, between the fingers and under the nails. Dry them using a *clean* towel. According to the CDC, handwashing can prevent 1 in 3 diarrhea-related illnesses and 1 in 5 infections, including the flu.

This holiday season, spread joy, not germs!



For more information on any of the above, or for anything else fitness related, please contact: cgorde@pvm.org OR 586-716-7385

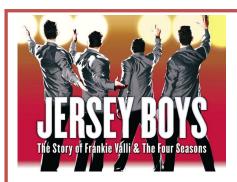








Have you checked out the Scavenger Hunt Bingo yet? If not, get a copy from Chris, complete it and turn it in for a prize!



TUESDAY, DECEMBER 14 SHOW STARTS-8:00PM LEAVING THE VILLAGE-6:00PM TICKETS-\$40.00-REAR MEZZANINE

TICKETS ARE LIMITED! CALL BETSY TODAY TO RESERVE YOURS-586-716-7143

Money due: December 6



POLAR BEAR PLUNGE

Graphic Art Contest Winner

The winner of the contest will be announced on Tuesday, December 14th at the Resident Association Meeting, 1:30pm in the Chapel.

Card Players Wanted!

Check calendar for games being played.



Monday-Thursday 6:00pm Activity Room



SING-A-LONG WITH HARBORLIGHTS

Sing along with Harbor Lights to all your old favorites songs or learn some new ones!

Thursdays-4:00pm-Chapel



CHRISTMAS CRAFTS

THURSDAY, DECEMBER 2 & THURSDAY, DECEMBER 9 1:30PM ACTIVITY ROOM



BIRTHDAY ENTERTAINMENT



Sandy Virga Thursday, December 16 1:30pm– Chapel



New Year's Eve Craft
Thursday, December 30
1:30pm
Activity Room

Do you like to Knit? Crochet? Sew?

Do you enjoy knitting, crocheting, sewing or any other type of needlework?

Would you like to learn?

Bring your projects or join us in one for charity.

1ST & 3RD TUESDAYS OF THE MONTH
2:30PM—ACTIVITY ROOM

EXCURSIONS

Friday, December 3

Marine City Shopping & Lunch

\$\$\$ on your own 9:30am

Wednesday, December 8

Women's Lunch
Penne Lane & Morley Candy Store

\$\$\$ on your own 11:30am

Monday, December 13

Christmas Shopping @ Waterside Fast Food Lunch

\$\$\$ on your own 9:30am

Tuesday, November 14

Jersey Boys

6:00pm

\$40.00

Money Due December 6

Wednesday, December 15

Men's Lunch Luciano's

11:30am

\$\$\$ on your own

Excursions & Activities

May be CANCELED at anytime without prior notice

Due to COVID outbreaks, weather conditions or illness.

TRANSPORTATION SERVICES

Sign up for outings either in the Activity Room in the Binder or call Ann Marie: 586-716-7142

Space is limited!

Please call Ann Marie for availability before making appointments.

Ann Marie: 586-716-7142

Transportation services are subject to change.

BEFORE GOING ON ANY TRIPS YOU
MUST EMPTY YOUR WALKER!
WE WILL NOT LOAD WALKERS THAT
ARE FULL.



The Snug Theater

























Directory

Directo	
Accounting	
Tracy Tesch	716-7408
Activity Lead A/L & I/L	
Betsy Mianecki	716-7143
Administrator	
Carolyn Martin	716-7221
Admissions Coordinator TCU	
Beth Humble	716-7427
Assisted Living Nurse	
Denise Klimaszewski	716-7115
Beauty Salon	
Appointments	716-7180
Chaplain	7107100
Laura Stone	716-7438
Community Liason	7 10-7 430
Sue McCallum	716-7395
Dining Services Mgr.	7 10-7 333
Brian Williams	716-7419
Director of Nursing	110-1413
Jeff Robinson	716-7416
Driver	7 10-7 7 10
Ann Marie Hart	716-7142
Environmental Serv. Adm. Ass	_
Michelle Willer	716-7418
Executive Director	710-7410
David Miller	716-7410
Fitness Specialist	710-7410
Chris Gorde	716-7385
Front Desk	110-1303
Receptionist	725-6030
Haven Hall Nurse	123-0030
Derek Vanhaaren	716-7384
Housekeeping / Laundry Mgr.	110-1304
Teri Lynn Taylor	716-7418
Maintenance Work Request	110-1410
Front Desk	725-6030
Maintenance	125-6030
	248-996-2470
Emergencies After 11:00pm	240-330-2470
HCC Activity/Volunteer Mgr. Sheri Stover	716-7021
	710-7021
Physical Therapy Mgr.	746 7200
Kim Frabotta, Agility Therapy	716-7398
Resident Care Mgr.	746 7400
Toni Greig	716-7426
Sales & Leasing Specialist	746 7207
Liz Eland	716-7397
Peggy Carroll	716-7397



12/01 Beverly Harwood

12/06 Edith Martini

12/06 Kathy Nummer

12/12 Carol LaBelle

12/15 Marion Welchner

12/17 Irma Black

12/17 Pat Healy

12/18 Charlotte Gitre

12/18 Mary Lawlor

12/19 Joan Rifenberg

12/20 Doris Dear

12/22 Emilieann Lingle

12/24 Kathy Micheli

12/27 Mary Jacob